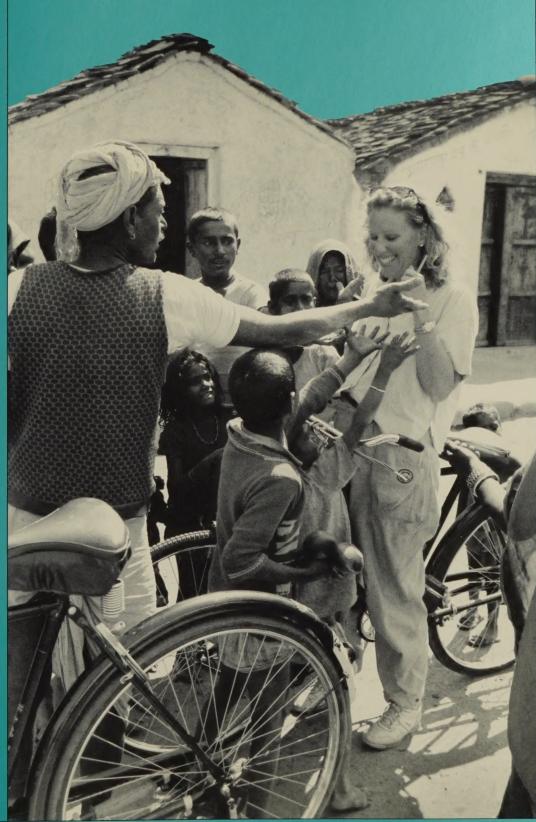
# RUSHRecord



The Alumni Association of Rush Medical College



Practicing medicine in 'City of Joy,'

Page 18



# Volume 14, Number 1 Spring 1993

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# RUSHRecord



Rush to RUSH Reunion Weekend Page 3



The Corpuscle Page 12



The 'Social' Side of Medicine Page 16



Making a Difference at Home and Abroad Page 20

# **FEATURES**

Health Care Reform in the '90s	
Leo M. Henikoff, M.D., analyzes the	
business side of Illinois' health care enterprise.	

Setting Her Own Example
First-year medical student Ramona Walker
institutes imparacital students to trusque their dreams

The 'Social' Side of Medicine	16
For 25 years, Edward J. Eckenfels has been	
bringing his unique perspective to the study of medicine.	

After 'City of Joy,' Chicago is a 'Field of Dreams'	18
Lisa Nye, M.D. '85, finds her 'living-on-the-edge'	
lifestyle well-suited for the rigors of Third World medicine.	

# Making a Difference at Home and Abroad Whether living in an underdeveloped country or caring for poor families in Chicago, David and Lori Soglin, M.D. '83,

# **ALUMNI ACTIVITIES**

"do the best they can" to help others.

Rush to RUSH, Reunion Weekend	
"Painting the Town Red"	2:

# **DEPARTMENTS**

From the Association President	
From the Dean	10
Medical Student Programs	1
Back in Time	17
Medical Center News	14
Philanthropy Report	2.
Class Notes	24
In Memoriam	3

#### ON THE COVER:

Lisa Nye, M.D. '85, with villagers in India. See page 18.

6

8

# FROM THE ASSOCIATION PRESIDENT



ommencement 1993 is just a few weeks away, and for the new graduates it marks the culmination of four years of hard work and countless study hours. For many, it is a dream come true.

The 1969 reactivation of Rush Medical College was once a dream inspired by visionaries in the late 1960s. The fresh new College—with more than a century of history and tradition—attracted a very diverse student body. The

entering class rose to the challenge of being the first RMC class after 30 years of dormancy.

This year we will celebrate the twentieth reunion of these "pioneers"—the Class of 1973. Alumni Weekend is scheduled for June 10-12. **Steve Bines, M.D. '78**, and **Karen Weinstein, M.D. '83**, co-chairs of the Reunion Planning Committee, and I are hoping you will join us for the festivities.

This June will also mark the end of my term as president. I have been honored to serve the Alumni Association. During this time, one of the most important goals the Alumni Association undertook was to increase alumni involvement with students. We have accomplished our objective. Philanthropic support of student financial assistance and the Alumni Fund have risen dramatically, providing resources for several new student programs. The Alumni Network, Roll Call and the Alumni Exchange are all proving to be a great success. It is at the student level that members of the Alumni Association secure its foundation for the future to continue the Rush legacy of educational excellence.

Beginning July 1, 1993, **Richard E. Melcher, M.D. '75**, of Augusta, Georgia, will assume the presidency of the Alumni Association. Richard is very committed to Rush. I know personally he will do an outstanding job given his performance as chairman of the Benjamin Rush Society for the past seven years.

I extend a very special thank you to the alumni volunteers, the Office of Philanthropy and Communication and to you, the members of the Alumni Association, for your confidence and support. I have enjoyed my tenure as president and look forward to my continued involvement with our alma mater.

I hope to see you all in June.

Regards.

Thomas A. Deutsch, M.D. '79

# **REUNION WEEKEND**

# RUSH TO RUSH

# **Alumni Weekend 1993 Highlights**

eturn to Rush and see all of the changes that have taken place at your alma mater—new buildings, new faces and new traditions.

Arrive by plane, train or automobile, but Rush to RUSH for Reunion 1993, June 10-12. A visit to the campus is the greatest time machine.

Come back and relive the excitement of Rush Medical College. Reunion 1993 includes many exciting educational and social activities—from the Clinicopathological Conference to the Dinner Cruise, there is truly something for everyone. Rush to RUSH to rediscover what you found here...

# Thursday, June 10

At the Medical Center

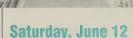
- Oral History and Luncheon with Stuart Campbell, Ph.D., Medical Center Archivist (for pre-'42 graduates only)
- Semiannual Meeting of the Executive Council
- Social Hour for Returning Alumni and Faculty
- Annual Dinner Meeting of the Benjamin Rush Society

# Friday, June 11 (Alumni Day)

At the Medical Center

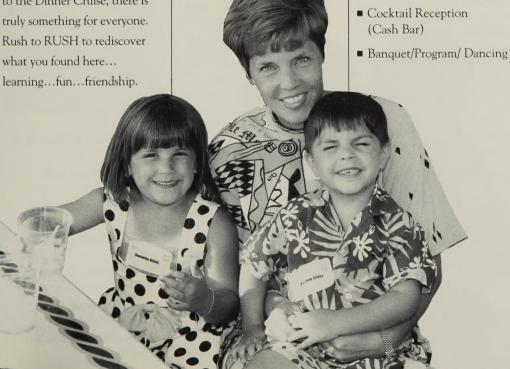
- Breakfast with the Dean and Annual Meeting
- Twelfth Annual Alumni Clinicopathological Conference
- Medical Grand Rounds
- Informal Buffet Luncheon
- Guided Tours of the Medical Center

### At the Hotel InterContinental



#### Downtown

- Trustee Luncheon (by invitation). The Classes of 1933 and 1938 and their spouses are special guests of the Trustees
- Commencement, Medinah Temple
- Lake Michigan Dinner Cruise on the Anita Dee II (post-'73 graduates and their guests only)



# **Alumni Weekend Attendees**

# Preliminary List as of March 3, 1993

### Class of 1933

Noah Barysh, M.D. Jamesburg, New Jersey

Irving E. Benveniste, M.D. Los Angeles, California

#### Class of 1938

Tetsui Watanabe, M.D. Honolulu, Hawaii

### Class of 1973

George Dinyer, M.D. Bismarck, North Dakota

Jeffrey D. Feldstein, M.D. Northbrook, Illinois

Marvin B. Padnick, M.D. Paradise Valley, Arizona

Ronald W. Quenzer, M.D. Albuquerque, New Mexico

Floyd F. Shewmake, Jr., M.D., J.D.

Honolulu, Hawaii

### Class of 1978

Steven D. Bines, M.D. Chicago, Illinois

John C. Farrin, M.D., J.D. Golden, Colorado

Constance Greene, M.D. Chicago, Illinois

Cheryl M. Gutmann, M.D. Chicago, Illinois

Allen D. Korenblit, M.D. Chicago, Illinois

Elliott Kroger, M.D.

Robert F. Lindaren, M.D. Palos Park, Illinois

Deborah S. Loeff, M.D. Chicago, Illinois

Barbara Nevhart, M.D. Loomis, California

Mary Kate Palmore, M.D. Chicago, Illinois

John T. Pappas, Jr., M.D. Cherry Hills Village, Colorado

Steven K. Sauerberg, M.D. Willowbrook, Illinois

Michael F. Wilson, M.D. Libertyville, Illinois

### Class of 1983

Eugene Cherny, M.D. Des Moines, Iowa

Kevin Conlon, M.D. Frederick, Maryland

Christine D. Darr, M.D. Englewood, Colorado

Janis Enzenbacher, M.D. Nyack, New York

Cynthia Hahn, M.D. Ferndale, Michigan

Ronald B. Holtzman, M.D. Evanston, Illinois

Eric W. Jacobson, M.D. Northborough, Massachusetts

Paul J. Jones, M.D. Chicago, Illinois



Mark N. Levin, M.D. Buffalo Grove, Illinois

Alvaro O. Liceaga, M.D. Hacienda Heights, California

Stanley P. Maximovich, M.D. Naperville, Illinois

Thomas A. Mayer, M.D. Northbrook, Illinois

Charles J. Meltzer, M.D. San Francisco, California

Mary Ann Ocwieja, M.D. Rice Lake, Wisconsin

Ebube E. Odunukwe, M.D. Glen Burnie, Maryland

Ronald Pepitone, M.D. Seal Beach, California

Jose R. Quero, M.D. Fort Myers, Florida

Scott A. Rubinstein, M.D. Chicago, Illinois

Glen D. Sakamoto, M.D. Englewood, Colorado

Erik Stabell, M.D. Godfrey, Illinois

Kristen M. Stabell, M.D. Godfrey, Illinois

Ellen B. Tabor, M.D. New York, New York

Charles Tomaszewski, M.D. Chicago, Illinois

Karen B. Weinstein, M.D. Chicago, Illinois

### Class of 1988

Michael E. Cucka, M.D. Long Beach, California

Julie Verdeyen Douglass, M.D. Redondo Beach, California

Polina T. Feygin, M.D. Rancho Palos Verdes, California

Jaimie M. Henderson, M.D. St. Louis, Missouri

Joseph J. Hennessy, Jr., M.D. Chicago, Illinois

Maureen Shea Holland, M.D. Knob Noster, Missouri

Gary A. Kaufman, M.D. Highland Park, Illinois

Timothy F. Kozelsky, M.D. Rochester, Minnesota

Rebecca Bower Lewis, M.D. Chicago, Illinois

Steven Meyers, M.D. Vernon Hills, Illinois

Paul J. Slosar, Jr., M.D. Chicago, Illinois

Jamie Lynn Stalker, M.D. Chicago, Illinois



# **1993 Distinguished Alumnus Announced**

he 1993 Distinguished Alumnus Award will be bestowed upon **Harold Laufman**, **M.D.** '37, **Ph.D.**, on June 11 at the Commencement banquet.

Dr. Laufman is emeritus professor of surgery at Albert Einstein College of Medicine and director emeritus, Institute for Surgical Studies, Montfiore Medical Center in New York. Among his many achievements in the field of surgery, he is recognized for describing, for the first time, a number of physiological and pathological phenomena. These include post-occlusion ischemic spasm of small blood vessels. He is also credited with establishing the first blood bank in Chicago.

Currently the editor of Technology for Surgery and a

consulting editor of Surgery, Gynecologic and Obstetrics, Dr. Laufman has authored 275 scientific articles, 10 textbook chapters and four books. In 1973, he was awarded the Harold Swanberg Award of The American Medical Writers Association "for distinguished contributions to biomedical communications."

Dr. Laufman is a fellow of many national and international medical societies including the American College of Surgeons, the Royal Society of Medicine, London, England, and the American Medical Association. He is also a longtime member of the Benjamin Rush Society.

Sincere thanks are extended to the members of the Awards Committee, chaired by Harold A. Kessler, M.D. '74, for their assistance throughout the selection process.



# **Mahoney to Give Commencement Address**



An authority on public policy in health, education, the arts and humanities, Margaret E. Mahoney, president of The Commonwealth Fund, will give the keynote address at the Commencement exercises of Rush University on Saturday, June 12, at Medinah Temple.

The first woman to head a major foundation, Miss Mahoney has served since 1980 as president of the New York-based Fund, which is committed to improving the health and well-being of Americans. The Fund's nationwide programs focus on the provision of health care, improving career opportunities for youth and addressing the needs of the elderly. The Fund also sponsors Harkness

Fellowships, which enable young professionals from Great Britain, Australia and New Zealand to study in the United States.

From the mid-1940s to 1953, Miss Mahoney worked with the Foreign Affairs Office of the United States Department of State. She then served The Carnegie Corporation of New York for nearly 20 years before being appointed vice president of The Robert Wood Johnson Foundation in 1972.

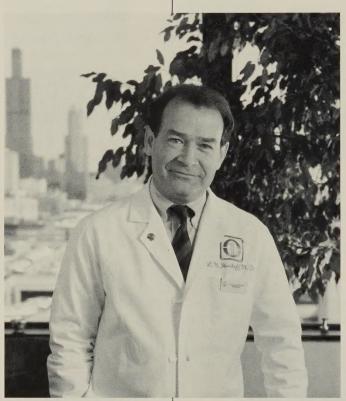
A native of Nashville, Tennessee, Miss Mahoney graduated magna cum laude from Vanderbilt University and has honorary degrees from several distinguished institutions, including Smith and Williams Colleges, Brandeis University, Meharry Medical College and the Medical College of Pennsylvania. She is a member of the Institute of Medicine and a fellow of the American Association for the Advancement of Science. She also serves on the boards of Smith College, Columbia University and the John D. and Catherine T. MacArthur Foundation.

In 1989, Miss Mahoney became one of the first recipients of the Women's Forum Award for "strengthening New York City." Established in 1974, the Women's Forum is a 50-group network of preeminent women from many diverse professions.

# Health Care Reform in the '90s

By Barbara Harfmann

eimbursement battles, the need for a balanced financial system, accessible and efficient health care for all Americans and the push for national health care reform have made health care issues front page news. Hospital administrators across the country are grappling with these and countless other conflicts stemming from the high costs and inequities of the current system.



Leo M. Henikoff, M.D.

At the mid-September Executive Council meeting, Leo M. Henikoff, M.D., Medical Center president and chief executive officer, discussed the challenges of running an academic medical center in the 1990s. A central and continuing issue is the manner in which health care institutions have to adjust their prices to compensate for underreimbursement by different payors. This reimbursement refers to the actual costs incurred by hospitals in providing care to patients, he said.

"....You as physicians, we as hospitals, have turned into tax collectors. And why do you think people are mad at us? They are mad at the tax collector."

Leo M. Henikoff, M.D.

Using figures provided by the Illinois Hospital Association for an average hospital in the state, Dr. Henikoff analyzed the business side of Illinois' health care enterprise, breaking the payors into groups. These include free care, Medicaid,

Medicare, HMOs and PPOs, and private insurers like Blue Cross and Blue Shield. A more in-depth look at the payors follows:

- Medicaid. Eleven percent of Rush's patients are on Medicaid. Says Dr. Henikoff: "On average, nationally, Medicaid pays only 78 percent of cost for hospital services. At Rush, the number is 69 percent."
- Medicare. Rush and other Illinois hospitals are compensated for 92 percent of cost—with that figure dropping. Thirty-seven percent of Rush's patients are on Medicare.
- Blue Cross and Blue Shield/HMOs and PPOs. Blue Cross and Blue Shield pay hospitals, on average, about 5 percent more than cost, which, Dr. Henikoff says, will not increase revenues substantially. HMOs and PPOs will also not play a major role in increasing the bottom line because, as they get more powerful and enroll more patients, they will negotiate lower rates with physicians and hospitals. Thus, payment to hospitals for managed care patients relative to cost is going down.

Who, then, is making up the staggering difference?

"Employed indemnityinsured individuals with first dollar coverage are paying 151 percent of cost," Dr. Henikoff replies. "In effect, business and industry have been supporting everyone, but they are tightening up their belts."

"....Hospitals with large indigent populations have to charge 237 percent of cost in a market where other hospitals are charging 151 percent of cost. That's why 15 hospitals in Illinois have closed in the past five years."

In the last four years, Dr. Henikoff says, one-third of the increased charges to business, (that is, to private payors), was the result of increased cost-shifting due to reduced payments from Medicare and Medicaid. It is, in the end, a hidden tax. "Now what does that mean?" Dr. Henikoff asks. "It means that you as physi-

Leo M. Henikoff, M.D.



A nurse cares for a critically ill infant in Rush's Neonatal Intensive Care Unit. "You can't put a cap on health care," says Dr. Henikeff "Somebody still has to decide who isn't going to receive care...."

cians, we as hospitals, have turned into tax collectors. And why do you think people are mad at us? They are mad at the tax collector."

Reduced Medicare and Medicaid reimbursement has also left many hospitals across the country trying, with much difficulty, to meet the bottom line. "It's a vicious circle," Dr. Henikoff notes. "Each year, Medicare and Medicaid reduce their payments but the number of indigent patients continues to rise. This forces prices up, resulting in fewer patients and more red ink.

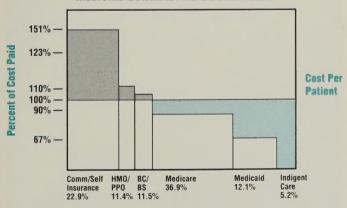
"For example, hospitals with large indigent populations have to charge 237 percent of cost in a market where other hospitals are charging 151 percent of cost. That's why 15 hospitals in Illinois have closed in the past five years."

Some people think the solution to numerous problems in the health care delivery environment rests with government and federally funded programs, but Dr. Henikoff isn't optimistic. "You can't put a cap on health care. Somebody still has to decide who isn't going to receive care, what medical procedures won't be performed and so on," he says.

Although it is extremely difficult, reorganizing the health care delivery system is crucial, he says. Physicians, nurses and laboratory technicians must also change the way they deliver their services. "You are going to see a major structural change in health care delivery," says Dr. Henikoff. "Nothing you have seen so far even scratches the surface of that change."

As a vertically integrated health care delivery system, Rush, says Dr. Henikoff, is well positioned for whatever changes will take place. He says: "We have to reorganize, skinny down and deal with new realities for the way health care is going to be delivered now and in the year 2000. Rush is the strongest of the strong institutions. We will always be a survivor."

# IMPACT OF PROSPECTIVE PAYMENT SYSTEM TRANSITION AND MEDICAID CONTRACTING ON COST SHIFT



# STUDENT PROFILE

# Setting Her Own Example

By Justine Hewerdine

n Career Day at Delano School on Chicago's West Side, first-year medical student Ramona Walker had to convince a group of seventh-grade students that someone with a background similar to theirs could actually become a medical student. Still, the questions they asked seemed to probe for some underlying advantage she must have had to get this far.



"Are your parents doctors?" asked one student.

"My father was a truck driver for 45 years," said Ramona. "He never finished high school. In fact, I was the first person in my family to go to college." As she responded, students and teachers nodded to each other as if a common ground had been reached.

As president of the Student National Medical Association (SNMA), one of Ramona's goals is to teach minority students that they can succeed in medical school. When she told the Delano students that she took her college preparatory classes at Lindbloom High School on the South Side, they murmured their surprise and pointed to a classmate who plans to attend the same school.

Ramona explained that although many of her white classmates did have parents who were doctors, most of her black classmates in medical school had parents like hers.

"Sometimes, you don't have an example to go by," she explained. "So you have to be your own example."

Whenever she speaks to adults who play influential roles in the lives of children, she says she is wary of language that indicates incorrect perceptions about minority students and their abilities.

She has learned from her own experiences that when adults have low expectations of minority children they can actually keep them from fulfilling their dreams.

"I try to tell children that whether their goal is to become a bus driver or president of the United States, they should not forget that goal."

Although in high school she dreamed of becoming a physician, Ramona recalls the day in 1974 when a career counselor changed her mind.

"I saw a picture of an obstetrician delivering a baby and told the career counselor that was what I wanted to do," she says. "But he told me that since I was a girl I should become a nurse."

Ramona spent more than 10 years as a labor and delivery nurse before she finally decided, at age 28, to return to school for her M.D. She spent three-and-a-half years taking basic science courses to prepare for the Medical College Admissions Test (MCAT). When she was accepted to Rush Medical College, she decided to join SNMA to help other minority students achieve their goals.

"In any environment you go into, you want to see people who look like yourself," says Ramona. "I think Rush is very supportive of women

becoming physicians, but I would like to see more minority students and faculty members here. If black people see that we have black students here and they see black physicians teaching the classes, Rush will attract more black students."

"I try to tell children that whether their goal is to become a bus driver or president of the United States, they should not forget that goal."

Ramona Walker, M1

Ramona says she hopes to speak to inner-city elementary and high school students about medical school twice each semester. Right now, much of her time is spent giving tours of classrooms and labs to students who have already been accepted to Rush Medical College. Mark Stewart was one of those students.

"Ramona was very outgoing, and I identified with her because she had been a nurse before deciding to go to medical school and I had been an orthopedic technologist," says Mark, a first-year student at Rush Medical College.



Ramona Walker tells inner-city students that they can succeed in medical school if that is their dream

He says he has been impressed by Ramona's dedication as a student mentor. "I needed pointers before one of my exams and when I called Ramona, I got her at her sister's house. She had forwarded her phone—just in case someone needed help."

Mark also became involved in SNMA and says he has learned from Ramona's guidance as president. "She has booked national speakers to talk to students about what direction to take regarding courses, financial aid, and what professional experiences we should seek out in certain fields. She brings people together."

Ramona is working with the Alumni Association to make

exchanges between students and physicians a regular occurrence at Rush Medical College. Together, she and representatives of the alumni team created the Alumni Exchange, where students are invited to talk about their career aspirations with Rush practitioners. (See story, page 25.)

Since that program is off the ground, Ramona has taken on another project. She is volunteering at the Winfield Moody Health Center on North Clybourn Street on Chicago's Near North Side. The clinic treats low-income obstetric, pediatric and internal medicine patients. It also has a program to reduce infant mortality—a growing problem among the working poor in the black community.

"Many of the patients seen at the clinic haven't seen a doctor in a long time," says Ramona. "Mostly it's because they can't afford to take an unpaid day off."

Ramona says that some of the patients come to the clinic only because they know they'll be treated by black physicians. Many of them stopped going to the doctor after bad experiences with white physicians.

"There's usually a certain level of judgment they feel in some physicians' offices," she says. "Because they are poor, they may be embarrassed about their appearance or the way they talk."

She says these patients are a good example of why more minorities should be represented in medical school. "I think black students could really educate other students and physicians about how to be more sensitive to black patients. They need to know what a black person's life is like—the obstacles they have and what they have to overcome.

"If patients feel comfortable with their doctors, they won't hold back information that might be important to solving a medical problem."

Ramona says that besides relating to patients, her work at the clinic gives her the opportunity to gain experience in the field she wants to specialize in—high-risk pregnancy.

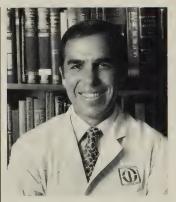
"In high-risk, you see women with diseases or problems that hinder the pregnancy," she says. "But they want to have a baby so badly they're willing to go through whatever it takes. It's very refreshing to see them rewarded."

Ramona says she is looking forward to her third and fourth years of medical school because she'll be back in the clinical setting she misses. When it comes time for her rotation in labor and delivery, however, things won't be quite the same. This time, she'll be the one delivering the babies.



Ramona Walker (center) with friends and colleagues at the "Painting the Town Red" student fundraiser on February 13.

# FROM THE DEAN



great deal has been written concerning the ideal medical school curriculum. Few schools have taken our scientific approach of comparing the traditional methods of education with newer ones in a parallel study, as Rush has done. Such an approach requires great commitment on the part of faculty, and a confidence and willingness to participate on the part of students.

Writing in the 1993 Medical and Health Annual,

Robert Petersdorf, M.D., president of the Association of American Medical Colleges (AAMC), identified Rush Medical College as one of only nine schools in the country that has instituted significant curricular change. He described Rush as "one of only a handful of U.S. medical schools that offer a nontraditional educational option—one based on a Socratic method of teaching that requires students to be active and independent learners and problem-solvers rather than passive recipients of information."

Rush's Alternative Curriculum was also summarized as part of an article that was published in *Academic Medicine* ("Long-term Outcome of Innovative Curricular Tracks Used in Four Countries," 1993, 68:128-132). Besides Rush, the programs depicting innovative curricula in the United States included Harvard, New Mexico and Michigan State.

While the Alternative Curriculum is beginning to get the recognition it deserves, it is not the only example of educational innovation at Rush. Our traditional preclinical curriculum has also undergone significant change. Lecture hours have been cut, workshop and discussion sessions have increased and computer access and computer-based instruction have been expanded, among other changes. Faculty committees and task forces have worked hard and successfully at developing improved methods of instruction and evaluation that are applicable to all courses.

These changes are necessary to meet our goal of providing our students with the best possible preparation for practice, research and education in the future.

Warmest Regards,

Roger C. Bone, M.D.

Dean, Rush Medical College

Rogel C Dove, MO.

# **MEDICAL STUDENT PROGRAMS**

# **AAMC Studies Innovative Rush Programs**

By Larry Goodman, M.D. Associate Dean. **Medical Student Programs** 

"The AAMC site visit provided us with an excellent opportunity to showcase our innovative educational programs."

Larry Goodman, M.D.

interaction between Washington-based representatives and a medical school's students, faculty and administrators. The AAMC was particularly interested in learning more about the many special programs that exist at Rush. The two-day visit did not

provide enough time to review

all of them.

After a welcoming meeting and overview by Roger C: Bone, M.D., dean, the visitors learned more about the problem-based Alternative Curriculum (AC) program. Harold A. Paul, M.D., associate dean and project director, and Howard J. Zeitz, M.D., assistant project director, led this presentation, which also included faculty and students. The Alternative Curriculum's goals and objectives were reviewed, followed by the methodology and results of a recent evaluation.

Next, Assistant Dean Ed Eckenfels and Claudia Baier outlined the Rush Community Service Initiatives Program. More than 20 students attended this meeting, with many discussing their involvement and commitment to the program. To date, more than 200 Rush students eagerly participate in these studentrun volunteer activities.

The first day's agenda concluded with summary results of a study on various training methods in universal precautions and Rush's progress in developing a certification program.

n mid-February, Rush Medical College was visited by members of the

Association of American Medical Colleges (AAMC)—Kathleen

Turner, vice president, and Lois Bergeisen, staff member. The site visit

program, which began three years ago, provides an opportunity for direct

The next morning began with a group of physicians and basic scientists interested in further developing the women's faculty association. Lois Nora, M.D. '80, J.D., assistant dean, then discussed some of the efforts at Rush to improve cultural competence and understand diversity. Participants also included Beverly Huckman, equal opportunity coordinator for academic affairs, and Marilyn Johnson, Ph.D., chairperson of the Multicultural Affairs Committee. Details of a new medical student program on cultural competence, which was developed last year by Dr. Nora and community representatives from the Hispanic Health Alliance and the Center for Global Education, were also highlighted.

Our progress in the recruitment and retention of underrepresented minority students was the focus of the next meeting. The site visitors were particularly interested in these efforts, since the AAMC had recently launched its own Project 3000 by 2000. The REACH Report (Rush Equal Access to Careers in Health) previously described here was presented, along with our progress in implementing the report's proposals.

Gordon Trenholme, M.D., past chair of the committee on senior faculty appointments and promotions, discussed policies concerning career advancement at Rush, and the visit concluded with a luncheon meeting focusing on primary care. Participants included Erich Brueschke. M.D., vice dean and chairman of family medicine; Samuel Gotoff, M.D., chairman of pediatrics; Robert Rosen, M.D., associate chairman of internal medicine; and William Schwer, M.D., chairman of the admissions committee.

We are proud that many of Rush's programs have attracted national attention. The success of these programs has been the result of careful planning and a tremendous commitment on the part of students and faculty to the ideals they represent.

# The Corpuscle

By Michael Bullington, M.S., C.A. Assistant Archivist

Medical College has produced a variety of publications to provide alumni with up-to-date, lively information about their alma mater and other alumni. The Medical Center Archives is fortunate to have what we believe to be complete sets of several periodicals. Emblazoned with such names as The Corpuscle, The Bulletin, Bulletin, The Magazine (which incorporated the Bulletin of the Alumni Association), A Record and the current RUSHRecord, they have become indispensable tools in historical and genealogical research. In this "Back in Time" column, we would like to present a historical sketch of the earliest alumni organ—The Corpuscle, which was published monthly from November 1890 to September 1900.

Capital Stock

OF RUSH MEDICAL COLLEGE.

OF RUSH MEDICAL COLLEGE.

THE CORPANY OF RUSH MEDICAL COLLEGE.

THE COLLEGE.

T

Prior to 1890, the Rush Medical College Alumni Association disseminated information to alumni through the Proceedings of the Alumni Association of Rush Medical College and the Report of the Annual Complimentary Banquet. This annual report was financed through annual membership dues of one dollar. Additional information about "Old Rush" was gleaned at state or local medical society meetings, newspaper accounts of

the annual banquet or from conversations with recent graduates.

Since 1887, Rush had been the medical college of Lake Forest University. In 1890 Rush students, with alumni encouragement, commenced publication of a student periodical entitled *The* 

Corpuscle. It was the first publication of its kind in the United States, according to the 1895 student yearbook, The Pulse. As a Rush student, Edward S. Goodhue, RMC 1892, was the paper's founder and editor. He selected the name, "in hopes that it would circulate throughout the entire college system."

The first issue was a 12-page edition featuring reviews of medical texts, college news, poetry and humor. Faculty member John M. Dodson M.D. RMC 1882, Lecturer on Anatomy and Demonstrator, contributed an article with an educational theme. His "How to Manage a Dissection" was to be a feature which would appear in later issues. Dr. Dodson eventually served as editor of the alumni column.

The paper was financed through the selling of subscriptions and advertisements. For

the annual subscription rate of \$1.20, students were kept informed about college life. Advertisements for local merchants, druggists, stationers, restaurants and medical instruments appeared in almost every edition.

After a seven-month hiatus, the second issue of The Corpuscle was published in July 1891—this time with a committee of 11 student editors. The newly designed magazine format was quite different than the original. New features included photographs, columns of general medical interest and alumni items. It was the editors hope that by including alumni columns, "the graduates may see what their class-mates are doing, and students may receive incentives to spur them on to reach the eminences which tower up before them in the future." The board was later reduced to five and a firm was contracted to manage the paper.

The Rush Medical College Alumni Association adopted *The Corpuscle* as its official organ at a meeting on March 29, 1892. *The Corpuscle's* editors lionized the decision and stated that membership dues, which now included a subscription to *The Corpuscle*, were "a most advantageous return for their money."

In January 1892, The Corpuscle became incorporated by the State of Illinois as The Corpuscle Company of Rush Medical College. The capital stock of the corporation was \$100. In July 1894, The Corpuscle's student editorial board decided to once again manage the business affairs of the circular. They did this in the "development of greater interest in the college and its work among the members of the association and alumni in general." Despite having undergone management changes, the paper was expanded from its initial 12 pages in 1890 to 56 pages by 1895.

Despite the dissolution of the Lake Forest affiliation in 1898 and the new affiliation with The University of Chicago later that same year, the paper continued to be published. Alumni dues increased to \$1.25 which still included a subscription to *The Corpuscle*.

Through the years, the format of The Corpuscle remained basically unchanged. Articles, clinic reports and lectures continued to be included for the benefit of students and alumni. Whether or not the faculty approved, the paper boasted that this saved the busy student from note taking. James B. Herrick, M.D. RMC 1888, was a regular contributor. He submitted an article on diseases sometimes mistaken for malaria. His nephritis clinic was also reported on. Students also submitted scientific articles. For example, Rush senior student W. H. Goodwin wrote on "Acute Anterior Poliomyelitis." Alumni items included minutes of alumni

meetings, news from the alumni and obituaries of deceased classmates and faculty.

Political commentary

sometimes
made its way
into The
Corpuscle. The
paper lampooned
the idea being
proposed in 1899
that Cook County

Hospital Interns be placed under civil service. It reprinted



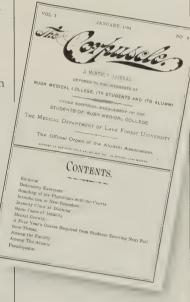
The 1895 *Corpuscle* Editorial Committee: (standing, left to right) E.D. Whiting J.E. Luckey, (sitting, left to right) E.M. Eckard, W.D. Calvin and F.C. Honnold

a Chicago Record column that featured an examination that would be given to applicants under the new system. Among the satirical questions reported were, "Can a patient who has died during the preceding summer register and vote at a spring election?" and "At postmortem examination who is entitled to the gold in the teeth?"

Occasionally the editors did not collaborate with sources on all the news fit to print. Mark Twain was not alone when he chided newspapers about his death. H. D. Hull, M.D. RMC 1891, was also prematurely laid to rest by The Corpuscle. In acknowledging the mistake The Corpuscle wrote, "....the other day he came to Chicago on a visit to convince us that he was with us." Dr. Hull would practice medicine in Crystal Lake, Illinois for 30 years more.

The final issue of *The*Corpuscle was published in
September 1900. We can only
speculate that Rush's recent
affiliation with The University

of Chicago affected the decision to suspend publication. *The Corpuscle*, however, continues to provide insight into the life of a turn-of-the-century Rush Medical College and its alumni.



# **MEDICAL CENTER NEWS**

# **Illinois Masonic Joins Rush System for Health**



Signing on with Illinois Masonic: from left, Richard M. Morrow, chairman of the Board of Trustees of Rush, Leo M. Henikoff, M.D., president and CEO of Rush, and Charles F. Gambill, chairman of the Board of Trustees of Illinois Masonic.

In November, the Medical Center entered into a corporate affiliation with Illinois Masonic Medical Center in Chicago.

Under the agreement, Illinois Masonic becomes the primary teaching affiliate of Rush University and a primary provider for Rush's managed care programs on the city's North Side.

Each institution will maintain its autonomy, be governed by its own Board of

Trustees and retain its own management structure.

As with other corporate affiliates, a "bridge" board has been established with representatives from both institutions to address strategic planning and other long-term issues.

Illinois Masonic has approved residency programs in internal medicine, surgery, emergency medicine, obstetrics/gynecology, anesthesiology, radiology, pathology, dentistry and podiatry.

# Rate of Blockage May Predict Size of Heart Attack

At the American Heart Association meeting in November, cardiologist Lloyd Klein, M.D., presented study findings suggesting that the speed at which the blockage in a coronary artery progresses may determine the size of an impending heart attack.

"Until now, we thought the size of a heart attack was a matter of luck—that in a small heart attack, the blood clot disappears sooner," said Dr. Klein. "If our theory is correct, and the underlying plaque on which the clot forms is different, it could have implications for how we diagnose and treat coronary artery disease."

In the study, 70 patients received angiograms before and after their heart attacks. The radiologic tests showed that the 32 patients who had major attacks had more severe artery constrictions before their heart attacks than the 38 patients who had milder attacks.

# **Researchers Study Medication for Alcoholism in Women**

Staff from the Alcohol Research Program at the Rush Institute for Mental Well-Being are investigating the effectiveness of a medication that may diminish craving for alcohol. The study's participants, women alcoholics, are taking naltrexone for six months.

"We suspect that naltrexone will help people stop drinking or lower the frequency and intensity of their drinking, thereby improving their chances of recovery," said principal investigator Michael Easton, M.D.

Research on alcoholism in women and men shows relapse rates as high as 50 percent within the first three months of treatment.

"Medication like naltrexone could decrease early relapse and make psychosocial treatments, such as Alcoholics Anonymous or other professionally run programs, all the more effective," said Dr. Easton.

# **New Lab Opens for West Side Kids**

Medical Center officials helped open a new state-of-the-art science laboratory in November at the Helen M. Hefferan Elementary School on the city's West Side. The project stems from an ongoing relationship between Rush and the school.

Three years ago, the Medical Center's community affairs department adopted the science club at Hefferan. Staff from Medical Technology and the Office of Consolidated Laboratory Services provided tutoring for students. They also helped design the new laboratory facility.

Hefferan science teacher Paul Scott shows Sheldon Dabney and Rose Lewis how to handle a mouse.

With the Hefferan lab open, Rush is now talking with other area firms about enhancing science and math education throughout the West Side. The organizations comprise The West Side Science and Math Excellence Network. Plans for development may include additional labs, tutoring and mentoring programs, curriculum enhancement, tours and summer internships.



# Three New Department Chairman Appointed







Stuart Levin, M.D.



Randall McNally M D

Three chairman were recently appointed to departments at Rush Medical College.

Stuart Levin, M.D., was named chairman of the Department of Internal Medicine. Dr. Levin is the James R. Lowenstine Professor of Medicine and director of the Section of Infectious Disease. He had been acting chairman of the department since April 1991.

Associate professor of plastic and reconstructive surgery,

Randall McNally, M.D., was appointed to head that department. A member of the hospital staff since 1960, Dr. McNally became acting chairman of the department in 1990.

Meryl Haber, M.D., was appointed the Harriet Blair Borland Chair of Pathology. Dr. Haber is a professor of pathology and had served as acting chairman of that department since 1990. He came to Rush in 1981.

# Director of Rush Cancer Institute Named

Harvey D. Preisler, M.D., has been named director of the Rush Cancer Institute and chief of the Division of Hematology/Oncology.

Dr. Preisler is former director of the Charles M. Barrett Cancer Center, chief of the division of hematologyoncology and professor of medicine at University of Cincinnati Medical Center.

With his research group in Cincinnati, Dr. Preisler studied myeloid leukemias. The group found that although conventional cancer treatments do kill leukemia cells, the cells often grow back so quickly that they outpace the treatments. The group has developed a means to slow the growth rate of these cells in patients.



At Rush, Dr. Preisler hopes to apply the same principles his group developed in its studies of leukemia to research on solid tumors, particularly breast cancer and tumors of the head and neck.

# **Dr. Oliver Sacks Headlines First Klawans Lectureship**

World famous neurologist Oliver W. Sacks, B.M., B.Ch., was guest presenter at the inaugural Blanche R. Klawans Lectureship in Parkinson's Disease. Dr. Sacks is clinical professor of neurology at New York's Albert Einstein College of Medicine.

Founder of the lectureship, Harold L. Klawans, M.D., the United Parkinson Foundation Professor of Neurological Sciences, established the program in honor of his late mother, Blanche, who helped organize and run the Parkinson's Disease Clinical Center at Rush.

"Through this lectureship, we hope to continue my

mother's concern for the well-being of patients and their families within a program that incorporates such care with research. We also want to make progress toward our ultimate goal of finding better treatments for Parkinson's disease," said Dr. Klawans.

In his October presentation, Dr. Sacks showed film clips of his patients—survivors of a 1920s sleeping sickness—whom he had treated with the medication L-dopa. He documented the experience in his 1973 novel Awakenings, which was made into a motion picture starring Robin Williams and Robert De Niro.



Dr. Sacks and future lectureship speakers will receive the lithograph "Compassion" created by renowned Chicago artist Ed Paschke.

# The 'Social' Side of Medicine



like anatomy and biology. But one of the most familiar faces at Rush Medical College isn't a physician or biologist—his background is sociology. For 25 years, Edward J. Eckenfels has been bringing a unique social and psychological perspective to the study of medicine at Rush.

By Cheryl Janusz

"When I teach, I encourage students to use their 'epidemiological imaginations'—to consider the relationship between culture, income, access to care and the prevalence and impact of disease," says Eckenfels, assistant dean and associate professor with the Department of Preventive Medicine.

"As future physicians," he adds, "I think students have a responsibility to look beyond the patient's obvious symptoms—to see the whole picture."

Eckenfels' own career in medicine started when he was a graduate student in sociology at The University of Chicago, looking for a way to earn extra money. He discovered that the most fulfilling—and lucrative jobs were in teaching.

"In 1968, I took a post at the Presbyterian-St. Luke's Hospital School of Nursing, teaching courses such as 'The Hospital as a Social System,'" says Eckenfels. "I thought it would be a good side job... but it turned out to be much more."

Even then, Eckenfels' teaching style was unconventional.

"Many of these young women had never seen the effects of poverty," he says. "In one class, I rented a bus and took them on a tour of Chicago, exposing them to the diversity—and the diverse health needs—of the city."

Eckenfels' gregarious nature and innovative teaching methods earned the approval of his students and the school administration. When Rush Medical College was reopened in 1969, he was brought on as a full-time instructor. He was also made a special assistant to the dean, Mark Lepper, M.D.

"Dr. Lepper was tremendously intelligent and perceptive, a mentor in every sense of the word," says Eckenfels. "He believed that physicians should provide health care to the poor, not as a good deed, but because it was their job. Back in 1970, few people were thinking this way."

Under Dr. Lepper's tutelage, Eckenfels learned the art of community medicine. Through the Mile Square Health Center, a clinic operated by Rush and other neighborhood organizations, Eckenfels codirected a large-scale study on the detection and treatment of hypertension among lowincome, inner-city blacks living on Chicago's West Side.

"High blood pressure was, and still is, a real problem among this population. But we found that the sickest, most isolated patients weren't coming in for treatment, even though it was free," says Eckenfels.

"We hired high school kids from the community who knew where the homeless people lived. These kids led us to the people who lived in abandoned buildings, under viaducts—patients you wouldn't find on any hospital roster. It was for these patients that treatment and follow-up made the biggest difference."

Throughout much of the 1970s, Eckenfels spent six weeks a year in rural Mississippi, participating in a 10-year "biosocial assessment" of a black community there. The project explored the region's high incidence of strokes, heart attacks and infant death. The ultimate goal was to improve the overall health of the community's poor residents.

For Eckenfels, the experience was eye-opening. In Mississippi, he encountered poverty and deprivation far worse than on Chicago's West Side.

"I encourage students to use their 'epidemiological imaginations'— to consider the relationship between culture, income, access to care and the prevalence and impact of disease."

Ed Eckenfels

"People would live their entire lives in tiny, leaky shacks. Many could barely afford food. We found people with severe chronic illnesses who had never seen a doctor in their lives," he says. "Yet, they were warm and loving, not bitter. They were intensely religious and they valued family life."

The community itself—not Rush—was in charge of the study. The grantee was a local organization and local residents did the research. Eckenfels was one of a group of consultants brought in to teach them the necessary skills and supervise their work.

Based on their findings, the residents created a health care system that could be run by members of the community. They set up a community-based free clinic in which medical care was provided by the physician consultants and

the day-to-day operations were run by trained volunteers.

Working with local black churches, the research team identified a "caregiver" for each extended family. This person was responsible for urging other family members to come in for regular check-ups, take prescribed medications and follow other medical recommendations. To Eckenfels' amazement, the caregivers' efforts were far more successful than the organized patient follow-up done by professionals.

"It was awesome to see what the people could accomplish once they had the resources," says Eckenfels.

"The greatest payoff for me was learning to work with a community at a grass-roots level. I discovered that you can't come in as a know-it-all and impose your own values. If you do, people will tune you out.

"But if you listen to the people, they not only identify the problems—they give you the solutions," says Eckenfels. "You work with them, not for them."

This lesson has influenced almost every aspect of Eckenfels' career, including his work with students.

"Medical students are incredibly bright and energetic, but educators don't always give them credit for this. We're

afraid of losing control, I think, so we inadvertently develop adversarial relationships with students instead of working with them," he says.

Sensing that Rush students needed a place to freely express problems and concerns, Eckenfels established an advisor program for Rush students in 1981. He directed the program for 10 years. Since 1991, the Academic Advisor Program has been directed by Lois M. Nora, M.D. '80, J.D. Over the past decade, the number of advisors per class has doubled to eight, but the basic goals remain the same. Each student is assigned an advisor, usually for four years, who offers confidential advice on personal, academic and professional issues.

Fierce competition and long hours of study can take its toll. A recent Rush study, of which Eckenfels was a coinvestigator, found that medical students are at a significantly higher risk for depression and suicidal thoughts than their age-matched peers outside of medical school.

The Advisor Program was designed to offer students a way to address problems—from depression to more common career dilemmas—without the fear of being judged or labeled. In medical school, where students are evaluated at every turn, says Eckenfels, a resource like this can be crucial.

These days, Eckenfels' time is consumed by yet another new project, the Rush Community Service Initiatives Program (RCSIP). Through it, Rush medical students volunteer their time and talents through projects such as a tutoring program for children at the Henry Horner housing project

near Rush, and a general medicine and ob/gyne service at St. Basil's Free People's Clinic on the city's South Side.

Eckenfels directs the program, but all of the projects were conceived and are run by students—a fact he points out with an almost paternal pride. "Rush students don't participate in these projects because it's required or because it gets them better grades. They do it because it's what they want to do for themselves and for the community," he says.

"Medical students get a bad rap for being materialistic," adds Eckenfels. "But I think most of them go to medical school, not because they want to get rich, but because they want to help people. Unfortunately, the way we train them, this desire is thwarted."

Community service work reinforces the idea that helping others brings its own rewards, says Eckenfels. This, in turn, influences students' personal development.

"It makes them more compassionate, more sensitive to community problems," says Eckenfels. "You can't learn compassion in a lecture hall and you won't be tested for it on a certification exam. But I truly believe that the best physicians are not just knowledgeable and skilled—they are also sensitive and caring."



Ed Eckenfels and second-year students discuss health care delivery to the poor. "Bring your critica" reasoning powers to the medical profession and you can accomplish much." says Eckenfels.

# After 'City of Joy,' Chicago is a 'Field of Dreams'

By Justine Hewerdine

ne person cannot change the world. That's what **Elizabeth** (**Lisa**) **Nye**, **M.D.**, learned at the beginning of her career when she decided to work in some of the most impoverished, disease-ridden corners of the world. She's now using that experience to make little changes at home—in areas of Chicago not far from her North Side apartment.



At sunrise each day, hundreds of villagers flock to the Ganges River in the Holy City of Varanasi, India to pray.

A 1985 graduate of Rush Medical College, Lisa chose a career in obstetrics because she felt challenged by the many specialties that the field encompasses. Even the hectic schedule was appealing—and challenging.

"You have to enjoy a kind of 'living-on-the-edge' lifestyle when you practice obstetrics," she says. "You're up all night sometimes, running on this extra energy, and suddenly you get called in to do an emergency c-section."

When her quest for challenges led Lisa to travel to the Third World, her endurance became a survival skill. From fall 1989 to the fall of 1990, she practiced medicine for four months each in the West Indies and India, then spent the last four months of her year abroad working in Thailand, China, Korea and Hong Kong.

"I wanted to make a difference there by spending as much time in the clinics as possible," says Lisa. Her trip, however, did not start out according to plan.

In Puerto Rico, a stopover on the way to St. Lucia, West Indies, she got caught in Hurricane Hugo. "My luggage went on to St. Lucia, and I was stuck with no food or clothes, no water, no electricity. I

thought, 'Well this is it, welcome to the Third World.'"

Lisa finally caught up with her luggage and began working at St. Jude Hospital in View Fort, on the Southern part of the island of St. Lucia.

"I worked harder in St. Lucia than I have ever worked in my life. I dealt with ruptured ectopic pregnancies, women who had advanced cervical cancer and women who developed severe preeclampsia."

Because U.S. hospitals are equipped with life-sustaining incubators and ventilators, premature delivery can help American women avoid the consequences of preeclampsia. St. Lucian hospitals, however, are without these luxuries. Babies must be allowed to develop in the womb as long as possible.

"This meant weighing the severity of the disease in the mother versus the maturity of the baby," says Lisa. "I would monitor these women until their blood pressures were 200 over 150, their faces were swollen with fluid and their urine protein levels were at the point where I thought they were going to seize." She would then induce labor, simultaneously administering magnesium sulfate in an attempt to prevent seizures.

Lisa soon discovered that she would have to find an alternative to this procedure, a routine practice in the United States, since the magnesium sulfate had an alarming affect on the St. Lucian women. Unaware that it was supposed to relax their muscles—which often brings on a dazed, sleepy feeling—the St. Lucian women thought they were dying.

"I was stuck (in Hurricane Hugo) with no food or clothes, no water, no electricity. I thought, 'Well this is it, welcome to the Third World.'"

Lisa Nye, M.D. '85

"Their fear was pushing their blood pressure levels even higher, so I decided that instead of trying to deliver the babies vaginally in these cases I would have to perform a c-section. It was just too threatening for the women any other way."

After those first four months in St. Lucia, Lisa traveled to India, where she spent time in Agra—home of the Tai Mahal—and visited Calcutta. She compares her experiences to the novel City of Joy—the story of an American physician who goes to Calcutta to "find himself." He is persuaded to stay and help the ill villagers, who include lepers, at a free clinic in a city near Calcutta called City of Joy. There, he grows to understand the oppression and horrible conditions the natives endure.

"When I got back to the United States I thought, 'This is a beautiful country.' There are so many opportunities here that people don't have in the Third World," says Lisa.

In 1990, she came back to Chicago and joined her alma mater as an assistant professor of obstetrics and gynecology. Her attitude about the importance of a good medical



Lisa Nye, M.D. '85, cuddles one-day-old Joseph Petrak. "This is fun," Lisa exclaims. "I don't often get the chance to hold the babies I bring into the world."



St. Basil's OB clinic director Lisa Nye, M.D. '85, (right) and Michelle Bardack, M4 celebrate the more than 25 healthy babies born to South Side mothers since the clinic was established.

education is evident in her expectations of students.

"I make students think for themselves. They're force-fed information for so long, they have trouble making decisions," she says. "If I ask a student a question and he or she can't answer me, I say 'Know it by tomorrow.'"

Lisa says that her Third World experiences taught her the importance of understanding peoples' problems. She wants to encourage students to have the same caring philosophy.

"In Third World countries, patients might leave their village at 3 a.m. to get to the doctor. They've either taken a bus, or hitchhiked many miles. They carry their medical records with them. They can't even read them, but they're putting their lives in your hands. It really teaches you to respect their confidence in you."

Lisa has the same respect for the people in her own country who cannot afford proper medical care. In 1991 she helped establish the obstetrics service—of which she is now director—at the St. Basil's Free People's Clinic.

The South Side clinic insures that neighborhood mothers-to-be receive the prenatal care that had been unavailable to them until the service began in early 1991. Under Lisa's supervision,

students follow patients all the way from prenatal care through delivery and postpartum care. More than 25 healthy babies have been born since the clinic was established.

"I definitely sought out this opportunity because I knew my career would not be as fulfilling unless I was able to help people like I did in the Third World. And there are so many people right at our doorsteps that need this kind of care," she says.

She admires the dedication she sees in the students who work at the clinic. "These are very special people—their level of maturity is incredible.

"I think that most medical students, if they've gotten this far, measure their self-esteem by their achievements. For some students, achievements mean material possessions: money, power, a fancy house or car. Students who volunteer just want to be good doctors."

Lisa says she hopes to eventually return to the Third World, where she says learning to manage medical problems enhances her clinical skills. In the meantime, she plans to enjoy the single life in the city she adores, living by her motto: "Surround yourself with people who love and respect you, feel good about yourself, and enjoy life."

# MAKING A DIFFERENCE

# at Home and Abroad

By Barbara Harfmann

hether they are living in a Third World country where medical care is primitive or taking care of poor families on Chicago's South Side, David and Lori (Fitzsimmons) Soglin, M.D. '83, are committed to "doing the best they can" to help others. Soft-spoken and low-key, the Soglins juggle hectic work schedules, volunteer commitments and teaching. They are also raising a son, Brady, who was born in early November.

"We try not to spread ourselves too thin, but it's not always easy," says Lori, a parttime clinical instructor at Northwestern University. An internist, Lori established and directs Northwestern's Indigent Outreach Program. She supervises residents one day a week in neighborhood homeless shelters and inner city clinics. She also sees private patients and teaches in the ambulatory care clinic.

But her biggest satisfaction comes from serving the poor. Prior to joining the

Northwestern faculty, Lori worked for three years at a clinic serving Cabrini Green residents and other low-income people across the city. Since 1985, Lori and David have been volunteering at St. Basil's Free People's Clinic on Monday evenings twice a month. Lori was named medical director in August 1992. Like her mentor, Eric Kast, M.D., who founded the clinic in 1982, she believes that physicians have an obligation to care for people who cannot afford medical services.

"Restricted access to medical care is a disgrace. Many state programs in support of indigent care are woefully underfunded. This has to change," says Lori. "We operate on a shoestring," she continues, "but you tend to be resourceful when you work with the poor. Our patients at St. Basil's benefit from good, low tech medicine."

Unlike his wife, teaching not patient care—is David's primary focus. Since July 1990, he has divided his time between supervising residents and medical students in Rush's pediatric emergency room and directing the eight-week pediatric clerkship.

Prior to joining the Rush faculty, David was associate director of the pediatric emergency room at Michael Reese Hospital and Medical Center. Most major teaching hospitals, he says, have a separate emergency room for children. The ER at Rush is staffed by three full-time faculty

who annually see more than 11,000 children. On a rainy, cold Thursday afternoon in early January, Rush's five-bed pediatric emergency room is

David Soglin, M.D. '83, reviews X-rays with third-year resident Wafaa Hanna, M.D.



Lori (Fitzsimmons) Soglin, M.D. '83, poses with an elderly New Guinea woman. The average life expectancy for people in New Guinea is 48.

operating at peak capacity. An eight-year-old boy who ran into a light post on a playground is complaining of dizziness. A five-month-old girl, who weighed just 1 lb., 2 oz. at birth, is having trouble breathing. The mother of a teenager who has asthma and a history of severe migraines wants her son to be seen by a neurologist. He has vomited 12 times in the last three days.

David calmly directs the flow of activity, listening intently as the pediatric residents discuss their findings. He lets the young doctors do most of the talking as he closely reviews each case with them.

"The ER is the premier place for medical students and residents to learn about frontline medicine," David says. "Patients aren't prelabeled as diabetics, asthmatics and so on. You go in to see a patient and you have to figure out what's

wrong based on the symptoms. It's very challenging."

Under David's guidance, the pediatric clerkship is one of the most highly rated of the required clerkships. As a result, more students are specializing in pediatrics. Between 1987 and 1991, only five or six Rush graduates each year specialized in pediatrics. Last year, 12 students chose this specialty. The number of students doing a sub-internship in pediatrics has also risen—from 5 in 1991, 14 in 1992, to 17 in 1993.

"David has a steadfast commitment to educating the next generation of physicians," says Samuel Gotoff, M.D., the Woman's Board professor and chairman of pediatrics at Rush. "It's evident in the time he takes and the pleasure he receives from teaching."

Mention David's name to a group of students and the response is enthusiastic. "He just loves to teach," says M4 Sue Thompson. Pediatrics was Thompson's first rotation in her third year and she was paired with all fourth-year students. "It was very intimidating," she says, "but Dr. Soglin took a lot of extra time to explain things to me. You can tell he really cares."

"New Guinea is a violent culture. Half of the men were seeking treatment for injuries sustained in tribal fights...."

David Soglin, M.D. '83

David and Lori met during orientation the first week of medical school and married in May of their senior year. They had just completed their residencies at Michael Reese when they journeyed to the remote Highlands of Enga Province, Papua New Guinea.

From 1987-88, the Evanston couple worked among impoverished people in a land lacking

such modern conveniences as flushing toilets, running water and electricity. They developed a training program for the health extension officers who serve the New Guinea population. With only five doctors in the Enga Province. excluding David and Lori, the health extension officers are almost single-handedly responsible for the health care needs of some 200,000 people. They have far less training than nurses in the U.S., which presented an interesting challenge for the Soglins.

"When we first arrived, everyone wanted to see the 'white doctors,' but we had to be careful not to undermine the respect of the health extension officers who would be taking care of the villagers long after we returned home," says David. "That's why teaching, not patient care, was our primary focus."

The health extension officers used a cookbook approach to medicine. "If a child had pneumonia with a high fever, they would give him antimalarial and antiparasitic medicines along with antibiotics," David explains. "They gave everybody the same medications because they couldn't make diagnostic decisions."

During their year-long adventure, Lori and David traveled to 14 health centers—from a six-bed facility run by a nurse to a 100-bed hospital which included a primitive operating room and some basic labs. They conducted inservices, went on rounds and saw hospitalized patients and outpatients.

Measles, typhoid fever, leprosy, pneumonia, diarrhea and malnutrition were common conditions. So were injuries. "New Guinea is a violent culture," David explains. "Half of the men were seeking treatment for injuries sustained in tribal fights and many of the women had been abused."

The Soglins were aware that Western medicine can sometimes have a detrimental affect on people living in another culture. "Every act has ramifications, so we were careful not to influence the villagers' belief system," David says. "Before significant Western influence in the 1960s, women were having babies every three or four years.

"We operate on a shoestring, but you tend to be resourceful when you work with the poor."

Lori Soglin, M.D. '83

"They believed that if you got pregnant while you were breast-feeding that urine from the fetus would poison your breast milk and kill your baby. So Westerners arrived, dispelled the myth and, lo and behold, now women are having too many babies for their own well-being."

David and Lori said they returned to the United States invigorated by their experiences and longing to volunteer in another Third World country. In late spring of 1990, they spent a month in Honduras caring for Miskito Indians. As soon as Brady gets older, they plan another trip.

"The need is phenomenal," Lori says. "In New Guinea, especially, the villagers and their culture taught us lessons about life we will never forget."

Lori says she is also impressed by her American patients' determination and spirit. One of her new patients at St. Basil's, "Mae," is an overweight 45-year-old African-American woman who escaped from an abusive husband in Louisiana. Now living at Chicago's Olive Branch Shelter, Mae took three buses on a cold Monday evening to get to St. Basil's.

"We were getting ready to leave for the evening when we noticed Mae still sitting in the waiting room," Lori says. "She had not been seen by a doctor because she had not registered properly. She began crying hysterically and I took her in the examination room and began talking to her.

"Her hair was unkempt and her crooked glasses kept sliding down her face, but this woman was articulate and intelligent. It tells you something about yourself—anyone could end up on the streets."

Lori calls St. Basil's, "A
Third World experience in
Chicago." She explains,
"Regardless of where they live,
poor people face overwhelming
barriers every day—not enough
food, inadequate housing and
no social support. Many do not
have insurance or access to
adequate health care. As
physicians, David and I are just
trying to make a difference."



Dr. Soglin examines a four-year-old in Rush's pediatric emergency room.

# "Painting the Town Red"

aturday, February 13 marked the second Rush Medical College student fundraiser, "Painting the Town Red: the Nite Goes On." Like last year, the evening was a tremendous success. Over 150 students, faculty and staff came together on the dance floor of Room 500 to

support the Henry P. Russe, M.D., Student Assistance Fund at Rush Medical College.

The fundraiser was organized by two third-year medical students, Lynn Hahnfeld and Liza Pilch, who wanted to coordinate an event that would be fun, but would also give students an opportunity to contribute to The Campaign for Rush. Student financial assistance was the beneficiary of more than \$5,900. Sponsorship from Medical Education Services, ArcVentures, Inc., Rush Medical College and the Alumni Association helped ensure a successful evening.

Judging by the happy faces, it looks like this could become a new Rush tradition.



Alexander Templeton, M.D., professor of pathology, poses with student fundraiser organizers Liza Pilch (left) and Lynn Hahnfeld.



Leo M. Henikoff, M.D., president and CEO of Rush, chats with his son, Troy, and second-year medical student June Shalchiero.

David Michael, M2, slow dances with girlfriend Deborah Bassuk.

# PHILANTHROPY REPORT

# **Alumni Giving Flourishes**

Since July 1992, alumni giving to the Medical College has increased by 70 percent. Graduates continue their steadfast commitment to ensuring a favorable return on their own educational investment.



G. Howard Gottschalk, M.D. '40, (left) poses with classmate Burns Steele, M.D. '40, at the June 1990 commencement.

G. Howard Gottschalk, M.D. '40, an otolaryngologist from Los Angeles, California, recently established a named scholarship fund which will provide Rush medical students much needed financial assistance.

Also, we received a generous testamentary from the estate of Irene Linda Butler, the widow of RMC graduate William J. Butler, M.D. '17. Half of this gift will be used to create a named student scholarship fund. The remaining half will support urology research, Dr. Butler's specialty.

We have been heartened by the enthusiastic response to our annual appeal. Thanks to everyone who has brought us ever closer to our goal!

# The Benjamin Rush Society

We extend a note of welcome—and appreciation to the following alumni who have joined the Benjamin Rush Society since July 1, 1992:

Estate of Irene Linda Butler Tucson, Arizona

Robert L. Cavens, M.D. '75 Chicago, Illinois

John C. Farrin, M.D. '78, J.D. Golden, Colorado

Allan A. Filek, M.D. '33 Sun City, Arizona

Richard A. Forney, M.D. '39 Boise, Idaho

Bonnie Kneibler, M.D. '82 Berkeley, California

Mark N. Levin, M.D. '83 Buffalo Grove, Illinois

Ronald D. Nelson, M.D. '74 South Bend, Indiana

Robert H. Rotering, M.D. '78 Riyadh, Saudia Arabia



Allan Filek, M.D. 33, ([et]) and Keal Hubbard, M.D. 42, share a few laughs at the 1992 Benjamin Rush Society account

# **CLASS NOTES**

Class Agent
W. Philip Corr, M.D.
5145 Myrtle Avenue
Riverside, California 92506

Class Agent
Eloise Parsons-Baker, M.D.
R.F.D.
Neponset, Illinois 61345

Class Agent
Martha J. Bernheim, M.D.
6301 North Sheridan Road, #3E
Chicago. Illinois 60660

Class Agent
Currently Recruiting
Interested in serving?
Contact the Alumni Office

Class Agent Abraham Schultz, M.D. 3 Oak Brook Club Drive, #305E Oak Brook, Illinois 60521

Class Agent
Currently Recruiting
Interested in serving?
Contact the Alumni Office

Class Agent
Samuel G. Taylor III, M.D.
c/o Wausaukee Club
Athelstane, Wisconsin 54104

"Enjoying my retirement," writes **Samuel G. Taylor III, M.D.**, who formerly served as director of the section of head and neck cancer at Rush. Dr. Taylor traveled to the Baltic States and also took in the sites in St. Petersburg (Leningrad).

He spent most of the winter in northeast Wisconsin–except for an occasional trip back to Rush "to see how the other half lives and works."

> Rush to RUSH June 10-12

Class Agent
Currently Recruiting
Interested in serving?
Contact the Alumni Office

Class Agent
Theodore N. Zekman, M.D.
1000 North Lake Shore Plaza, #42B
Chicago, Illinois 60611

Class Agent Ralph B. Cloward, M.D. 3787 Diamond Head Road Honolulu, Hawaii 96816

Bernadine DeValois, M.D., is keeping active in Colorado Springs, CO. She helps orient new residents in her retirement complex and teaches Sunday School at her church. She also enjoys close family ties with her daughter, son-in-law, two granddaughters and four greatgrandchildren.

"See you all at 60th reunion in 1995," writes **Durward G. Hall, M.D.**, who is living happily with his wife at a retirement center in St. Petersburg, FL. Dr. Hall serves as an elected senator of the Academy of Senior Professionals, and lectures on invitation to academy and college students.

Despite poor health, **Abram Silvers**, **M.D.**, is keeping his spirits up. He reads four medical journals a month, plays bridge and listens to classical music.

Class Agent
Russell P. Sinaiko, M.D.
4001 Monona Drive
Madison, Wisconsin 53716-3554

General practitioner **Lawrence Leeson, M.D.**, of Parkersburg, WV, retired in 1984 after more than 50 years of caring for patients.

Class Agent George J. Hummer, M.D. 580 Moreno Avenue Los Angeles, California 90049

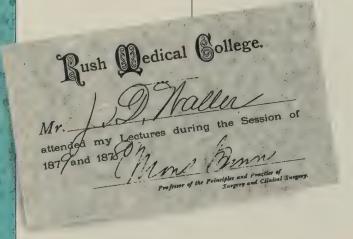
Alan Lieberman, M.D., who specialized in neuropsychiatry, is proud that a third generation is choosing medicine. Grandson, Jamie, is a first-year medical student at the University of Washington in Seattle. Dr. Lieberman lives in Elgin, IL.

Rush to RUSH
June 10-12

Class Agent
Gerrit Dangremond, M.D.
1440 East Moonridge Road
Tucson, Arizona 85718

After retiring from his surgical practice in 1967, **George Fahlund, M.D.**, became active with Rehabilitation Services for the Physically Handicapped. From 1970-77, he served as executive director and medical director at a rehab center in Grand Rapids, MI. Under his guidance, a new 60-bed hospital was constructed. After retiring in 1989, Dr. Fahlund was appointed Chairman of the Board at the Mary Hitchcock Rehab Center in Aiken, SC.

"Finally retired," writes **Adolph Weinstock**, **M.D.**, of Rolling Prairie, IN. Dr. Weinstock maintained a general and internal medicine practice for more than 50 years.



Among the Medical Center Archives' materials are a collection of 19th century tickets medical students presented to professors. Illustrated here is a ticket from the 1879-1880 academic year admitting a student to the surgical clinic of Moses Gunn, M.D. Dr. Gunn's signature appears at the lower right. Professor Gunn was one of 19th century Rush Medical College's group of distinguished professors of surgery. Dr. Gunn had succeeded Rush founder Daniel Brainard, M.D. Charles T. Parkes, M.D. RMC 1868, followed Dr. Gunn in 1887. Dr. Parkes' premature death in 1891 made way for Nicholas Senn, M.D.

Class Agent

P. Blair Ellsworth, M.D. 18407 Conestoga Drive Sun City, Arizona 85373

Class Agent Richard C. Vanderhoof, M.D. 2760 Fox Grove Court

Colorado Springs, Colorado 80906

Class Agent Martin Matthew Fahey, M.D. 5 Henneberry Lane Golf, Illinois 60029

In September, San Diego, CA, resident Blake Talbot, M.D., traveled to Edmonds, WA, to visit with classmate Charles Grace, M.D., who he reports is "doing fine." In Seattle, Dr. Talbot reminisced with Clarence Olson, M.D. '34, about their Army experiences at Guadalcanal in 1943. Dr. Olson died in October 1992.

Class Agent George H. Handy, M.D. 14012 Whispering Lake Drive Sun City, Arizona 85351

Rush to RUSH June 10-12 Class Agents Marvin B. Padnick, M.D. 4740 Marston Drive Paradise Valley, Arizona 85253

Floyd F. Shewmake, Jr., M.D., J.D. 550 South Beretania Street Honolulu, Hawaii 96813

C. Arnold Curry, M.D., was profiled in the August 1992 issue of Pharmacy Times, which discussed the 1984 launching of his new drug manufacturing company, Caraco Pharmaceutical Laboratories, Ltd. The \$10 million, four-acre company is located at Research Park in Detroit's inner city, the place where Arnold was born and raised. He feels strongly about the opportunity to give something back to his community and is proud that about half of Caraco's plant workers live close enough to walk to and from their job. "Detroit is my city," he said. "Except for my medical school years, I've lived here all my life." Arnold and his wife, Cara, have two sons.

# **Primary Care Focus of First Alumni Exchange**

January 13 marked the first Alumni Exchange. This new program was designed to bring students and alumni together in an informal setting to share knowledge and ideas about specializations or other topics in medicine. The first presentation, "Primary Care," focused on family medicine and pediatrics. Four Rush graduates, LaMorris Perry, M.D. '83, Demetra Soter, M.D. '80, Mary Meengs, M.D. '87, and Fred Richardson, Jr., M.D. '87, spoke to a full house of students about their respective specialties.

Paul J. Jones, M.D. '83, chairman, Student Involvement Committee, deemed the program a success. "It was wonderful to see the students and the alumni interacting in such a positive manner. It is crucial that we continue to offer this type of support and encouragement to our future graduates." Student satisfaction was also high. Commented one student,



Cook County pediatrician Demetra Sofer M () 51 - 1 administrator in pediatrics at Mt. Sinz. Medical Jan. with students at the Alumni Exchange

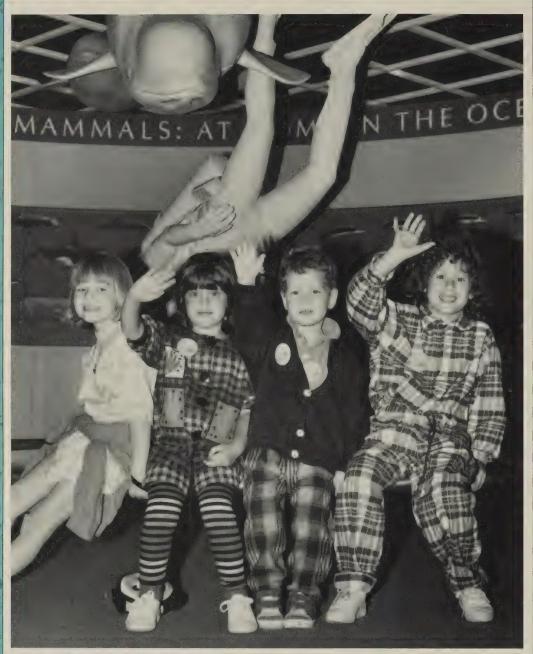
"The speakers were dynamic interesting and honest."

The Alumni Exchange, cosponsored by the Rush Medical College Student Council and the Student National Medical Association, has become part of regular student/alumni programming.

The Alumni Association looks forward to future presentations and will continue to involve Chicago area alums. If you are interested in participating, or can suggest a topic for discussion, please call the Alumni Office. We welcome vour ideas.



Fred Richardson, M.D. '87, who has a solo family medicine practice in Oak Park, gives some tips to first year medical should Deborah Killingsworth. Fred also provides care to homebound elderly people at the Chicago Housing Authority and is on the buy signal. Rush Medical College.



House Course Course describes and their families saw penguins, dolphins and other underwater creatures at a mid-September outing the same of the same

Class Agent Ronald D. Nelson, M.D. 1224 East Irvington Street Indianapolis, Indiana 46614

The death of an AIDS patient does not necessarily result in the death of the patient's human immunodeficiency virus, according to **Harold Kessler**, **M.D.**, director of the Rush coordinated AIDS resource center. At a meeting of the American

Society for Microbiology, Harold presented the results of a Rush study that showed the virus can survive for up to 21 hours in the blood, body fluids and tissues of patients who have died from AIDS. Harold recommends that morticians wait at least a day before preparing bodies for funerals.

**Michael Peck, M.D.**, is an internist specializing in nephrology at Saint Margaret Mercy Healthcare Centers. His office is in Olympia Fields, IL.

Class Agent Steven E. Sicher, M.D. 230 West Detweiller Drive Peoria, Illinois 61615

J. Brian Hancock, M.D., F.A.C.E.P., was elected president of the Michigan College of Emergency Physicians. Brian is also a councillor for the American College of Emergency Physicians. He practices emergency medicine at St. Mary's Medical Center in Saginaw, MI, and serves as EMS medical director for the region.

Family practitioner **Stephen Humowiecki, M.D.**, writes that the
Wholistic Health Center of Oak
Park, where he has served as medical
director for 13 years, turns 15 in June.
His children are also getting older
and Stephen can't believe that his
"baby" daughter, Amy, will graduate
from high school in June. Son, Joel,
shook hands with then-Governor
Clinton when he was in Chicago.

**Daniel Levitan, M.D.**, is medical director of a freestanding outpatient hemodialysis clinic. He also has a group practice in the San Fernando Valley. Daniel, his wife and their five children live in Studio City, CA.

Class Agent Allan B. Zelinger, M.D. 1374 Meadow Lane Deerfield, Illinois 60015

Class Agents
Jacqueline David, M.D.
912 Pawnee Road
Wilmette, Illinois 60091

Max L. Harris, M.D. 3422 Vantage Lane Glenview, Illinois 60025

Anthony M. Kotin, M.D. 2214 North Dayton Chicago, Illinois 60614

Most of the following notes were condensed from information submitted for the Class of '77 Memory Book, compiled last spring for the 15-year reunion. Information was current at that time.

Janice Asher, M.D., is a gynecologist at the University of Pennsylvania. She and her husband have two daughters, 5 and 2.

In September 1990, **Thomas Bleck**, **M.D.**, was appointed director of the neuroscience critical care unit at the University of Virginia. He previously served on the neurology and internal medicine faculties at Rush, where he specialized in epilepsy, infectious diseases and critical care. He and his wife, Jane, have two children.

A pediatrician in Groton, CT, **Michael Blefeld, M.D.**, subspecializes in helping children with attention deficit disorders. He has four children who range in age from 7 to 15.

**Ernest Buck, M.D.**, is practicing general pediatrics in Corpus Christi, TX. He is currently Chairman of the Board of a 380-physician PPO. He and his wife, Patricia, have three children, Mark, 12, Erin, 10, and Greg, 2.

A urologist with a private practice in Mt. Vernon, NY, **Barry Buffman**, **M.D.**, also teaches students and residents through his affiliation with New York Medical College. Music remains an important part of Barry's life and he has written several piano compositions. He has been married for 16 years and has two daughters, Brittany, 13, and Deuynne, 11.

Orlando, FL, is home to Mickey Mouse and **Frank Campisi**, **M.D.** He started a three-man practice in general surgery, has remarried and has two children.

In April 1992, **Charles Colodny**, **M.D.**, was awarded the certificate of additional qualification in geriatric medicine. The Libertyville, IL, resident was recently appointed treasurer of the Illinois Academy of Family Physicians.

**Steven Croft, M.D.**, has a rheumatology practice in Boca Raton and Delray Beach, FL. He and his wife, Joyce, have three children, Lara, 14, Rachel, 12, and Aron, 10. Hobbywise, the Crofts enjoy tennis and traveling.

Since 1983, **Jacqueline David**, **M.D.**, has been practicing internal medicine with Humana HMO. She and her husband, Ted Mazzone, M.D., chief of endocrinology at Rush, have three children.

**Richard Ellis, M.D.**, practices pediatrics with a 180-member multispecialty group in Middleton, WI. Richard enjoys science fiction, skiing, computers and biking. He and his wife, Gayle, have a daughter, Lisa, 12, and a son, Jeff, 9.

An emergency physician for 11 years, **Richard Frires**, **M.D.**, **F.A.C.E.P.**, is chairman of the Department of Emergency Medicine at Meridia Huron Hospital in Cleveland, OH. In January 1994, he will be named chief of staff at Meridia. He and his wife, Charlotte, a nurse-midwife, have three children. Richard enjoys traveling, music, yoga and weight-training.

In July 1990, **David Gray, M.D.**, opened an emergency medicine clinic. He recently completed an 18-month stint as chief of staff for Memorial Medical Center in Corpus Christi, TX. He and his wife, Denise, have two children."

"Happy and enjoying life," writes **Max Harris**, **M.D.** Max teaches Rush medical students and West Suburban Hospital internal medicine residents. He has a private internal medicine practice in Oak Park, IL, where he subspecializes in rheumatology and geriatrics. He and his wife, Janis, have three children.

After working seven years on the Navajo Reservation for the Indian Health Service, Martin Hickey, M.D., moved to the Albuquerque VA and developed a rural health network throughout the state of New Mexico. He now is a full-time administrator at the University of New Mexico Medical Center. Martin and Mary Cunnane, M.D. '80, have a three-year-old son, Ryan.

For the past 10 years, **W. Andrew Hodge**, **M.D.**, has been an attending orthopedic surgeon at Massachusetts General Hospital. In 1984, he was the first to measure pressure in a living human joint by implanting a radio-telemetry hip. A second implant procedure was performed in 1991. He and his wife, Tanya, an ENT physician, have three children.

After finishing a fellowship in medical oncology at Rush, **Patricia** (Shanks) Johnson, M.D., joined Carle Clinic, a 200-plus multispecialty group in Urbana, IL. She and her husband, Jeff, an emergency physician at Carle, have two sons, Rob, 19, and Kenny, 6.

Anthony Kotin, M.D., is regional medical director at Travelers Insurance Company in Chicago, IL. He and his wife, Debbie, have two sons, Joshua, 11, and Jeremy, 8.

A family physician in Hillsboro, IL, **Robert Mulch**, **Jr.**, **M.D.**, also teaches at Southern Illinois University. He subspecializes in geriatrics and serves on the Board of Directors at Hillsboro Hospital. He and his wife, Barbara, an internist, have two sons.

After completing a residency in internal medicine at Cleveland Metropolitan General Hospital, including a chief residency, **James Murphy**, **M.D.**, completed a two-year fellowship in gastroenterology. He went into private practice in 1983. He also serves as president of the Board of Directors at the 26-member multispecialty Wooster Clinic in Wooster, OH.

An orthopedic surgeon in Beverly Hills, CA, **Frederic Nicola**, **M.D.**, maintains a private practice and assists in taking care of the Los Angeles Raider's football team. He and his wife, Barbara, have two children.

Thomas Pitoscia, M.D., has a private internal medicine practice in Millburn, NJ. He also is the owner of a computer software company, Physician's Computer Technology. He and his wife, Midge, have two teenage daughters.

A pediatrician in Coos Bay, OR, **Donna Rabin**, **M.D.**, and her husband, **Steve Richardson**, **M.D.** '77, have two daughters, Sarah, 11, and Anna, 8.

**Scott Replogle, M.D.**, has a solo plastic and reconstructive surgery practice in Louisville and Boulder, CO. He was recently appointed chairman of the Department of Surgery at Avista Hospital. Scott is married and has two children.



Tom Bleck, M.D. '77, and Shelley Schuler, M.D. '77, traveled by a property of the second section of the sec

# **Decisions, Decisions, Decisions...**

The Rush Medical College Distinguished Alumnus Award is given annually to a graduate who has brought distinction to Rush Medical College through broadly recognized professional accomplishments. It is the highest honor that the Alumni Association can bestow upon one of its own.

Each year the Awards Committee is faced with the difficult decision of selecting the recipient of this honor. The decision-making process is never easy. The field of candidates is wide and the responsibility is great. The award is representative of the traditions of our alma mater and is a tribute to our founders.

There are many Rush alumni who could qualify for this distinction, and we need your help in identifying them. If you are familiar with someone who meets the aforementioned criteria, please let us know.

Our graduates, both pre-'42 and post-'73, have distinguished themselves nationally and internationally. Don't let the chance to recognize them slip away.

Editor's Note: To recommend someone for consideration for the Distinguished Alumnus Award simply write or call the Office of Alumni Relations, 1700 West Van Buren, #250, Chicago, Illinois 60612, (312) 942-7165. Steve Richardson, M.D., has maintained a private internal medicine practice in Coos Bay, OR, for 11 years. He is married to Donna Rabin, M.D. '77.

After completing a general surgery residency at the University of Illinois and a two-year research fellowship at Columbia, **Arnold Robin, M.D.**, worked in academic surgery for seven years. This included a position as chief of general surgery at the University of Illinois Hospital. In early 1990, he left academia to join a private practice in Arlington Heights. He and his wife, Randi, have three children.

A dermatologist with a private practice in Malvern, PA, **Shelley Schuler**, **M.D.**, says she is glad she left the city behind for the "country side of life."

Since 1983, **Richard Shapiro**, M.D., has been practicing urology in Los Angeles, where he also completed a residency and fellowship in urologic oncology and pediatric urology at U.C.L.A./U.S.C. He and his wife, Jill have four children who range in age from 2 to 14. Richard enjoys tennis, baseball, golf and skiing.

Steve Tarzynski, M.D., practices general pediatrics at Kaiser Permanente HMO. He also serves as director of the Kaiser West L.A. ambulatory quality assurance program. He and his wife, Kathie, have two children and live in Santa Monica, CA.

Working in industry and medical oncology, **April Teitelbaum**, **M.D.**, is associate medical director at Amgen, a biotech company specializing in hematopoietic growth factors. She and her husband, Austin, live in Agoura, CA.

Since leaving Rush, Ross Ungerleider, M.D., spent 10 years in surgical residency, primarily at Duke University Medical Center. He is now chief of pediatric cardiac surgery at Duke. His family, including wife, Debbie, and their three children, are the major focus of his life.

After completing a fellowship in Trauma and Sports Medicine in Munich, Germany, **Jack Vander Schilden**, **M.D.**, joined the orthopedic surgery faculty at the University of Arkansas for Medical Sciences. He directs the sports medicine section and also serves as team physician for the University of Arkansas at Little Rock. He and his wife, Pam, have two daughters.



Class Agents Steven D. Bines, M.D. 4217 North Greenview Chicago, Illinois 60613

Kim M. Fehir, M.D., Ph.D. 3126 Quenby Street Houston, Texas 77005

James E. Rejowski, M.D. 8472 Canterberry Drive Burr Ridge, Illinois 60521

Michael D. Decker, M.D., was recently named chief editor of Infection Control and Hospital Epidemiology. The editorial offices are moving to Vanderbilt University, where Michael will continue his work in vaccine trials.

Charles E. Hunter, M.D., is chief of neuroradiology at the Prince Georges Medical Center and medical director of Maryland Diagnostic Imaging Center in Washington, D.C. He previously worked for nine years as the chief of neuroradiology at Howard University.

Ezriel E. Kornel, M.D., assistant professor of neurosurgery at Albert Einstein Medical College, Bronx, NY, was appointed vice chairman of the Young Neurosurgeons Committee of the Joint Council of State Neurosurgical Society. Established in 1990, the Young Neurosurgeons Committee addresses issues affecting young neurosurgeons entering the field.

After completing an internal medicine residency in 1981, John T. Pappas, Jr., M.D., joined the staff of Kaiser Permanente in Colorado. Kaiser is the largest HMO/managed care organization in the United States with 6.6 million members nationally and 275,000 members in Colorado. John has served as associate medical director for the Colorado Region's 380 physicians since January 1991.

Class Agent
James J. Collins, M.D.
852 Turnbridge Circle

852 Turnbridge Circle Naperville, Illinois 60540

In the November issue of *Lifetimes* newspaper, Rush ophthalmologist **Thomas Deutsch, M.D.**, commended two new studies that suggest smoking may increase the risk of cataracts.



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LaGrange, IL, resident Marc A. Silver, M.D., is board certified in internal medicine and cardiology and practices in Lombard.

Class Agents
Jay L. Levin, M.D.
Box 5852 RFD
Long Grove, Illinois 60047

**Herman D. Sloane, M.D.** 400 East Ohio Street, #4802 Chicago, Illinois 60411-3328

Internist **Gienetta Coleman, M.D.**, recently began practicing in rural Freeport and Pecatonica, IL. Glenetta was previously affiliated with West Suburban Hospital in Oak Park, IL. She and her husband, Kenneth, a science teacher, have four children.

Carol Krohn, M.D., was awarded the certificate of additional qualification in geriatric medicine by the American Board of Family Practice. She and her husband, Chicago attorney Scott K. Summers, are the authors of "Light in the Gray Zones: A Look at Advanced Health Care Directives." The article was published in the summer 1992 issue of the American Bar Association's Experience magazine. Carol serves as associate director of the family practice residency program and medical director of the skilled nursing facility at West Suburban Hospital Medical Center in Oak Park, IL.

In a multicultural society, doctors must focus less on language barriers and more on exploring cultural differences and belief systems, said **Lois M. Nora, M.D., J.D.**, assistant dean of clinical curriculum at Rush, in the November issue of *American Medical News*. Lois helped introduce a curriculum in cross-cultural medicine last year at the Medical Center.

Class Agent Jonathan B. Rubenstein, M.D. 260 Harbor Street Glencoe, Illinois 60022

A general internist at Buffalo General Hospital in New York, Richard Schifeling, M.D., occasionally runs into classmate Michael Kohrman, M.D. '81, who reads EEGs at the hospital. Richard says he likes Buffalo—"the land of sun, snow and the Bills!"

Susan Tiegs, M.D., is a pediatric rheumatologist and researcher at the National Jewish Center for Immunology and Respiratory Medicine in Denver, CO. She presented a paper on "Receptor Editing, a Novel Mechanism of B-Cell Tolerance Induction in Autoreactive B-Cells" at the mid-October annual meeting of the American College of Rheumatology in Atlanta, GA.

Despite the sluggish economy, the practice of **Jeffrey Wishik, M.D.**, a behavioral neurologist in Pawtucket, RI, is doing well. He plans to expand the Brain Mapping Laboratory and offer EEG-biofeedback for children with attention deficit disorders. Jeff recently earned a certificate of additional qualification in clinical neurophysiology from the American Board of Psychiatry and Neurology.

Class Agents
Ira M. Nathanson, M.D.

48 Pineridge Drive Westfield, Massachusetts 01085

Beth A. Pletcher, M.D. 2 Bay Club Drive; #16U Bayside, New York 11360

Most of the following notes were condensed from information submitted for the Class of '82 Memory Book, compiled last spring for the 10-year reunion. Information was current at that time.

Deborah Agles, M.D., spent many years with the Navy, traveled throughout the Orient and learned to fly. She married a pilot and has two daughters. She works part time in occupational medicine at a Honolulu hospital.



The third is a sea to along traileding at what is now the present-day Medical Center.

After graduating from Rush, Leslie Brown Aldrich, M.D., headed for the University of Michigan in Ann Arbor and never left. She has a University-based private practice in gastroenterology and is on staff at four of the local hospitals. She and her husband, Michael, a neurologist specializing in sleep disorders, have three children.

Robert Barnes, M.D., is an assistant professor of ophthalmology at Loyola University. He also has a group practice. As a member of F.O.C.U.S., Robert provides free ophthalmic care in Africa to people who might otherwise not receive eye treatment. He and his wife, Patricia, have two children.

Rockford, IL, is home to **Trent Barnhart**, **M.D.**, who completed a family practice residency there with classmate **Arnie Faber**, **M.D.** '82.
Trent works in a group practice.
He and his wife, Marcia, have two children.

**Sharyn Barney, M.D.**, is a family practitioner with an HMO in St. Paul, MN. She and her husband, Phil. have three children.

**Brad Berman, M.D.**, is working in behavioral/developmental pediatrics at Children's Hospital in Oakland, CA. He is involved in clinical practice, resident education and research. He and his wife, Shiva, have a daughter, Daniela, and a Springer Spaniel, Kipling.

A cover article in the Chicago Tribune Magazine (1/24/93) explored alternative medicine, including acupuncture, chiropractic, osteopathy, herbal medicine and other nonconventional therapies. Quoted in the story, **Keith Berndtson**, **M.D.**, family and preventive medicine at Rush, said that he doesn't believe every new therapy should be endorsed without some type of scientific or conceptual support. "But the other mistake we make is that we shut down the possibility that there may actually be some utility there," he said.

Ihor Bilyk, M.D., is an assistant professor in the division of neonatology at the University of Maryland. He also does research on lung fluid balance and clinical service in the intensive care nursery. Ihor is married and has three children and two cats.

Marblehead, MA, is home to **Paul Blattberg, M.D.**, his wife, Julie Breskin, a psychologist, and their two sons, Russell, 4, and Eric, 20 months.

An internist in Carbondale, IL, Frank Bleyer, M.D., teaches in S.I.U's Family Practice Residency Program. He is involved with the local AIDS task force and serves on the County Health Department Board and the hospital executive committee. He and his wife, Renee, have a daughter, Gena, 2.

**Burton Boron, M.D.**, has a private gastroenterology practice in Elkhart, IN. He also serves as chairman of medicine at Elkhart General Hospital.

An orthopedic surgeon who subspecializes in sports medicine and joint replacement, **Daniel Brugioni**, **M.D.**, works in Denver, CO. He and his wife, Jill, have three children.

**Elizabeth Cochran, M.D.**, is a pathologist at Rush. Her subspecialty is neuropathology.

In the past 10 years, Ani Darakjian, M.D., completed an internship and radiology residency at Kaiser Foundation Hospital in Hollywood, CA. She also completed two subspecialty fellowships in pediatric radiology and abdominal imaging. Since 1988, she has been a staff radiologist at Kaiser. She and her husband have two sons.

**Thomas Eaton, M.D.**, works at St. Cabrini Emergency Department, Chicago, IL.

**Andrew Edwards**, **M.D.**, has been working in a group family practice for six years. He is married and has two sons. His spare time is spent at home with kids and occasionally, singing.

A family practitioner who subspecializes in geriatrics, **Michael Feltes**, **M.D.**, is medical director at the Uncas on Thames Hospital, an affiliate of the University of Connecticut. He and his wife, Lisa, have one son, Logan, 4.

Julieta Gabiola, M.D., has a private internal medicine practice in Salt Lake City, UT. "We're not Mormons yet—we love wine and coffee too much," Julieta writes. She and her husband, Kevin, a psychiatrist, have two children.

An assistant chief of psychiatry at the Lakeside VA, Northwestern, **Jonathon Goldman, M.D.**, also enjoys teaching medical students at Northwestern University Medical School. He spends his free time traveling and eating.

Since 1986, **Jeffrey Goodman, M.D.**, has worked in a two-man internal medicine practice on Long Island. He became board certified in geriatric medicine in 1990. Jeff is married and has two children.

Barbara Green, M.D., is combining private practice in neurology with teaching medical residents and conducting clinical research at St. John's Mercy Medical Center in St. Louis, MO. Barbara and her husband, David, have four daughters.

Since graduating, **John Gschwend**, **M.D.**, worked for three years in a U.S. Army Hospital in Frankfurt, Germany. In 1989, he served as chief of the Division of Gynecology at Walter Reed Army Medical Center in Washington, D.C. He now has a private ob/gyne practice in Bethesda, MD. He and his wife, Christine, have two children.



Back to school and time for second-year medical students Frank Gentile (right) and Dan Levinthal to chow down at a barbecue sponsored by the Alumni Association.

A family practitioner, **Fred Karlin** left the Chicago winters behind to work in Los Angeles, CA. He and his wife, Karyn, a neurologist, were married on September 20, 1992.

Lexington, KY, is home to family practitioner, **Gary Kearl**, **M.D.**, his wife and five children.

"Still enjoy traveling," writes **Warren Kruckmeyer**, **M.D.**, who has been to such far-away destinations as Japan, China, Central America and Europe. Warren is married and practices family medicine in Oak Park, IL.

Gale (Miller) Levin, M.D., is medical director of the Hartford Community Mental Health Center and the Rushford Center, where substance abusers and their families receive treatment. She also has a small psychiatry practice. Gale works part time so she has time for her "real" job—as the mother of five children, who range in age from 8 to 1.

A cardiovascular thoracic surgeon at the University of Wisconsin Hospitals, **Robert Love**, **M.D.**, and his wife, Phoebe, have two children.

**Helle Lukk, M.D.**, is a family physician in rural Minnesota, where she does obstetrics, OB ultrasounds and EKG stress tests. She and her husband, Don, a paramedic, have two children, a golden retriever and a cat.

Robert March, M.D., completed his tenth and final year of training in cardiothoracic and peripheral surgery. He is working with Hassan Najafi, M.D., in cardiovascular-thoracic surgery at Rush.

After completing a military residency in Southern California, **David Miller, M.D.**, served his obligated time in the U.S. Navy at a family practice training program in Bremerton, WA. He now does family practice and obstetrics at an HMO in Silverdale, WA. David and his wife, Joy, have two sons and a daughter—all are avid skiers.

An internist who subspecializes in infectious diseases, **Dennis Miller**, **M.D.**, teaches residents at Lenox Hill Hospital in New York. He also serves as associate director of the AIDS unit.

# **Nominations Committee Report**

In compliance with the amendments to the Bylaws of the Alumni Association of Rush Medical College approved in June of 1986, four-year terms were mandated for Executive Council members with half of the Councillors eligible for reelection every two years.

The Nominations
Committee proposed the following slate to the
Executive Council at its fall meeting on September 18, 1992. These recommendations were unanimously endorsed by Council members and will be voted on by alumni-at-large via the ballot included in this issue of the RUSHRecord.

The slate will be formally approved by members in attendance at the next annual meeting of the Alumni Association scheduled for Friday, June 11, 1993. The 1993-1997 term officially begins on July 1.

# **PROPOSED SLATE**

Officers

(n.b. Officers are elected for a two-year term with a maximum of two successive terms in the same office.)

President:

Richard E. Melcher, M.D. '75

President-elect:

Harold A. Kessler, M.D. '74

Past-president:

Thomas A. Deutsch, M.D. '79



Mitch Bernsen, M.D. '90, chief resigns, 35, with a colleague.

Secretary:

Paul J. Jones, M.D. '83

Treasurer:

George H. Handy, M.D. '42

Members

Mitchell B. Bernsen, M.D. '90

"Through membership on the Executive Council, I would like to strengthen alumni/student relations by increasing the visibility of the Alumni Association among my colleagues and medical students through programs and special events."

Mitch is the 1993-94 chief resident for the Department of Internal Medicine at Rush-Presbyterian-St. Luke's Medical Center. He is a member of the Illinois Associates Council of Residents of The American College of Physicians and is the 1992-93 president of the RPSLMC House Staff Association. Mitch currently serves as one of three Class Agents for the Class of 1990.

Steven D. Bines, M.D. '78

"I believe in Rush and want it to continue as a great Medical College. I feel I have an obligation as an alum to support and guide programs that help Rush students graduate and continue the legacy."

Steve is no stranger to the alumni world of volunteering. He has served as chairman of the Reunion Planning Committee for four years and a Class Agent for 15 years. After graduating from Rush, he completed his postgraduate training in general surgery at the Mayo Clinic and RPSLMC. Steve subspecializes in surgical oncology and is director of the surgical research laboratory in the Department of General Surgery at his alma mater.

Heartfelt thanks and sincere appreciation go to the following members of the Council who will retire effective July 1, 1993 for their years of devoted service and leadership: Gordon H. Derman, M.D. '75, Steven Gitelis, M.D. '75, Isaac E. Michael, M.D. '42, and Ronald D. Nelson, M.D. '74.



Steve Bines, M.D. '78 (right), director of the surgical research laboratory at Rush, socializes with Jim Bryan, M.D. 91, a second-year orthopedic surgery resident.

## **Medical Center Alumni**

"What changes have taken place in the practice of medicine," writes Fred Jameson, M.D., a resident in medicine from 1946 to 1948. He sends greetings and fond memories of Ernest Irons, M.D. '03, Ph.D., Dean Earle Gray, M.D., and Drs. Post, Woodyatt and Brown.

An otorhinolaryngologist and allergist who retired in 1991, **George S. Richardson, M.D.**, remembers working at the old Central Free Dispensary after World War II with such "greats" as Drs. Watkins, Scott, Walher, **Friedberg** and Wosniac.

Glen E. Rayson, M.D., M.P.H., practices internal medicine in Baltimore, MD. He was a resident and fellow at St. Luke's Hospital from 1953 to 1957.

An intern at St. Luke's Hospital from 1956 to 1957, **Robert J. Petersen, M.D.**, practices otolaryngology in Provo, UT. His father was also a Rush Medical College graduate.

An infectious disease expert, James Jupa, M.D., was recently appointed medical adviser for the Lake County Health Department. He also serves as a hospital epidemiologist and consultant in infectious disease at Lake Forest Hospital.

Philip K. Rabb, M.D., is an otolaryngologist in Atlanta, GA. He and his wife have three children, Philip, 7, Courtney, 5, and Michelle, 2.

In 1990, **Gregory Ward, M.D.**, completed a physical medicine and rehabilitation residency at Rush. He now serves as associate medical director at a rehab hospital in Baton Rouge, LA.

Nelson G. Escobar, M.D., was named medical director of the inpatient rehabilitation program at Copley Memorial Hospital in Aurora, IL, in August 1992. Dr. Escobar earned a medical degree from the University of Salamanca in Spain. He completed two postgraduate residencies—one in neurosurgery at the University of Florida and one in physical medicine and rehabilitation at Rush.

**A. Jerald Rothenberg, M.D.**, of Northbrook, IL, was appointed president of the medical staff at St. Francis Hospital, Evanston, IL. Dr. Rothenberg completed a cardiology fellowship at Rush.

Allergist G. Wendell Richmond, M.D., was the subject of a "First Person" profile in the Chicago Tribune Magazine in mid-December. He sees a wide spectrum of patients suffering from allergies, asthma, or those with primary immune deficiencies. In these cases, which are Dr. Richmond's specialty, the individual is born with a system that does not make antibodies. Hence, the patient may suffer from recurrent ear infections or recurrent pneumonia. For 11 years, Dr. Richmond has been an attending physician at Rush, where he also completed his internship, residency and two years of clinical study.

**Ira Nathanson, M.D.**, has a family practice in the semi-rural area of Southwick, MA. He serves as school physician for the town and advises the Southwick Board of Health. He and his wife, Mary, have a son and daughter.

Since 1986, **Thomas Pellino**, **M.D.**, has maintained a private anesthesiology practice at Meriter Hospitals, Madison, WI. Married with two children, Tom enjoys travel, golf and water-skiing.

A pediatrician, **Beth Pletcher**, **M.D.**, runs a large amniocentesis and CVS program at North Shore University Hospital in Long Island. She and her husband, Paul, have a son, Brett, 2.

**John Prunskis, M.D.**, has a private anesthesiology practice. He and his wife, Terri, live in Barrington Hills, IL.

Actively engaged in patient care and research, **Edgar Salazar-Grueso**, **M.D.**, is an assistant professor of neurology and co-director of the Amyotrophic Lateral Sclerosis Motor Neuron Disease Clinic at The University of Chicago.

**Pamela Sass**, **M.D.**, is a family practitioner in Brooklyn, NY.

**Greg E. Sharon, M.D.**, has a private allergy practice in Bloomingdale, IL. He and his wife, Shari, have two daughters.

Working in a family practice-based HMO in Grand Rapids, MI, **David Stewart, M.D.**, sings with the local barbershop chorus. He and his wife, Ruth, have two sons, Drew, 6, and Erik, 4.

Jeffrey Stiles, M.D., is a dermatology resident at Brooke Army Medical Center in San Antonio, TX. He previously was stationed at a U.S. Army hospital in Belgium, where he was chief of the outpatient clinic and emergency department. He and his wife, Laurie, have two daughters.

**Phillip Styka, M.D.**, is a flight surgeon for the New Mexico Air National Guard. He is married and has two children.

Portland, OR, is home for **Elaine Vale**, **M.D.**, her husband, David, and their two children. Elaine has a private family practice.

John Wahlstrom, M.D., teaches and maintains a private allergy/immunology practice in St. Paul, MN. John and his wife, Jo Anne, have a stepson, Scott.

After completing a residency at the University of Iowa, **Jeffrey Weingarten**, **M.D.**, started an otolaryngology practice. He also is involved in training residents. He and his wife, Janet, have a daughter and a son. The Weingartens enjoy participating in theater, boating, skiing and camping.

Daniel Yohanna, M.D., is an assistant professor of clinical psychiatry and director of outpatient psychiatry at Northwestern University Memorial Hospital. Daniel's teaching and research interests are in healthcare delivery to the chronically mentally ill. He and his wife are busy raising two children in Highland Park, IL.

**Jeanne Bailey Zimmerman, M.D.**, is enjoying her private practice in psychiatry. She and her husband, Bob, have a two-year-old son, Bruno.

**Leslie Zun, M.D., M.B.A.**, is working part time in clinical emergency medicine and part time as a healthcare consultant. He has teaching responsibilities at the University of Illinois College of Medicine.

622

Rush to RUSH June 10-12

Class Agents
Paul J. Jones, M.D.
828 B West Wolfram
Chicago, Illinois 60657

Scott A. Rubinstein, M.D. 4250 Marine Drive, #2127 Chicago, Illinois 60613

Karen B. Weinstein, M.D. 1410 B West Wrightwood Chicago, Illinois 60614

A mid-October Chicago Tribune article entitled "Sick and Tired" profiled chronic fatigue patient **Kristina Dahl, M.D.** Dahl, a neurologist who used to run on the track team at The University of Chicago, now can barely muster enough strength to walk up a flight of stairs. Kristina had been taking the experimental drug ampligen for 18 months in clinical trials. Her condition was improving, but now, as the drug is awaiting FDA approval, she feels "like being sentenced to death."

**Paul J. Jones**, **M.D.**, was named head of the section of pediatric otolaryngology at Rush.

**Graf Hilgenhurst, M.D.**, is assistant professor of anesthesia at Tufts University School of Medicine in Boston, MA. He has been active in developing the Acute Pain Service and teaching residents and nurse anesthetist students.

An internist from South Holland, IL, Angela Perry, M.D., teamed with Arnold Turner, M.D., to open Physicians Associated for Health on Chicago's South Side. Angela, an attending physician at Michael Reese Hospital and Medical Center, says the practice is geared to wholistic health, early detection and prevention of illness.

In January, Robert Sawicki, M.D., joined Family Practice Associates of Central Illinois. A native of Granite City, IL, Robert has practiced family medicine in Bloomington, IL, since 1986. He and his wife, Carolyn, have two children.

Michael Schwartz, M.D., acting assistant professor of medicine at the University of Washington, Seattle, spoke on "Insulin, Hypothalamic Peptides and Body Weight" at the University of Illinois at Chicago on March 9.

Mark D. Wittry, M.D., is director of cardiovascular sciences, nuclear medicine section, at St. Louis VA Medical Center. Mark and his wife, Susan, live in St. Louis, MO.

Class Agents
Sharon Thomas Flint, M.D.
930 North Kenilworth
Oak Park, Illinois 60302

**Stephen L. Ondra, M.D.** 4515 Highland Avenue Bethesda, Maryland 20814

Ronald H. Stefani, Jr., M.D. 2806 South Mayfair Westchester, Illinois 60154

An obstetrician and gynecologist, **Carey M. Bacalar, M.D.**, has joined the medical staff of Holy Family Hospital in Des Plaines, IL.

Carol W. Saffold, M.D., established an ob/gyne practice in two North Side Chicago offices and was also appointed to the Rush faculty. Carol previously worked at Michael Reese Hospital and Medical Center, where she was actively involved in teaching medical students and residents.

Ronald H. Stefani, Jr., M.D., a plastic and reconstructive surgeon with special interest in hand surgery, has joined the medical staff of Central DuPage Hospital in Winfield, IL. Ronald has an office in Lombard and is a clinical instructor at Loyola University Medical Center. He is also affiliated with Elmhurst, Hinsdale and Good Samaritan hospitals.

Class Agents Nina A. Paleologos, M.D. 3044 Grant Evanston, Illinois 60201

**Susan M. Sheinkop, M.D.** 1712 Erice Lane Libertyville, Illinois 60048

Wendy Stock, M.D. 415 West Aldine, #14B Chicago, Illinois 60657

**Ellen Rest, M.D.**, is a dermatologist in St. Paul, MN.

Class Agents
Susan Anderson-Nelson, M.D.
154 Kenmore
Elmhurst, Illinois 60126

**Donna Sue Hrozencik, M.D.** 3045 Whisper Wood Drive, #364 Ann Arbor, Michigan 48105-3415

Andrew M. Pavlatos, M.D. 2712 West Gregory, #1 Chicago, Illinois 60625

Rick Anderson, M.D., was appointed medical director of the emergency department at Abraham Lincoln Memorial Hospital in Lincoln, IL. Rick has worked in Illinois ERs for five years.

Lauren Baker, M.D., had a baby girl, Rosie, on August 19, 1992. She weighed 6 lbs., 14 oz., and is the light of her parents' lives. When Rosie was just six weeks old, she accompanied her mom to San Francisco for the oral ophthalmology boards. "One more hurdle over with," Lauren writes.

A neurosurgeon, **Douglas Johnson**, **M.D.**, **Ph.D.**, is a member of the medical staff at Central DuPage Hospital in Winfield, IL. The Glen Ellyn, IL, resident also has a practice in his hometown.

An internist specializing in infectious diseases, **Denise Weaver**, **M.D.**, joined the medical staff at Saint Margaret Mercy Healthcare Centers. She also has an office in Munster, IN.

Class Agents
Thomas Richard Hurley, M.D.
6575 South Hagbark Court
Lisle, Illinois 60532

Janice Krakora-Looby, M.D. 1764 Bowling Green Drive Lake Forest, Illinois 60045



Kit Grotelueschen, M.D. '80, (left) chats with Lois M. Nora, M.D. '80, J.D., at the fall Executive Council meeting.

Effective mid-January, **Paul Later**, **M.D.**, began working part time at a new neurology clinic at Dukes Memorial Hospital in Peru, IL. Paul is a full-time neurologist with the 23-year-old Fort Wayne Neurological Center.

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Class Agents
Randall G. Berliner, M.D.
3450 Wayne Avenue, #19A
Bronx, New York 10467

**Denise Marie Poulos, M.D.** 1411 West Byron Chicago, Illinois 60613-2816

Maureen Shea Holland, M.D. 146 Rainbow Acres Knob Noster, Missouri 65336-9442

An obstetrician and gynecologist with an interest in high-risk pregnancies, **Deborah Hay, M.D.**, has joined the medical staff at Central DuPage Hospital in Winfield, IL. A former obstetrical nurse, Deborah lives in Oak Park, IL.

Class Agents
Teresa Lynn Pusheck, M.D.
3749 Dunn Drive, #4
Los Angeles, California 90034

Gene R. Solmos, Jr., M.D. 720 Gordon Terrace, #18C Chicago, Illinois 60613

Last June, **Melanie Cerinich**, **M.D.**, moved to Manhattan and began an emergency medicine residency at Bellevue.

A family practitioner, **Helen Gitlevich**, **M.D.**, has joined the medical staff at Alexian Brothers Medical Center, Elk Grove Village, IL.

After finishing an internal medicine residency at Cedars-Sinai Medical Center in Los Angeles, **Denise Honer**, **M.D.**, joined a multispecialty private practice group in San Diego, CA.

Kenneth G. Kells, M.D., joined Affiliated Family Physicians of Glenview, IL. He is also on staff at Lutheran General Hospital in Park Ridge, IL. Ken, his wife, and their two children live in Park Ridge.



Students celeorated the arrival of a new school year at a mid-September barbecue.

Carrie Nankervis, M.D., joined the medical staff of Central DuPage Hospital in Winfield, IL. A family practice specialist, Carrie is a new member of Danada Family Medicine, S.C. Her special interests include pediatrics and obstetrics. She lives in Wheaton, IL.

A family practitioner, **Elizabeth A. Wetzel, M.D.**, is working at St. Elizabeth Medical Center, Granite City, IL.

Class Agents Mitchell B. Bernsen, M.D. 1221 North Dearborn, #203 South Chicago, Illinois 60610

**Kathleen R. Billings, M.D.** 11625 Montana Avenue, #204 Los Angeles, California 90049

Christopher L. Coogan, M.D. 1120 North Ridgeland Avenue Oak Park, Illinois 60302

Oak Park, IL, resident, **Jeffrey S. Altman, M.D.**, married his wife,
Pam, on August 9, 1992. He recently
presented a poster and spoke on
the use of sunscreens at summer
camps at the American Academy
of Dermatology Meeting in San
Francisco, CA.

Michael J. Hejna, Ph.D., M.D., is an orthopedic surgery resident at Rush. He and his wife, Michelle, and daughter, Emily, live in Riverside, IL.

Lori Siegert Swan, M.D., a second-year dermatology resident at Rush, is the third generation of Siegerts to practice medicine. Her grandfather, Rudy Siegert, M.D., retired in 1986 after serving the Pana, IL, community for 50 years. Lori's father, Philip Siegert, M.D., who served his surgical internship and residency at Presbyterian-St. Luke's Hospital in the mid-1960s, practices in the Rock Island-Moline area.

Class Agents
Mary Elizabeth Brown, M.D.
1005 Washington Boulevard
Oak Park, Illinois 60302

Franz J. Stadler, M.D. Sierra Army Depot P.O. Box C Herlong, California 96113

John C. Wlodarski, M.D. Rush-Presbyterian-St. Luke's Medical Center 1653 West Congress Parkway Chicago, Illinois 60612 **Timothy Ruetten, M.D.,** was voted president-elect of the Illinois chapter of Family Practice Residents, the resident section of the Illinois Academy of Family Physicians. Timothy is a first-year family practice resident at St. Francis Medical Center.

Class Agents

**Joanne L. Billings, M.D.** 2521 Humboldt Avenue South, #210 Minneapolis, Minnesota 55405

Roy G. Eenigenburg, Jr., M.D. 5818 Highland Terrace, #2 Madison, Wisconsin 53562

**Joanne E. Thorpe, M.D.** 1062 Lafayette, #6 Denver, Colorado 80218

# **IN MEMORIAM**

Since the last issue of RUSHRecord, the Alumni Office has been informed of the deaths of the following Rush graduates. We extend sympathy to their surviving families and friends.

#### 1910s

Craig D. Butler, M.D. '19, the first pediatric resident at Cook County Hospital from 1918-1919, died February 5, 1993. He was 100.

Born in Aledo, IL, Dr. Butler graduated from Earlam College in Richmond, IN, in 1914 and earned his medical degree from Rush Medical College.

Dr. Butler was a resident at Cook County Hospital when a major flu epidemic at the end of World War I filled the wards with sick children. He was affiliated with West Suburban Hospital in Oak Park, IL, for 51 years, serving as chairman of the Department of Pediatrics from 1947 to 1963.

Dr. Butler was past president of the Chicago Pediatric Society and the Aux Plaines branch of the Chicago Medical Society.

He is survived by his three sons, John, William and Charles; 12 grandchildren; and 17 great-grandchildren.

Clarence Monroe, M.D. '33, delivered his friend's eulogy in Waverly, OH.

#### 1920s

**Ralph W. Elston, M.D. '24**, of Fort Wayne, IN, passed away.

Robert C. Levy, M.D. '29, died in late December 1992 at the age of 86. He is survived by his wife, Rosalie; daughter, Jane; son, Dr. Robert; and four grandchildren.

#### 1930s

**Harry Brandman, M.D.** '**30**, a psychiatrist from Galesburg, IL, died November 18, 1992. He was 88.

Dr. Brandman started a general practice in Whiting, IN, in 1933 and practiced psychiatry for 50 years before retiring in 1983.

He was a staff psychiatrist at Methodist Hospital, Gary, IN, from 1948 to 1972, and chairman of the hospital's Department of Psychiatry from 1966 to 1971. For three years in the early 1970s, Dr. Brandman served as director of Galesburg State Research Hospital's outpatient clinic.

From 1972 to 1983, Dr. Brandman was a staff psychiatrist at the Galesburg Mental Health Center. He also served as medical director for eight years.

Dr. Brandman was active in many professional organizations. He was past president of the Northern Indiana Psychiatric Society and secretary of the Lake County, IN, Medical Society. He received a 50-year certificate of distinction from the Indiana State Medical Association.

He is survived by his wife, Rose; a son, Dr. James; a daughter, Lynn; and three great-grandchildren.

Benjamin H. Neiman, M.D. '30, died June 14, 1992. He had a long and distinguished career as a pathologist in Chicago, previously serving as an attending pathologist at Cook County Hospital. He retired in 1972.

Submitted by *Irwin S. Neiman*, *M.D. '38*, Benjamin's brother.

**Alton S. Hansen, M.D. '31**, of Sun City West, AZ, is deceased.

**Samuel L. Miller, M.D. '31**, of San Francisco, CA, died in December 1992 at the age of 86.

A surgeon, Dr. Miller served in the Pacific Theater during World War II. He also worked for more than a decade as a missionary surgeon in Vietnam, Taiwan, Nicaragua and Peru. He also took care of the Navajo Indians.

Throughout his life, Dr. Miller



Samuel L. Miller, M.D. '31



Roger C. Hendricks, M.D. 41, and resigned the many and a control of the control o

never stopped learning. In his mid-'80s, he studied the humanities at San Francisco State University. He was an avid artist who admired sculptures and paintings from the classical period.

In honor of his 60-year reunion, Dr. Miller established the Sadie and Samuel Miller Endowment for Student Financial Assistance. During a June 1991 oral history interview with Medical Center Archivist Stuart Campbell, Ph.D., Dr. Miller paid tribute to surgeons Dallas B. Pheimester, M.D. '04, and Vernon C. David, M.D. '07, for particularly inspiring him during his student years at Rush.

**Clare Collester Jones, M.D.** '33, a practitioner in Spencer, IA, for 50-plus years, died December 10, 1992. He was 86.

Dr. Jones joined the Navy in 1942, serving in the Pacific during World War II. He was a Lieutenant Commander in New Caledonia until returning to his private practice in 1946.

Between Dr. Jones, his grandfather, Joseph P. Collester, M.D., and uncle, Charles Collester, M.D., more than 100 years of medical service were provided to the Spencer community.

Dr. Jones was a longtime member of Grace United Methodist Church, and served for 16 years on his city's library board. He held a lifetime membership in both the County and State American Medical Associations.

He and his wife, Doris, had been married 54 years. He is also survived by his two daughter, Diane and Judy, and two granddaughters.

James H. Rasmussen, M.D. '39, of Sun City, AZ, died September 22, 1991.

#### 1940s

Roger C. Hendricks, M.D. '41, of Bainbridge Island, WA, died June 28, 1992. He was 77.

Dr. Hendricks was a leading psychoanalytic psychiatrist in Seattle for 45 years. In 1946, he was the first person to enroll in psychoanalytic training in Seattle, and worked for a time as chief of the VA Mental Hygiene Clinic before entering private practice. He enjoyed a long association with the Northwest Clinic of Psychiatry and Psychoanalysis.

A highly sought after teacher and supervisor, Dr. Hendricks was a clinical professor in the Department of Psychiatry and Behavioral Sciences at the University of Washington. He also was affiliated with the Seattle Institute for Psychoanalysis.

He is survived by his wife, Margaret, and his daughter, Susan Lanning.

# **A Perfect Match**

here was definitely reason for celebration on this St. Patrick's Day, as 70 out of 107 fourth-year Rush Medical College students who participated in the National Residency Matching Program received their first choice of specialty and location. A record high 85 percent were placed in one of their top three programs.



With shouts of joy, lots of hugs and "high fives," Rush students celebrated their accomplishments during the traditional envelope-opening Match Day ceremony on March 17.

"Our students did a great job getting excellent positions in their chosen specialties," said Margaret McLaughlin, M.D., assistant dean for medical student

programs. "They are going to be wonderful doctors."

For Penny Lawin, who matched in orthopedic surgery at Rush, Match Day was the culmination of four years of hard work. "I got my first



choice—I'm ecstatic," she said as she hugged roommate Michele McGould. McGould was equally pleased with her first choice match, ob/gyne at the University of California-Irvine Medical Center. "I'm very happy," McGould said, "but I'm going to miss Penny a lot."

One of five students who matched in emergency medicine, Ramon Villanueva, is off to Christ Hospital and Medical Center in Oak Lawn. "I love emergency medicine and I wanted to stay in the Chicago area," he said.

Of the 60 graduates who matched in Illinois programs, 25 will enter residencies at Rush. Forty-seven students were matched with out-of-state institutions, including Duke University Medical Center, UCLA Medical Center and Johns Hopkins Hospital.

"Three years ago I didn't think this day would ever come," said Marley Collins, who earned her first choice ob/gyne residency at the University of Michigan Hospitals. "Now that it's here, it's unreal."



# **ALUMNI CALENDAR**

#### Department of Psychiatry **Grand Rounds**

#### Sponsor: Department of **Psychiatry**

Every Wednesday (except 1st Wednesday of the month) 10:30 - 11:30 a.m. September thru June A.B. Dick Auditorium For more details, contact Nancy Bradley, (312) 942-3521

#### **Sleep Center Grand Rounds**

#### Sponsor: Department of Psychology and Social Sciences

Every Friday 11 a.m. to Noon Sleep Center Conference Room, 218 Rawson For more details, contact Rosalind Cartwright, Ph.D., (312) 942-5440

#### May 14, 1993

#### The Rosenmutter Visiting **Professor** "Controversies in the Surgery of Inflammatory **Bowel Disease**"

#### Sponsor: Department of General Surgery

Speaker: Victor W. Fazio, M.D. Professor of Surgery Ohio State University Chairman, Department of Colorectal Surgery Cleveland Clinic Foundation Cleveland, Ohio For more details, contact Jan Nunnally, (312) 942-6375

#### May 19, 1993

#### "New Treatments of Epilepsy"

#### Sponsor: Department of Continuing Medical Education

Various Speakers The Inn at University Village For more details, contact Vickie O'Sullivan, (312) 942-7119

### June 10-12, 1993

#### Rush Medical College Alumni Weekend '93

Special reunion activities for classes of 1933, 1938, 1973, 1978, 1983, 1988

#### June 10, 1993

**Executive Council Meeting** Social Hour Benjamin Rush Society **Annual Dinner Meeting** 

#### June 11, 1993

#### Alumni Day (on campus)

Commencement Banquet Hotel InterContinental Chicago, Illinois

#### June 12, 1993

#### The Seventh Annual Frederic A. de Peyster, M.D. **Rush Alumnus Lecture** "The Signatures of the Urologist'

#### Sponsor: Department of General Surgery

Speaker: Joel Slutsky, M.D. Instructor, Department of Urology Rush Medical College Attending Surgeon, Riverside Medical Center and St. Mary's Hospital Kankakee, Illinois For more details, contact Jan Nunnally, (312) 942-6375

#### Trustee Luncheon

Hotel InterContinental Chicago, Illinois

#### **Commencement for Rush** University

Medinah Temple Chicago, Illinois

#### Anita Dee II Dinner Cruise

Navy Pier Chicago, Illinois

#### June 25-26, 1993

#### "Postpartum Depression"

#### Sponsor: Department of Continuing Medical Education

Various Speakers Claude H. Searle, M.D. Conference Center For more details, contact Vickie O'Sullivan, (312) 942-7119

# September 12-18, 1991

#### "Ovarian Cancer"

#### Sponsor: Department of Continuing Medical Education

Various Speakers Claude H. Searle, M.D. Conference Center For more details, contact Vickie O'Sullivan, (312) 942-7119

#### October 1-2, 1993

#### Tolvic Flour Discrears. Multidisciplinary Conference

#### Sponsor: Department of Continuing Medical Education

Various Speakers The Inn at University Village For more details, contact Vickie O'Sullivan, (312) 942-7119

#### October 15-17; 1983

#### The Tenth Intervalignal Conference on Monton Personniity/Discountive SHIRLD'S:

#### Sponsor: Department of **Psychiatry**

Various Speakers Marriott Hotel Chicago, Illinois For more details, contact Vickie O'Sullivan, (312) 942-7119

### December 0-10, 199%

#### The Filteenth Amoust Naurology for the Non-Nuvroionut

#### Sponsor: Department of Neurological Sciences

Various Speakers **Embassy Suites** Chicago, Illinois For more details, contact Vickie O'Sullivan, (312) 942-7119

# **WRUSH**

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# RUSHRecord



The Alumni Association of Rush Medical College



Bringing
Diversity
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Page 10

### **Executive Council Directory**

Alumni Association of Rush Medical College

1700 West Van Buren Street Suite 250 Chicago, Illinois 60612 (312) 942-7165

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# RUSHRecord



Reunion Weekend Page 3



Bringing Diversity into Medicine Page 10



Women in Medicine Page 18



Nighttime Doctor
Page 24

#### **FEATURES**

#### Bringing More Minorities into Medicine

10

2.2.

America is becoming more culturally diverse, but certain Americans—namely those of African, Mexican, Puerto Rican and Native American descent—are underrepresented in the medical profession. What strategies has Rush Medical College devised to attract more minority students—and are they working?

#### Interests Pave 'Logical' Path to Joy and Success

Renaissance man Harold Laufman, M.D. '37, Ph.D., the 1993 Distinguished Alumnus, reminisces about his career as artist, vascular surgeon and consultant

#### Nighttime Doctor Aids Forgotten People

24

From his traveling "office," a 31-foot-motor home, family physician **Andrew M. Pavlatos, M.D. '86,** educates inner-city Chicagoans about the dangers of unprotected sex

#### **ALUMNI ACTIVITIES**

Reunion Weekend

3

Alumni Clinicopathologic Conference

14

47

#### **DEPARTMENTS**

In Memoriam

From the Association President	2
From the Dean	9
As I See It	13
Back in Time	18
Medical Center News	20
Philanthropy Report	27
Class Notes	38

#### ON THE COVER:

Catherine Wilbert, M.D. '93, (left) and Edwidge Raoul, M.D. '93, celebrate the end of a lifelong dream—to be physicians.

# FROM THE ASSOCIATION PRESIDENT



am both excited and humbled by the new role the members of the Alumni Association have given me. As president, I vow to uphold the proud tradition of Rush Medical College. Looking back on the foundation of my life as a physician, I'm grateful that Rush has given me the discipline and desire needed to pursue excellence.

My immediate predecessor, Thomas Deutsch, M.D. '79, did a splendid job during his tenure. Among his

many accomplishments, Tom helped establish innovative programs, increase alumni participation and link medical students with our alumni population. Tom assured the Executive Council members at our spring meeting that his active participation will continue. He has graciously agreed to co-chair the Alumni Campaign Committee with R. Joseph Olk, M.D. '75, and he will help guide us to our \$6 million goal.

Although I reside in Augusta, Georgia, I will work closely with the Alumni Relations staff in creating new programs and increasing donor giving. One of the projects underway is the recruitment of minority students to the Medical College. I am very excited that the Alumni Association will have the opportunity to become directly involved in this effort. A fundraising event to raise money for student scholarships is being coordinated by a committee co-chaired by Drs. Barbara Fuller, '76, and Nancy Lance. See page 11 for details.

In early September, I hosted a luncheon and met many bright, enthusiastic Rush Medical College students. We talked candidly about the many faces of medical practice and the opportunities available in university, private and group practice.

Last June marked another successful Alumni Weekend. We are pleased to present in the following pages the annual reunion photo album. Everyone truly had a great time renewing old acquaintances and learning the latest about classmates and former teachers.

It's never too early to think about the upcoming reunion—the dates are June 9, 10 and 11. Mark your calendars now and plan to join us for Alumni Weekend 1994. I welcome the opportunity to meet each of you.

Warm Regards,

Kichard E. Melcher, M.D. '75

# **REUNION WEEKEND**

# ALUMS 'RUSH' HOME

## June 9

**David Jones Peck Awards** 

# June 10

**Oral History and Luncheon** 

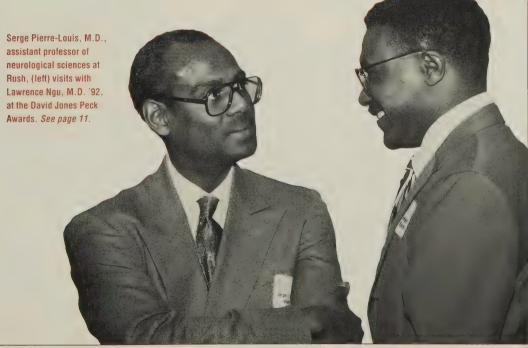
**Executive Council Meeting** 

**Social Hour** 

Benjamin Rush Society Dinner



With his wife, Alice, peeking over his shoulder, 55-year alumnus Tetsui Watanabe, M.D. '38, spots his class photo. The Watanabes and several pre-1942 alumni reminisced about Rush faculty members and other aspects of student life during an oral history presentation held in the Archives.



Anthony Ivankovich, M.D., chairman of anesthesiology at Rush, chats with Ed Weiner, M.D. '73, and his wife. Marsha, of Dallas, Texas, at the social hour.



Ebube E. Odunukwe, M.D. '83, brings Barbara Fuller, M.D. '76, up to date on his ophthalmology practice in Glen Burnie, Maryland.



Medical Center president and CEO Leo M. Henikoff, M.D., shows off the caricature he received from Harold Laufman, M.D. '37, Ph.D., during the Benjamin Rush Society dinner. The 1993 Distinguished Alumnus, Dr. Laufman is profiled on page 22.

# New Alumni Pin Introduced at Executive Council Meeting

The Alumni Association's Executive Council held its Reunion Weekend meeting on Thursday, June 10. Outgoing association president Thomas A. Deutsch, M.D. '79, introduced new council members Steven D. Bines, M.D. '78, and Mitchell B. Bernsen, M.D. '90.

Since 1989, Steve has served as chairman of the Reunion Planning Committee. He will now chair the Class Agent Network. Mitch was named chairman of the Student Involvement Committee.

For other roster changes, please see the Philanthropy Report, page 27.

Tom introduced the new Alumni Association pin to council members. The pin was distributed to Rush Medical College graduates at the commencement banquet and will be sent to all alumni. Henry Danko, M.D. '76, suggested the design for the pin, which is green and



features the college's seal and "Rush Alum" in gold.

At the end of the meeting, Richard awarded Tom a plaque, recognizing his three years of service to the association as president.

In his closing remarks, Tom said, "The legacy I hope to leave to this organization is the increase in enthusiasm and participation of people in philanthropy, in the general activities of the organization and in the leadership."



Incoming Alumni Association president Richard E. Melcher, M.D. '75, (right) congratulates outgoing president Thomas A. Deutsch, M.D. '79.

### June 11

**Breakfast with the Dean and Annual Meeting** 

Twelfth Annual Alumni Clinicopathologic Conference

**Medical Grand Rounds** 

**Medical Center Tours** 

**Commencement Banquet** 



Assembled at the Hotel InterContinental for their 55-year reunion celebration are members of the class of 1938 (front row. left to right) J. Will Fleming, Jr., M.D., Horace D. McGee, M.D., (back row, left to right) Tetsui Watanabe, M.D., Norman Cooperman. M.D., and Adolph Weinstock, M.D.



## **Dean's Breakfast-Annual Meeting Highlights Successes**

The Dean's Breakfast-Annual Meeting of the Alumni Association was held on Friday, June 11. President and CEO of the Medical Center, Leo M. Henikoff, M.D., welcomed alumni back to Rush, and dean Roger C. Bone, M.D., presented highlights of the medical college's success in its 20th year.

- A boom in applicants—up to 4,700 for the 1993-94 year—and an increase in enrollment of underrepresented minority students
- Changes in the curriculum reduced lecture hours in the traditional curriculum to 56 percent and increased the emphasis on ethics and law in medicine
- The Rush Community Service Initiatives Program earned national recognition and \$420,000 in grants

Also at the meeting, the James A. Campbell, M.D.,

Alumni Service Award was presented to three recipients.

Executive Council member George H. Handy, M.D. '42, presented the first award to fellow classmate Isaac E. Michael, M.D. '42. Dr. Michael, who retired from the council in 1992, served as its secretary from 1987 to 1991.

"To see him welcoming and chatting with the students is to see a committed volunteer in action. And it's clear that the students appreciate and enjoy him as much as we do," said Dr. Handy.

Paul J. Jones, M.D. '83, a 1990 Campbell Award recipient, presented the next two awards to John A. Schaffner, M.D. '74, and Alexander C. Templeton, M.D.

Dr. Schaffner is clinical director of gastroenterology and medical director of the endoscopy laboratory at Rush. He is a past coordinator of the



Isaac E. Michael, M.D. '42, (left) and John A. Schaffner, M.D. '74, proudly display their James A. Campbell, M.D., Alumni Service Awards.

Clinicopathologic Conference and the winner of the Phoenix and Mark Lepper Society of Teachers Awards.

Dr. Templeton is a senior attending physician and professor of pathology at Rush Medical College. Since 1985, he has received the Daniel Brainard Award for outstanding teaching seven times and was honored with the Phoenix Award twice. Dr. Templeton currently coordinates the Clinicopathologic Conference.

J. Will Fleming, Jr., M.D. '38, gave a historical perspective on the college in his "A Fond Look Back" address. See page 39.

Alumni on tour were fascinated with intricate medical sketches and perusing the more than 3,000 treasures contained in the Rare Book Room collection.



John C. Farrin, M.D. '78, J.D., shares his views on Continuous Quality Improvement in the emergency room at the Alumni Day Medical Grand Rounds.





Soon-to-be physician Blair Rowitz, M.D.
'93, looks back on the joys of medical
school during the commencement
banquet.

## June 12

**Trustee Luncheon** 

Commencement

Lake Michigan Dinner Cruise



Good company, food and Lake Michigan at sunset made the Anita Dee II cruise for post-'73 alumni the place to be on Saturday evening, June 12. Pictured are members of the 10-year class of 1983 (left to right) Christine Darr, M.D., Paul Jones, M.D., Ellen Tabor, M.D., Janis Enzenbacher, M.D., and Charles Meltzer, M.D.



"How'd he do that?"
these children want to know
as they watch the magician's
performance with rapt attention.



In commencement remarks at Medinah Temple, Margaret E. Mahoney, president of The Commonwealth Fund, encouraged graduates "to go out into the world with the mindset of the innovator."



# Trustee Medals Honor Distinguished Service

Two Trustee Medals were awarded during the 21st commencement of Rush University on June 12. Chairman of the Medical Center's Board of Trustees, Richard M. Morrow, and vice chairman Michael Simpson presented awards to, respectively, Edward McCormick Blair and, posthumously, to Henry P. Russe, M.D.



Trustee Medal recipient Edward
McCormick Blair (right) receives
congratulations from Richard M. Morrow,
chairman of the Medical Center's Board
of Trustees.

Edward McCormick Blair graduated from Yale University in 1938 and earned his M.B.A. in 1940 from Harvard University. In 1946, he joined William Blair & Company, a Chicago investment firm, and has served as the senior partner for more than 15 years.

First appointed a Trustee of Presbyterian-St. Luke's Hospital in 1961, Blair has served on virtually every committee of the board since then. He was vice chairman of the Executive Committee from 1970 until 1974, and chairman of the Trustees from 1974 through 1978.

"The '70s were critical years in the development of the Medical Center and particularly its academic component, Rush University," said Morrow. "Ed Blair's strong commitment to the educational mission of Rush helped sustain the fledgling university through a challenging decade."

Blair was honored with Life Trusteeship in 1985.

Henry P. Russe, M.D., whose career at Rush spanned 12 years, joined the faculty and staff of the Medical Center in 1979 as assistant vice president for medical affairs and associate dean for medical sciences and services. In 1981, he was named vice president

and dean, becoming the 12th head of Rush Medical College.

Before his death at age 63 in May 1991, Dr. Russe was appointed provost of Rush University and vice president of the Medical Center.

"We not only expect the highest levels of professional skill, we ask also that our physicians, nurses and other health professionals be paragons of human caring and dedication," said Simpson. "It was a challenge that Henry Russe met triumphantly but often so quietly that his achievements in both areas often were apparent only in retrospect."

Dr. Russe's wife, Pastora San Juan Cafferty, accepted the award.



Dr. and Mrs. Henry P. Russe at a friend's Christmas party in December 1990.

# FROM THE DEAN



n Wednesday, September 8, 1993, the graduating class of 1997 had its first day of orientation at Rush Medical College. As in previous years, 120 medical students matriculated, with 24 headed to the Alternative Curriculum and 96 to the Traditional Curriculum. Applications to attend Rush were at an all-time high, with 4,728 applications received for the 120 positions in the first-year class. In addition, fewer offers were made to fill the class than at any time in the last 15 years. This is another impressive measure of the growing reputation of Rush Medical College.

As you may know, I have been asked to serve as acting dean since the departure of Roger C. Bone, M.D., who accepted the position of president and chief executive officer at the Medical College of Ohio. I am honored and excited to have the opportunity to serve Rush Medical College in this capacity.

When I spoke with the incoming class of 1993, I saw eyes filled with unbridled enthusiasm. You, as alumni, should know that this enthusiasm does not wane during training. Our students are actively involved in community service programs, which have been described in previous issues of *RUSHRecord*, and in numerous extracurricular research activities. Our faculty is doing an outstanding job in stimulating the complete, professional growth of our students.

However, significant challenges lie ahead for all of us. These students will be completing their formal training—medical school and residency—in the year 2000 and beyond. Progress made in the human genome project and the legal aspects of euthanasia are certain to raise new scientific and ethical questions for our future graduates. To address such issues, as of last year, all students are required to take an Ethics and Law in Clinical Medicine Course.

Our curriculum, which is constantly and appropriately changing, is being formally evaluated to make sure we are meeting all of our goals. We are expanding ambulatory and generalist training to meet our goal of graduating at least 50 percent of Rush Medical College students into primary care careers. The Medical Center is making a similar commitment to expand primary care, education and research efforts in these areas with the development of a Primary Care Institute. Whitney Addington, M.D., president of the Chicago Board of Health, will serve as director of this new Institute.

I believe the future of Rush Medical College and of our new matriculants is bright. It will be my pleasure to report to you on our progress.

Sincerely,

Erich E. Brueschke, M.D.

Acting Dean, Rush Medical College

# **ISSUES IN HEALTH CARE**

# **Bringing More Minorities** into Medicine

By Cheryl Janusz

Then second-year Rush medical student Monique Semien decided to spend the past summer working at the Bayou Comprehensive Health Center in her hometown of Lake Charles, Louisiana, she knew she would gain valuable knowledge and skills. The center serves the area's residents—mainly African-Americans, many of whom are poor and uninsured. An unexpected bonus, however, was a lesson in patient-physician relations.



Monique Semien receives a white coat welcoming her into the medical profession from Rush University president Leo M. Henikoff, M.D., during last year's White Coat Ceremony

"I'd tell patients I was from Lake Charles and their eyes would light up. They wanted to know who my family was and where I'd lived," says Semien, who is African-American. "When patients discovered that we shared a common ground—that I was a part of their culture and their community—they opened up to me more readily. I was able to earn their trust."

Experiences like Semien's are not unique. "We're seeing an America that is changing, becoming more culturally diverse. It's important that health care professionals, as a group, reflect the diversity of the population as a whole," says Beverly Huckman, equal opportunity coordinator for academic affairs at Rush University.

But certain Americans—namely those of African, Mexican, Puerto Rican and Native American descent—are underrepresented in the medical field, as well as in certain other fields that require higher education degrees. According to 1990 census figures, these minority groups make up 19 percent of the U.S. population—a statistic that continues to grow. Their representation in medical

college entering classes, however, is only 10 percent.

To bring these numbers into balance, medical schools across the country are devising strategies to attract more minority students. In 1991, the Association of American Medical Colleges launched "Project 3000 by 2000," which aims to increase first-year medical school enrollment of underrepresented minority students to 3,000 by the year 2000—one-third more than the 1,827 who enrolled in 1992. Rush Medical College is participating in this nationwide effort.

Why is equal representation important? From a legal and ethical perspective, it's a measure of equality. "A career in medicine should be an option for any capable person, regardless of his or her race or sex," says Nancy Lance, M.D., a Rush rheumatologist who sits on the Rush University Committee on Affirmative Action.

Research also suggests that more minorities in medicine will mean better access to health care in minority communities, many of which are medically underserved.

"There is a strong correlation between a physician's ethnic background and that of the population he or she will serve," says Huckman. One recent study of minority medical school graduates found that black patients represented 56 percent of the patients seen by black graduates, and that Hispanic patients comprised 30 percent of the patients seen by Hispanic graduates. As a group, however, minority patients represented only 21 percent of the patients seen by white physicians.

"A career in medicine should be an option for any capable person, regardless of his or her race or sex."

Nancy Lance, M.D.

Other arguments for equal representation are less tangible.

"Physicians of the same cultural background as their patients tend to be more sensitive to certain culturally-unique health needs," says Dr. Lance.

"Certain ethnic groups have different risk factors and different rates of certain illnesses. Black men, for example, have a higher-thannormal rate of hypertension, and black women have a higher rate of lupus. Cultural factors can also affect patients' attitudes toward medicine and their compliance with medical advice," she explains. "To provide the most effective medical care, physicians need to understand these differences."

At Rush, Dr. Lance and Huckman were two members of a team of administrators, faculty, residents and students known as the Rush Task Force on the Recruitment of Minority Medical Students. For 17 months, the task force scrutinized everything from financial aid to student services to determine where changes could be made to increase minority enrollment at Rush.

Its findings were summarized in a report released in 1991, called Rush Equal Access to Careers in Health (REACH). "REACH is basically a blueprint for improving minority recruitment, for turning things around," says Huckman, adding that the report served as one institutional model for the AAMC's Project 3000 by 2000.

Historically, Rush has been committed to the education of minority physicians. In 1847, it is believed to have been the first medical school in the country to award a degree to an American-born black, **David Jones Peck, M.D.** The first black dean of an American medical school was a Rush 1924 alumnus, **Numa P. G.** Adams, M.D., who was named dean of Howard University School of Medicine in 1929.

But at the start of the 1990s, minority students were scarce at Rush, as well as at medical schools across the country. "The situation at Rush is aggravated by the fact that we're a private institution where tuition is, by necessity, much higher than at state-supported schools," says Larry J. Goodman, M.D., associate dean of medical student programs at Rush.

"The task force," adds Dr. Goodman, "was formed in response to the administration's recognition that we could—and should—do more to increase the number of minority students at Rush."

Over the past two years, many of the REACH recommendations have been implemented, largely through the efforts of the Office of Medical Student Programs, in conjunction with a number of other offices at the Medical Center. The Office of Student Financial Assistance, for example, has streamlined its procedures so that Rush applicants know sooner how much financial aid they will receive. "If students know

Continued on page 12

# **Student National Medical Association Honors Outstanding Graduate**

As a kick-off to the reunion activities, the Alumni Association, in conjunction with the Student National Medical Association (SNMA), celebrated the 20th anniversary of the David Jones Peck Awards on Wednesday, June 9. Dr. Peck, a 1847 Rush graduate, was the first African-American to graduate from an American medical school. To promote recognition of multicultural achievement, the Peck Award is given annually to a graduating senior.

Selected by her peers, the 1993 recipient was Edwidge Raoul, M.D. '93. In introducing Eddie, Chicago internist Barbara Fuller, M.D. '76, described a motivated and hardworking person. As a student, Eddie often spent precious free time discussing health care careers with innercity high school students. She also tutored students as they prepared to take the Medical College Admissions Test (MCAT) exam.

Barbara also announced that a 10-member committee of physicians—consisting of young African-American Rush Medical College graduates and members of the Medical Staff—has agreed to raise money in the name of Leonidas H. Berry, M.D. '30.



Edwidge Raoul, M.D. '93, openly expresses her emotions as she accepts the David Jones Peck Award.

A medical pioneer in gastroenterology and endoscopy, Dr. Berry was the first African-American internist at Cook County Hospital and the first African-American physician at Michael Reese Hospital and Medical Center.

The Berry Fund for Excellence will be used for scholarships to support the underrepresented minority recruitment efforts of Rush Medical College. The committee is co-chaired by Barbara and Nancy Lance, M.D.

A casino cruise aboard the Odyssey is scheduled for Saturday, April 30, 1994. Invitations will be mailed in mid-February.



Joined by his daughter, Judith, (left) noted gastroenterologist Leonidas H. Berry, M.D. '30, receives recognition from Barbara Fuller, M.D. '76, (far left) and Nancy Lance, M.D., on behalf of the Berry Fund for Excellence Committee.

they'll be getting help, they may be more likely to consider Rush, despite the higher cost," says Dr. Goodman.

Perhaps most important, the medical college now offers additional financial assistance in the way of loans, grants and scholarships.

"Time and again, here at Rush and nationally, we've seen that financial assistance for minority applicants—especially scholarship assistance—is crucial in how they decide which institution to attend," says Huckman. "At Rush, we now provide significant scholarships, renewable for four years, to as many minority students as possible." In 1992, six minority students received such awards.

"There is a strong correlation between a physician's ethnic background and that of the population he or she will serve."

Beverly Huckman

As a result of these efforts, minority student enrollment at Rush is climbing.

In 1991, there were five underrepresented minority students in the medical college's first-year class. In 1992—one year after the REACH recommendations were adopted—this number jumped to 12. In the 1993 entering class, there are 10 underrepresented minority students. "This is an impressive increase, enabling Rush to exceed the national average for minority student enrollment of 9.1," says Huckman.

Rush is also placing additional emphasis on support services for students enrolled at Rush. One program, the Student National Medical Association, works with the Office of Admissions to welcome minority applicants and first-year students. The

organization also sponsors meetings and activities where minority students can meet and share their experiences over the four years at Rush.

"I probably wouldn't fare as well at Rush if there weren't other minority students in my class," says Semien, who is copresident of the Rush chapter of the student organization. "They're a source of encouragement and support—and support can make all the difference in determining whether a student remains in medical school for the full four years."

Rush faculty, adds Semien, are another important source of information and encouragement. Through the Minority Faculty Advisor Program, each minority student can be paired with an advisor who shares his or her ethnic background.

"We try to match students with advisors who may have had similar experiences and faced similar problems," explains the program's director, Wayne C. Williamson, M.D., a physician and assistant professor of internal medicine at Rush. "Ideally, students will be more open with an advisor they can identify with."

Having been an African-American student in a primarily white medical school—the University of Cincinnati Medical College— Dr. Williamson knows firsthand the unique problems minority students may encounter.

"It can be hard to fit in," he explains. "There's always this fear that if you say or do something wrong, people will conclude that you don't belong in medical school—that you just got in on some affirmative action plan.

"At Rush, we don't want any students to feel this constraint. All Rush students—whatever their backgrounds—are here because they deserve to be and they should feel comfortable about expressing their ideas, or about asking for help when they need it," says Dr. Williamson.



Wayne C. Williamson, M.D., (left) assistant professor of internal medicine, examines a patient.

Other Rush programs strive to identify and encourage potential minority medical students early, while they are in college or even in high school.

One example is the Minority Medical Education Program, a six-week summer program for Chicago area college students who are interested in pursuing careers in medicine. For six hours a day, the students attend classes, workshops and sessions, offered by Rush faculty, designed to prepare them for medical school interviews and the Medical College Admissions Test. Funded by the Robert Wood Johnson Foundation, the Rush program is the largest in the Chicago Area Health and Medical Careers Program, a consortium of seven Chicago medical schools working to help the AAMC achieve its recruitment goal.

Another example is the Rush Department of Biochemistry Summer Research Program, a National Institutes of Health-funded program created to encourage gifted teenagers from Chicago's inner-city high schools to pursue careers in science and medicine. This past summer—as for the past 17—a group of teens spent eight weeks working side by side with Rush biochemists, learning the finer points of scientific research.

"A lot of young people discount a career in science because they don't understand what it means or they don't think it's an option. This program is a way to get them interested before they've made major decisions about college and careers," says Warren Knudson, Ph.D., associate professor of biochemistry, who directs the summer research program.

Thanks to programs like these at Rush and medical schools across the country, the AAMC is on its way to achieving its goal—3,000 by 2000.

"But we have a long way to go and only seven years left," says Dr. Williamson. "It's too early to bask in success. There's still a lot of work to do."

# **Thespian Brings Unique Gifts to Medicine**

By Martin Flynn, M2

Editor's Note: The decision to practice medicine is not always easy, particularly if you're older and have had an established career. For over six years, Martin Flynn, 38, was a professional actor who performed on stage, in front of the camera and at trade shows.

Following a relief mission to Honduras in January 1990, Martin returned to the United States with a new goal—medical school.

Speaking as a 38-year-old M2, I often feel as if I'm setting the accomplishments of television's Doogie Howser back a couple of decades. It's not infrequent that a child wunderkind can rise to greatness in medicine. But when strangers' eyes search out my aging features in the Ac Fac, they seem to say, "Uhh, what's he doing here?"

What would possess a man set in his ways to give up a satisfying acting career and spend 1 1/2 years attempting to enter medical school?

The impetus came during a one-week medical/dental relief trip to Southern Honduras in January 1990, taken strictly out of curiosity. Before leaving I remember my mother asking, "You're not going to join the Peace Corps, are you?" Of course not, Ma! Like the castaways in "Gilligan's Island," I'd only signed up for a short cruise, ostensibly just to hold a flashlight and packing gauze during tooth extractions.

We saw more than 800 people who had rarely, if ever, seen medical attention. Most were chronically infected with worms, lice, scabies, parasites and impetigo. They had lots of aches and pain. Is it any wonder? Virtually all were malnourished.

Although I started and enjoyed working with the dentists, I spent more time with a kindly internist from Austin, Texas, who, in the

1950s, had started med school coincidently at age 35. I was amazed as I watched him debride and stabilize a 10-year-

old girl brought in at 2 a.m. with second-degree burns over 35 percent of her body.

Midway through the week while working in a country where American homeless would be considered middle class, I realized that there was more I should be doing with my talents. Maybe it was

"I can no more diagnose and cure Aunt Mickey's persistent migraines than I can relate to what it's like to work alongside Sean Connery."

serendipity and the uniqueness of that trip that caused me to rethink my capabilities. Like they say of soulmates, could my destiny only be found when I wasn't looking? I know, it sounds goofy. Smirk if you want.

You can imagine how my parents felt. Already staggered by my six years in the "arts," the knockout announcement to pursue medicine came upon my return home. An intensive one-year program in the basic sciences at Lovola followed. Anxiety-ridden, I then completed the application process, crossed my fingers and hoped for the best. While awaiting word, I took two more trips to Honduras with the Medical Eve Dental International Care Organization (MEDICO) and



Martin cuddles a jaguar cub during a stop in Tesorito on Honduras' northern coast

the Central America Medical Dental Foundation (CAMDF).

I didn't grow tired of acting. I chose medicine to add to what I had already experienced. Indeed, it was only the confidence and self-reliance that acting gave which allowed for me to make such a radical change. Thoreau may have been right about living in quiet desperation, but we latebloomers are bucking that reality.

Actually, being a struggling med student is frighteningly similar to being a struggling actor. Besides the lack of money and dates, one has to contend with the assumption that greatness is conferred along with the title. I can no more diagnose and cure Aunt Mickey's persistent migraines than I can relate to what it's like to work alongside Sean Connery. And no, you haven't recognized me in the latest Pillsbury commercial.

I'm in medicine for the long run, and I can't think of a better atmosphere to flourish than at Rush. It's a school that's more open and respectful of the older student and his or her fleshed-out appraisal of the world.

So now, like Gilligan's and the Skipper's passengers, I find I may be away from civilization for quite a while. Fortunately, my chances for continued renewal are good. So now the pressure's on to do well because I'm paving the way for other aging thespians to bring their unique gifts to medicine. 

B



As Cornelius in the musical comedy "Hello Dolly!" Martin Flynn gives the audience at the Birmingham Theatre in Birmingham, Michigan, something to smile about.

# **ALUMNI CLINICOPATHOLOGIC CONFERENCE**

# Why Am I So Breathless?

By Alexander C. Templeton, M.D. Professor of Pathology The Clinicopathologic Conference enables the audience to think along with the discussant as he or she analyzes a patient's history and makes predictions about the underlying cause of illness.

This year, the principal discussant was Marley Collins, M.D. '93, who came to Rush from the University of Illinois at Champaign. Marley, a member of Alpha Omega Alpha, is now a resident in obstetrics and gynecology at the University of Michigan at Ann Arbor. She was assisted by Jill Zurawski, M.D. '93, a graduate of Knox College who is also a member of Alpha Omega Alpha. Jill is doing a residency in obstetrics and gynecology at the University of Cincinnati Medical College. Cathy Boyle, M.D. '93, presented the radiology findings for this year's case. She is now practicing

radiology at The University of Chicago. Sunanda Kane, M.D. '93, who presented the pathology findings on the case, has joined the Department of Internal Medicine at Rush.

The patient under discussion was a 24-year-old woman who complained of a blistering skin rash on her cheeks, and aching joints. A diagnosis of lupus erythematosus was made. Marley discussed the sometimes-difficult diagnostic criteria for lupus and concluded that the combination of malar rash, aching joints, positive ANA, positive SSA and SSB, and positive rheumatoid factor made for a diagnosis of definite systemic lupus.

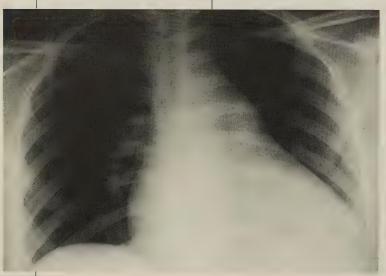
The patient was treated with steroids and her skin and joints became better, but she developed progressively severe chronic dyspnea. A physical examination of her chest and a chest X-ray showed normal results. Lung function studies showed a forced ventilatory capacity of 58 percent of the predicted capacity, and her FEV1 was 61 percent of predicted. Blood gases showed a pH of 7.47, pO<sub>2</sub> of 70, pCO<sub>2</sub> of 31, HCO<sub>3</sub> of 22.4, FIO<sub>2</sub> of 21.

One month later, the woman was even more breathless. Helium dilution studies showed that her lung volume was 2.5L (53 percent of predicted) and that her FRC was 1.251 (48

percent of predicted), but the diffusion capacity, corrected for volume, was 92 percent. An exercise test was started, but was terminated because the woman's oxygen saturation, as measured by ear oximetry, fell from 92 to 78 percent.

Here, Marley discussed the potential causes of hypoxemia in such a patient. Physiologically, there are three possible mechanisms: alveolar hypoventilation, diffusion abnormalities and ventilation/perfusion mismatch. Alveolar hypoventilation usually involves a normal A/A gradient, whereas this patient had a calculated gradient of 44. Diseases that cause a diffusion abnormality usually involve an abnormal chest X-ray, and this patient's diffusion capacity, corrected for volume, was not significantly impaired. Ventilation/perfusion (V/O) mismatch occurs when ventilation is compromised in an area of the lung that is still perfused, or when there is an anatomical shunt of blood from the right side of the heart, past the alveoli. Shunts may occur within the heart as with a septal defect, or within the lungs as a result of pulmonary embolization.

Another diagnostic approach was to consider the possible pulmonary complications of lupus erythematosus. Pleural involvement is common but this patient showed no signs of



Chest X-ray, taken late in the patient's illness, shows the enlargement of the heart, prominent pulmonary artery and mildly hypovascular lung fields.

such disease. Sometimes lupus involves progressive elevation of the diaphragm with diminished ventilation, a condition known as shrinking lung disease. Intrapulmonary problems associated with lupus may include lupus pneumonitis; vasculitis involving the pulmonary vessels; emboli exacerbated by the pressure of

A 24-year-old woman who complained of a blistering skin rash on her cheeks, and aching joints was the patient.

anticardiolipin antibody: secondary infection, especially in someone on corticosteroid therapy; pseudo-lymphoma; or primary pulmonary hypertension. The chest X-ray showed no evidence of pleural or diaphragmatic disease. Lupus pneumonitis usually presents as an acute illness with fever and raised white count, and pseudolymphoma usually shows an infiltrate on X-ray. The patient showed no abnormality in coagulation studies. There was no evidence of renal failure or glomerular disease, making vasculitis unlikely.

Jill Zurawski gave a brief overview of the techniques and value of exercise testing in this situation. The most important findings from exercise testing on this patient were the rapid desaturation that terminated the test and the fact that her tidal volume to dead-space ratio did not change. This combination of events suggested a microvascular disease with intrapulmonic shunting. The patient's resting values suggested a restrictive pattern and though this is usually seen in diffuse fibrosis, it can also be seen in pulmonary hypertension.

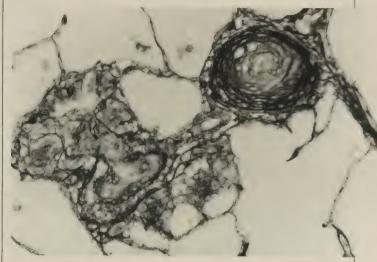
In her summary, Marley concluded that the patient showed a V/Q mismatch, possibly due to shunting which might be the result of intrapulmonic microvascular disease or, less likely, due to an intracardiac shunt. Resolution of these possible explanations would require cardiac catheterization, pulmonary arteriography, or a lung biopsy.

The patient's clinical condition continued to worsen. One month later, she was breathless during rest, had lost 10 pounds and had suffered two episodes of post-exertional syncope. Physical examination showed normal breathing sounds. The heart showed a pronounced parasternal heave, a split S2 and an S4, audible at the L-sternal edge. ECG showed right ventricular hypertrophy and a chest X-ray showed a widened heart silhouette, but the lung fields were pleural and diaphragms were normal.

Cardiac catheterization was performed. This showed the woman had a peak pulmonary pressure of 50 mm of Hg. Echocardiogram showed



Participants at the 12th annual Clinicopathologic Conference were (left to right) Catherine Boyle, M.D. '93, Jill Zurawski, M.D. '93, Marley Collins, M.D. '93, and Sunanda Kane, M.D. '93.



Pulmonary artery at autopsy shows virtual occlusion of the lumen by endothelial profliferation and an adjacent plexiform lesion.

dilatation of the R atrium with distortion of the interatrial septum, but there were no signs of septal defects or intracardiac shunts. Doppler showed evidence of mild tricuspid regurgitation. Blood gases on room air showed pH of 7.6, pO<sub>2</sub> 46, pCO<sub>2</sub> 17. The woman's symptoms improved when she was placed on oxygen.

Cathy Boyle then showed the chest X-ray and pointed out the enlarged heart, prominent pulmonary artery, and clear—possibly even hypovascular—lung fields.

Next, Marley discussed the potential causes of pulmonary hypertension in the patient and concluded that the most likely explanations were primary pulmonary hypertension or, possibly, multiple pulmonary emboli without infarction. It seemed unlikely that she had an intracardiac or major vessel shunt, interstitial fibrosis, or lupus vasculitis.

The patient underwent two further procedures—a high resolution tomogram and pulmonary angiography. These studies were done to exclude the possibility of interstitial disease and pulmonary embolization, respectively. Marley predicted that these tests would both be negative and that the patient had primary pulmonary hypertension.

If a lung biopsy were performed, Marley predicted

that the arteries would show endothelial proliferation and, possibly, fibrinoid necrosis, with dilatation thrombosis and recanalization of thin-walled shunt channels between the pulmonary and bronchial circulation, known as plexogenic vasculopathy. This disease occurs most commonly in young adult women, about 20 percent of whom have ANA or rheumatoid factor antibodies present in their blood. About 80 percent of patients with lupus erythematosus and pulmonary hypertension have primary plexogenic disease.

Sunanda Kane told the audience that the studies had, indeed, showed no abnormality. Unfortunately, the patient died shortly after these final tests. An autopsy was performed. This revealed no morphological signs of lupus erythematosus in any organ. The heart showed marked right ventricular dilatation and the foramen ovale was probe patent. The lungs appeared macroscopically normal but, on microscopy, the small pulmonary vessels showed all of the changes predicted by Marley with the exception of fibrinoid necrosis. The final diagnosis, therefore, was primary plexogenic pulmonary hypertension, occurring in a patient with disseminated lupus erythematosus. RR

# **The Match Game**Another Successful Year of Residency Placements

ith shouts of joy, Rush students celebrated their accomplishments during the traditional envelope-opening Match Day ceremony on March 17.

This year, 70 out of 107 fourth-year seniors who participated in the National Residency Matching Program received their first choice of specialty and location. Eighty-five percent were placed in one of their top three programs.

Of the 60 graduates who matched in Illinois programs, 25 have entered residencies at Rush. Forty-seven students matched with out-of-state institutions.

Members of the class of 1993 are listed below.

#### **Nadim Akhter**

Internal Medicine Rush-Presbyterian-St. Luke's

#### Michelle Bardack

Family Practice St. Paul-Ramsey Medical Center

#### Stephanie Berman-Baker

Pediatrics Rush-Presbyterian-St. Luke's

#### Catherine Boyle

Diagnostic Radiology University of Chicago Hospitals

#### **Amy Brenski**

Surgery (preliminary) Rush-Presbyterian-St. Luke's Otolaryngology Rush-Presbyterian-St. Luke's

#### **Mark Brown**

Internal Medicine (preliminary)
Kaiser Permanente Medical
Center, SF
Anesthesiology
UCLA Medical Center



Commencement is a happy time for Carissa Buenvenida, M.D. '93.

#### Carissa Buenvenida

Internal Medicine Rush-Presbyterian-St. Luke's

#### Lee Burnside

Internal Medicine McGraw Medical Center Northwestern University

#### **Anne Cardwell**

Internal Medicine (preliminary) Rush-Presbyterian-St. Luke's Diagnostic Radiology Rush-Presbyterian-St. Luke's

#### Grace Cavallaro ('92)

Pediatrics Rush-Presbyterian-St. Luke's

#### Sarah Chamlin

Pediatrics Children's Memorial Hospital

#### **David Choi**

Internal Medicine University of California Irvine Medical Center

#### Lisa Chorzempa

Obstetrics/Gynecology University of Chicago Hospitals

#### David Cline

Medicine/Pediatrics Duke University Medical Center

#### **Marley Collins**

Obstetrics/Gynecology University of Michigan Hospitals

#### Stephen Copen

Internal Medicine USC Medical Center

#### John Dacanay

Obstetrics/Gynecology Cook County Hospital

#### **Caroline Dennis**

Internal Medicine (preliminary) University of California, San Diego Anesthesiology University of California, San Diego

#### Al Dovi

Psychiatry Loyola University Medical Center

#### **Claudine Dutaret**

Transitional Highland General Hospital, CA Neurology University of California, Davis

#### **Gale England**

Surgery McGaw Medical Center Northwestern University

#### **Katherine Facklis**

Surgery Cedars-Sinai Medical Center



Robert Thomson, M.D. '93, receives a congratulatory kiss from his wife, Lucy Hodder, after commencement

#### **Jeffrey Farbman**

Transitional West Suburban Hospital Neurology University of Chicago Hospitals

#### **Edward Farhangi**

Internal Medicine (preliminary) Albany Medical Center Hospital Radiation Oncology University of Chicago Hospitals

#### **Roberto Ferraro**

Surgery (preliminary) Duke University Medical Center Urology Duke University Medical Center

#### **Andreas Fischer**

Orthopaedic Surgery Rush-Presbyterian-St. Luke's

#### **Gretchen Flaherty**

Pediatrics Loyola University Medical Center

#### **Cynthia Floore**

Family Practice St. Catherine's Hospital, WI

#### **Lillian Foca**

Internal Medicine Loyola University Medical Center

#### Carla Fracchia

Obstetrics/Gynecology Oregon Health Sciences University Hospital

#### **Douglas French**

Emergency Medicine Harbor-UCLA Medical Center

#### John Gaskill

Transitional Resurrection Medical Center Emergency Medicine Cook County Hospital

#### **Nancy Ghanayem**

Pediatrics Medical College of Wisconsin Affiliated Hospitals

#### **Thomas Gleason**

Surgery University of Virginia

#### Jeongsook Gleckman

Pediatrics Children's Hospital of Orange County, CA

#### **Mitchell Gold**

Urology University of Washington Affiliates

#### **Chistopher Gong**

Surgery Saginaw Cooperative Hospitals

#### Patricia Hantsch

Internal Medicine (preliminary)
St. Joseph Hospital &
Health Care Center
Physical Medicine & Rehabilitation
Medical College of Wisconsin
Affiliated Hospitals

#### Kenneth Haves

Internal Medicine Rush-Presbyterian-St. Luke's

#### **Colleen Heniff**

Family Practice MacNeal Hospital

#### **Thomas Heniff**

Emergency Medicine Methodist Hospital, IN

#### **Christine Jerrett**

Family Practice West Suburban Hospital

#### Robert June

Transitional MacNeal Hospital Emergency Medicine Cook County Hospital

#### Sunanda Kane

Internal Medicine Rush-Presbyterian-St. Luke's

#### Adam Kelman

Internal Medicine Mt. Sinai Hospital, NY

#### Julia Kim

Internal Medicine McGaw Medical Center Northwestern University Julia Kogan

Internal Medicine Rush-Presbyterian-St. Luke's

Reena Koshy

Family Practice Providence Family Medical Center, WA

**Eugene Kuc** 

Family Practice Cook County Hospital

Teri Kyrouac

Pediatrics Keesler Air Force Base, MS

**Ann LaBarge** 

Obstetrics/Gynecology Lutheran General Hospital

**Stacie Laff** 

Pediatrics St. Louis Children's Hospital

**Penny Lawin** 

Orthopaedic Surgery Rush-Presbyterian-St. Luke's

**Eric Lawitz** 

Internal Medicine Brooke Army Medical Center, TX

**Choongkoon Jane Lee** 

Internal Medicine (preliminary) Rush-Presbyterian-St. Luke's

Leewen Liu

Internal Medicine (primary) Santa Clara Valley Medical Center

**Barbara Loris** 

Surgery Medical College of Wisconsin Affiliated Hospitals

**Margaret Lowery** 

Medicine/Pediatrics University of Minnesota Hospital & Clinics

Alan Luke

Obstetrics/Gynecology Rush-Presbyterian-St. Luke's

**Steven Lyons** 

Orthopaedic Surgery Wayne State University

Claudette Macklin ('92)

Internal Medicine Rush-Presbyterian-St. Luke's

**Mary Maish** 

Surgery (preliminary) Rush-Presbyterian-St. Luke's

Michele McGould

Obstetrics/Gynecology University of California Irvine Medical Center

Sahana Misra

Psychiatry Rush-Presbyterian-St. Luke's

**Arden Morris** 

Surgery (preliminary) Oregon Health Sciences University Hospital

John Musa

Internal Medicine Travis Air Force Base, CA

**Julia Nyquist** 

Internal Medicine (preliminary) University of California San Francisco, Fresno **Osaretin Oronsave** 

Obstetrics/Gynecology University of Illinois College of Medicine

Roxanne Palella-Kobler

Psychiatry Rush-Presbyterian-St. Luke's

Efthymia Papazoglou

Family Practice Hinsdale Hospital

**Jungsin Josie Park** 

Internal Medicine (preliminary)
St. Joseph Hospital &
Health Care Center
Diagnostic Radiology
University of Illinois
College of Medicine

Claudia Peano

Internal Medicine Rush-Presbyterian-St. Luke's

Jennifer Petersen-Goldspiel

Internal Medicine Rush-Presbyterian-St. Luke's

**Joseph Pigato** 

Surgery (preliminary) Rush-Presbyterian-St. Luke's

Jennifer Plotkin

Emergency Medicine University of Illinois College of Medicine

**Randall Porter** 

Neurosurgery Barrow Neurological Institute, AZ

Sarah Pressman

Internal Medicine McGaw Medical Center Northwestern University

**Susan Quigley** 

Pediatrics Medical College of Ohio

Gary Radner

Diagnostic Radiology Medical Center of Delaware

**Edwidge Raoul** 

Internal Medicine (preliminary) Roosevelt Hospital Physical Medicine & Rehabilitation New York University Medical Center

Michelle Rejman

Family Practice West Suburban Hospital

Ligia Rioja

Internal Medicine (preliminary) St. Francis Hospital, Evanston Neurology Henry Ford Hospital

Dalia Rizkalla

Internal Medicine (preliminary) University of California Irvine Medical Center Anesthesiology Harbor-UCLA Medical Center

**David Robinson** 

Surgery Michigan State University

Karen Zorek, M.D. '93, Thomas Heniff, M.D. '93, and Nancy Ghanayem, M.D. '93, (left to right) share some time together before commencement. Louis Roser

Family Practice Tacoma Family Medicine, WA

Fred Rothenberger

Transitional MacNeal Hospital Emergency Medicine Cook County Hospital

**Blair Rowitz** 

Surgery Allegheny General Hospital, PA

Julie Rubin

Family Practice Rush-Presbyterian-St. Luke's

**Rodney Schainis** 

Internal Medicine Rush-Presbyterian-St. Luke's

**Megan Shanks** 

Internal Medicine (preliminary)
Evanston Hospital
Neurology
University of California,
San Diego

Frank Shin

Internal Medicine Cedars-Sinai Medical Center

**Robert Silvers** 

Transitional St. Francis Hospital, Evanston Diagnostic Radiology Rush-Presbyterian-St. Luke's

Lori Skallerud

Pediatrics University of Minnesota Hospital & Clinics

**David Steiner** 

Internal Medicine (preliminary) Rush-Presbyterian-St. Luke's Neurology Albert Einstein School of Medicine

Steven Sun

Orthopaedic Surgery Jackson Memorial Hospital, FL

**Melanie Swiersz** 

Emergency Medicine Methodist Hospital, IN

Debra Szeluga

Internal Medicine (preliminary) University of Maryland Anesthesiology Johns Hopkins Hospital

Catherine Taylor

**Brian Thomas** 

Surgery (preliminary) Rush-Presbyterian-St. Luke's

Neurology University of Iowa



Internal Medicine Georgetown University Hospital, DC

**Robert Thomson** 

Internal Medicine
Dartmouth-Hitchcock
Medical Center

**Paul Tortoriello** 

Pediatrics Loyola University Medical Center

**Doris Tran** 

Family Practice University of Minnesota Hospital & Clinics

Ramon Villanueva

Emergency Medicine EHS Christ Hospital & Medical Center

**Gail Waitley** 

Internal Medicine Rush-Presbyterian-St. Luke's

Stephanie Wastalu

Medicine/Pediatrics University of Tennessee College of Medicine

Joel Weiner

Internal Medicine Evanston Hospital

**Julie Werton** 

Internal Medicine Lutheran General Hospital

**Keith Wexler** 

Transitional
St. Francis Hospital, Evanston
Diagnostic Radiology
University of Illinois
College of Medicine

Catherine Wilbert

Obstetrics/Gynecology Cook County Hospital

Lawrence Wilkin

Internal Medicine (preliminary) Rush-Presbyterian-St. Luke's Neurology Rush-Presbyterian-St. Luke's

Karen Zorek

Jill Zurawski

Pediatrics Medical College of Wisconsin Affiliated Hospitals

Obstetrics/Gynecology University of Cincinnati Hospital



# Nomen in Medicine

By Michael Bullington, M.S., C.A. Assistant Archivist hile the opportunities for women to study medicine today are unlimited, history tells us this was not always the case. In the 19th century, Rush, like most medical schools, prohibited women from enrolling as students. Restrictions placed on women reflected Victorian values and attitudes toward women in that era.

Medical school faculties rationalized their decision based on the assumption that females were mentally and physically inferior to males. This, combined with the belief that dissection was unladylike, disqualified women from becoming physicians.

Rush, however, did strive to forge new ground. During the 1851-1852 session, Emily Blackwell began studying medicine at Rush, perhaps at the suggestion of her physiciansister, Elizabeth Blackwell, M.D.

Elizabeth, the country's first female medical school graduate, earned her degree from New York State's Geneva Medical College in 1849. Emily, however, was forced to abandon her studies in 1852 when the Illinois State Medical Society censured Rush for impropriety in admitting women. In 1854, Emily graduated from the Cleveland Medical College of

the Western

Reserve University.
Not surprisingly,
the Blackwell episode is
not chronicled in faculty
meeting minutes contained in
the Secretary's Book, one of the
few surviving pre-Chicago fire
documents contained in Rush's
Archives. What is recorded is
the swift and decisive action
taken by the faculty on the
next application from a woman.

Owen Thomas, M.D., applied to Rush for the 1853-1854 session to supplement his medical education. In addition to turning in his application, Dr. Thomas submitted one on behalf of his wife. Upon receipt of the application, the faculty unanimously passed a resolution which would allow Dr. Thomas to enroll, but not his wife. It further stated that females would not be allowed to enroll in the future. With

the passage of the resolution, it was evident that Rush would not become coeducational anytime soon.

Fifteen years later, in 1868, the issue of accepting women students surfaced again when

James Van Zandt
Blaney, M.D.,
presented the
application of
Mary Harris
Thompson,
M.D., to the
faculty. A
graduate of the
Woman's Medical
College of
Philadelphia, circa

1860, Dr. Thompson sought to take classes during the term. Rather than accepting her, the faculty simply recorded the receipt of Dr. Thompson's application. Dr. Thompson went on to establish a hospital for indigent women and children in 1865. The hospital, which stood for many years at Ashland and Adams streets on the Near West Side, closed a few years ago.

Despite this setback, women were encouraged to enroll in the Chicago Medical School by faculty member William H. Byford, M.D. In 1870, when the male students rebelled against including women, Dr. Byford successfully lobbied for the formation of the Woman's

Inset: Emily Blackwell, M.D.

RUSH MEDICAL COLLEGE,
medical Superfuent of Labs Forest University.
CHICAGO.

APPLICATION FOR ADMISSION.

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Hospital Medical College. In 1892, the college became affiliated with Northwestern University as a medical school solely for women. This college closed in 1902 when Northwestern became coeducational.

In early 1898 when earnest discussions about affiliating with the coeducational University of Chicago were underway, the debate over whether to allow women students at Rush was rekindled. During a meeting held in

By 1917, 68 women had graduated from Rush—before many medical schools, including Harvard, which didn't begin admitting women until 1945.

March of that year, the Rush faculty "...recommended to the Board of Trustees that women here after be admitted to the college equally with men." Without making a decision, the Board of Trustees referred the question back to the faculty where the decision was made to let the current policy remain.

In June 1899, the trustees received a petition from eight women requesting admission to Rush. The Board of Trustees responded that "...under the rules of the college they (are) not eligible."

In April 1901, the position of the trustees began to soften. They decided women could register at Rush Medical College for the first two years of study, provided that coursework was done at The University of Chicago.

At a special meeting on January 23, 1902, Rush Medical College faculty voted 17 to 10 to recommend that the trustees allow women to enroll as juniors and seniors at Rush during the 1903 summer quarter. Later that same day, the trustees voted to approve the action of the faculty.

In 1903, Rush's senior class consisted of 258 students—11 of whom were women. Nine of the 11 would go on to receive their medical degree from Rush. A milestone had been reached.

Little is known of these pioneers except those who remained in Chicago to practice. These physicians included Victoria C. Bergstrom, M.D., Josephine Agnes Jackson, M.D., Sara Ann Janson, M.D., Ruth Tunnicliff, M.D., and Otillie Zelezny-Baumrucker, M.D.

Dr. Bergstrom practiced medicine for more than 60 years on State Street in Chicago's Loop. She listed her specialty as "general practitioner-pediatrics" in the 1963 Alumni Directory.

Another interesting member of this first class of women graduates was Dr. Jackson. She had previously earned a medical degree in 1896 from Northwestern University Woman's Medical School. She continued to practice medicine while pursuing studies at Rush. Following her graduation, she joined the Rush faculty as

an Assistant Professor
in Diseases of the
Chest, Throat and
Nose. She later
specialized in
neurology in
Pasadena,
California.
Dr. Janson, an

Assistant Professor in Dermatology and Gynecology, was also appointed to the Rush faculty. In 1968, she was profiled in the Alumni Association of Rush Medical College Bulletin. At age

95, Dr. Janson was still seeing patients in her Chicago apartment. "There are three things that are worthwhile," she said in her prescription for longevity and vigor. "The first is a physique that will

you have to eat the right foods, live the right way, get

plenty of
exercise and
plenty of sleep.
"Then you
must graduate
from college. A
college degree is your

entree to the world's best. Finally, you mustn't neglect the spiritual concept of your life. How many times have you prayed your own prayer to your own God?"

Another 1903 graduate, Dr. Tunnicliff received her A.B. degree from Vassar College in 1896. She did research in bacteriology and immunology at the John McCormick Institute for Infectious Diseases—the present-day Hektoen Institute located at Wood and Harrison streets. A member of numerous scientific societies, Dr. Tunnicliff published several

Born in the Bohemia province of the former Austria-Hungary empire, Dr. Zelezny-Baumrucker was a general practitioner who was on the staff at Mary Thompson Hospital. She was a member of the Medical Woman's Club of Chicago, founded in 1901.

research articles.

By 1917, 68 women had graduated from

Rush—before many medical schools, including Harvard, which didn't begin admitting women until 1945. While more women sought out the opportunity to become

doctors, doors continued to be closed to all but a select few. Earle Gray, M.D. '29, Acting Dean, Rush Medical College, confirmed this in a 1941 letter to a female student.

"...Opportunities in medical education are not numerous," wrote Dr. Gray, just months before the closing of Rush in 1942. "Competition is keen and openings are few. A great many of the medical schools do not accept women medical students at all."

This attitude slowly began to change, but it wasn't until the feminist movement of the early 1970s that opportunities for women in medical school increased substantially. Since the college was reactivated in 1969, 715 female physicians have graduated from Rush.

Of the 126 U.S. medical schools, Rush ranks third in the total percentage of women enrolled in all four classes. The entering class of 1993 consists of 67 women and 53 men. Thanks, in part, to the aspiring women physicians of the early 1900s, women in the medical profession are no longer unusual.



Amy Brenski, M.D. '93, was one of 65 women to graduate from Rush Medical College this year.

Inset at bottom, left: Sara A. Janson, M.D. Inset at top, center: Ruth Tunnicliff, M.D.

# Rush Awarded \$7 Million Grant for Alzheimer's Study



The Center for Research on Health and Aging at the Medical Center has received a \$7 million grant from the National Institute of Aging of the National Institutes of Health. The grant will fund a five-year community-based study to identify factors that may influence a person's risk of developing Alzheimer's disease.

Denis Evans, M.D., director of the center at Rush, will head the project. Researchers will interview 10,000 residents, age 65 and older, in three racially mixed communities—Morgan Park, Beverly, and Washington Heights on Chicago's South Side.

Rush researchers will build on a previous study of elderly residents in East Boston, Massachusetts, which was conducted by Dr. Evans in the late 1980s. That study found that more people develop Alzheimer's disease than medical professionals had first believed.

# Department Chairmen Appointed

Two new department chairs have been appointed at Rush Medical College.

Virendra S. Saxena, M.D., was named chairman of the Department of Therapeutic Radiology. Dr. Saxena is the former chairman of the Department of Radiation Oncology at EHS Christ Hospital and Medical Center, a department he established in 1976. In 1976, he also became program director for the Rush-Christ residency program in therapeutic radiology—a role in which he has served for the past 17 years.

Dr. Saxena came to Presbyterian-St. Luke's Hospital in 1967 as an associate attending physician and assistant professor of therapeutic radiology at Rush Medical College.

Asrar B. Malik, Ph.D., was appointed professor and chairman of the Department of Pharmacology. Dr. Malik was also named associate dean of Rush Medical College.

Prior to joining Rush's faculty, Dr. Malik was a professor of physiology and cell biology at the Albany Medical College of Union University in Albany, New York. He also was a professor of biomedical sciences at the School of Public Health Sciences of State University of New York in Albany and an adjunct professor of biomedical engineering with Rensselaer Polytechnic Institute in Troy, New York.

### **Rush Board of Trustees Names New Members**



Richard H. Brown



Ronald J. Gidwitz



Richard E. Melcher, M.D.



Ronald L. DeWald, M.D.

Four new members were elected to the Medical
Center's Board of Trustees in June. They are Richard H.
Brown, president and CEO of Illinois Bell and vice chairman of the Board of Directors for

In addition to Ameritech, Brown's directorships include the Institute for Illinois and the Chicago Central Area Committee. Gidwitz is a director with American National Can and Burnham Development Company.

A geriatric medicine specialist, Dr. Melcher's practice is in Augusta, Georgia. On the Rush medical staff since 1969, Dr. DeWald is a professor of orthopedic surgery and chief of the section of spinal surgery at the Medical Center.

Ameritech; Ronald J. Gidwitz,

president and CEO of Helene

E. Melcher, M.D. '75, newly

Curtis Industries, Inc.; Richard

## **Rare Quadruple Transplant Operation Performed**



A Peoria, Illinois woman underwent a rare quadruple transplant operation at Rush on March 5. Marilyn Hills, 58, received a new liver, pancreas and parts of the small intestine and stomach.

Hills suffered from leiomyosarcoma, a cancer of the soft tissue of the abdomen. A malignant tumor was attached to her liver, pancreas and small bowel, constricting blood flow and making removal of just the tumor impossible.

In a 17-hour operation directed by James W. Williams, M.D., the Jack Fraser Smith Professor of Surgery and director of the Liver Transplantation Program, surgeons removed the tumor from Hills' abdomen and transplanted the new organs.

Hills was released from the hospital on May 26, only 11 1/2 weeks after surgery. As of early September, she had gained 20 pounds and no longer received IV feedings at night.

Marilyn Hills, of Peoria, Illinois, leaves Rush on May 26 with her husband, Bob, and her daughter, Mary Lou Delicath, after a rare four-organ transplant. Transplant team member Lawrence McChesney, M.D., says goodbye.

## **Health Plans Merger Finalized**

Rush and Prudential have entered an agreement joining Rush Health Plans—Rush Anchor HMO, Rush Access HMO and Rush Contract Care PPO—and The Prudential Insurance Company of America's PruCare HMO and PruCare Plus. The new enterprise, which became

effective August 1, has created one of the largest managedcare delivery systems in the Chicago area.

The newly named Rush Prudential Health Plans will provide service to 365,000 members—200,000 from the old Rush Health Plans and 165,000 from The Prudential.

## Rush and Synergon Health System Enter Joint Venture

A joint venture agreement announced in July makes Rush a third and equal member in Synergon Health System, Oak Park, Illinois.

Synergon was formed in 1990 by WFSI-Illinois, a regional holding company of Wheaton Franciscan Services, Inc., and Westlake Health System. Synergon health provider organizations include Oak Park Hospital, Oak Park; Westlake Community Hospital, Melrose Park; Westlake Pavilion, Franklin Park; and Community Nursing Service West, Oak Park.

Via the new relationship, Synergon will participate in a health care network with Rush for the Chicago metropolitan and western suburban areas.

# Happy Homecoming: After 18 Years, Grad Reunited with Father

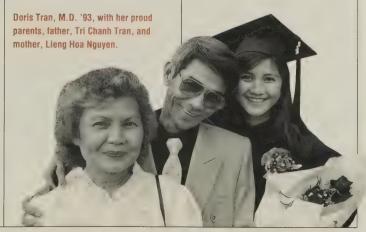
Two dreams came true on June 12 for graduating medical student **Doris Tran. M.D. '93.** 

Not only was she awarded a doctor of medicine degree, but her father, Tri Chanh Tran, whom she had not seen in 18 years, was there to share in her accomplishment. Tran was reunited with his family in late May after spending 17 years as a political prisoner in Vietnam.

Their story began in April 1975 when the city of Saigon fell to the North Vietnamese. The Tran family became separated when Doris, her mother, sister and brother

boarded a truck that would take them to an airstrip outside of Saigon. The family was told that Tri Chanh would join them in a few days, but that never happened. Tri Chanh, a former major in the South Vietnamese Army, was detained and eventually spent 17 years working in Vietnam prison camps.

Doris was one of 349 students who graduated during the 21st annual Rush University commencement. Since the University's founding in 1972, more than 6,000 students have earned higher degrees.



# Interests Pave 'Logical' Path to Joy and Success

By Sue Jeantheau

Sixty years ago, in the summer of 1933, the Chicago World's Fair opened. A talented 21-year-old man spent the summer making five-minute portrait sketches for a dollar and caricatures for five dollars. Though on scholarship to attend Rush Medical College, the soon-to-be freshman used his hobby to help pay for his books.

"I knew I wasn't Michelangelo," says Harold Laufman, M.D. '37, Ph.D. "But I knew I was a good craftsman. And no matter what was needed, I could make it."

At 81, Dr. Laufman still sketches. He drew caricatures of former professors and lots of laughs during this year's Alumni Association banquet, at which he was named Distinguished Alumnus of 1993.

He may not be Michelangelo, but Harold Laufman is a Renaissance man. His childhood loves—art and music—are now his beloved hobbies.

But lifting his pen and his violin's bow have also provided balance to a career that includes 40 years as a pioneer vascular surgeon and researcher, and more than 15 years as a consultant in the planning, equipping and operating of healthcare facilities.

"My parents always believed in going with the strengths and developing them," says Dr. Laufman. "I happened to have talent in art and music. But I also had a very deep interest in the sciences.

"I've always had a very high level of inquisitiveness as well. I couldn't wait to look through the microscope to see what was happening on the other side."

Viewing an operation from the gallery of the Rush amphitheater sparked Dr. Laufman's interest in surgery. After graduating from the medical college in 1937, he completed postgraduate training in surgery at Northwestern University Medical School. Though he practiced and mastered the skills of a surgeon, much of Dr. Laufman's time training was devoted—with joy—to research.

"My definition of research is organizing and quantifying the imagination. Before you can do research, you have to imagine what might happen," he says. "When one runs into a void where there are no answers, you have to devise some kind of experiment to show a solution. Sometimes it's successful."

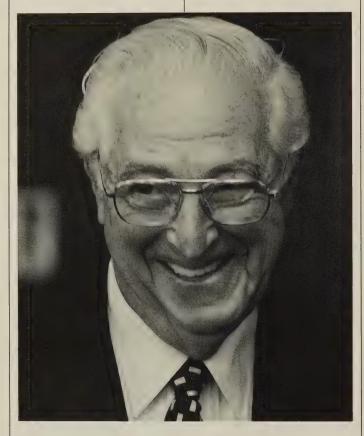
And in characteristic Laufman fashion, if something was needed to fill a void, he could make it, or at least could pursue studies to learn how to make it.

"I knew I wasn't Michelangelo. But I knew I was a good craftsman. And no matter what was needed, I could make it."

Harold Laufman, M.D. '37, Ph.D.

"I was doing micrometric measurements on small blood vessels. Yet, I had no equipment to provide a constant temperature bath for the mesenteric circulation in a living animal," he says. "I knew very little about how to design equipment, so I took courses in mechanical engineering at Northwestern."

Dr. Laufman's persistence to learn served him well. In his years on Northwestern's faculty, from 1940 to 1965, he made significant contributions





The distinguished alumnus of 1987, Leonidas H. Berry, M.D. '30, congratulates the distinguished alumnus of 1993, Harold Laufman, M.D. '37, Ph.D., at the Alumni Association banquet.

to the published research on the physiology of vascular occlusions, esophageal varices, hypothermia, intestinal strangulation obstruction and surgical infections.

Yet with all his success in the science of medicine, Dr. Laufman never lost sight of practicing the art of medicine.

"He has been a surgeon of conscience who served his fellow humankind with compassion and dignity," said longtime friend and fellow alumnus Leonidas H. Berry, M.D. '30, in his introduction at the Alumni Association banquet.

"When I complimented his holistic and cooperative approach to patient care," said Dr. Berry, "he responded, 'Doctor, primarily I regard myself as a biophysiologist with human concerns for people. I only do surgery to make a living."

In 1965, Dr. Laufman accepted an appointment in the department of surgery at Montefiore Medical Center in New York, where he established the Institute for Surgical Studies and took up a new research interest—the surgical environment.

"Much of my time as a surgeon was spent wondering why a surgeon's life couldn't be made a lot easier in the operating room," says Dr. Laufman. "If you had to grab your right ear with your left hand and go around corners to

do something because of poor design, the risks were greater."

To better understand the principles of design, Dr. Laufman studied architecture at the Columbia University School of Architecture. Though he never earned a degree, he taught surgical architecture at the school for 14 years.

Architecture students who would design the country's future operating rooms benefitted from Dr. Laufman's programs at the Institute for Surgical Studies, which meshed his interests in experimental surgery and architecture. The institute also provided the foundation for him to pursue answers to his own concerns.

"Many of the obstacles to efficiency in the operating room were due to poor design, poor systems, inadequately trained personnel and poor maintenance of instrumentation," says Dr. Laufman.

A lack of codes and standards for these facilities added to the inefficiency, he says.

"In those days, the Joint Commission never evaluated operating rooms," he says. "They'd come around for periodic examinations, and the

> **Etching of Hebrew-Arab money** changer in Tunisia, created by Dr. Laufman in 1943

administrator would say, 'Through these doors is the operating room.' The examiner would nod his head and walk on to look for fire doors and things. He had no idea what went on behind those doors."

Dr. Laufman was also concerned about the rapid development of technology, which seemed to take precedence over planning a well-run surgical facility.

"I coined a phrase—'Elegant solutions to irrelevant problems.' Many of these 'gee whiz' surgical instruments and devices were developed without the right input. The analysis of the needs wasn't done beforehand," he says. "They were inventions seeking needs rather than the other way around."

For example, hospitals spent hundreds of thousands of dollars on laminar flow chambers for their operating rooms, to keep clean air in the room and limit the possibility of infection.

"One can trace perhaps two percent of surgical infections to being airborne, and that's in extreme circumstances," says Dr. Laufman, who presented his research findings at a meeting of the American Medical Association that showed the chambers were unnecessary if the air system was up to standards.

"I was labeled a 'hair shirt' to industry, which I enjoyed. because I knew I was right," he says.

improving operating room

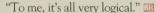
efficiency, Dr. Laufman designed a prototype operating room in 1969. His design was wellreceived and aided organizations such as the Occupational Safety and Health Administration in establishing codes and guidelines for surgical facilities and equipment.

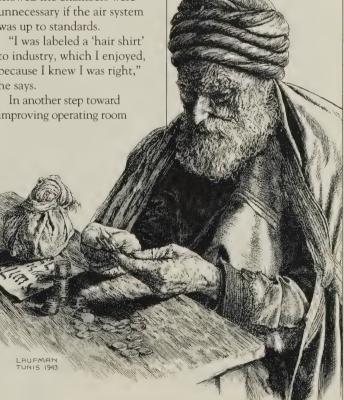
Dr. Laufman's expertise did not go unnoticed by hospitals, who soon invited him to evaluate their facilities. The free advice turned into a fulltime consulting business, HLA Systems-Harold Laufman Associates, Inc., which, since 1977, has found practical solutions to relevant problems for almost 300 hospitals in the United States, Canada and Europe.

"It's stimulating, and there's something different in every place," he says.

And perhaps, in his own way, he admits the same of his life.

"I had a life as a musician and artist. I had a life as a scientist. Since my retirement, I have a life as a planner, sort of a half-baked engineer/ architect, which brings me great joy," he says.





# Nighttime Doctor Aids Forgotten People

By Barbara Harfmann

t's a hot, humid night in mid-August and the streets of Chicago's Uptown neighborhood are brimming with activity from nighttime's forgotten people. Music pulsates from a boom box, as three young men smoking cigarettes hang out on the corner of Wilson and Magnolia. A drunk, schizophrenic woman screams obscenities at passersby in front of barred windows on a thrift store.



Andy Pavlatos, M.D. '86, who launched the health outreach program in 1989, gently treats Wayne's stasis ulcer.

Through wire-rimmed glasses, family physician Andrew M. Pavlatos, M.D. '86, calmly observes the chaos from his traveling "office"—a 31-foot motor home with "Night Ministry" printed on its sides. In this health outreach program he launched in 1989, Andy and a team of five volunteer physicians, nurses and ministers provide basic medical care and safe-sex counseling and education for streetwise teenagers, adults, runaways and prostitutes.

There's no plush waiting room, or fancy high tech equipment at this free clinic on wheels. The van is parked for two hours at a time, between 8 p.m. and 2 a.m., four nights a week within a 10-mile radius of three North Side locations.

On this balmy Tuesday night, people line up in front of the van, eagerly awaiting the peanut butter and jelly sandwiches and lemonade that the volunteers hand out.

Other van visitors request everything from bus tokens to toiletry items, while one youth living in a homeless shelter drops in "just to talk."

"These people are living on the edge. They need so many things—jobs, basic health care, clothes, a place to live. We can only provide so much," says Andy, who usually volunteers in the van one evening a week. "There are big holes in the system."

Leaning heavily on a crutch, 60-year-old Wayne hobbles into a sparse examination room at the rear of the van. As Andy gently removes gauze bandages, he discovers painful looking sores and dead skin on both of Wayne's legs. Wayne's right foot is swollen to twice its normal size, making walking painful.

"I see kids as young as 13, many from very 'Brady Bunch' environments, who have turned to drugs and prostitution to survive."

Andy Pavlatos, M.D. '86

It's clear to Andy that Wayne has a stasis ulcer, but he inquires about other medical problems. "Do you have diabetes? Have you had a blood sugar test?" he asks. Wayne says that he's not diabetic.

As Andy hands his patient three pairs of clean socks, he advises him to soak in a bathtub and to keep his legs elevated. "I can't do that," says Wayne, with a toothy grin. "I'm living in my car."

In his four years as medical director of the health outreach program, the street-savvy physician has seen and heard many sad stories. He recalls a young man with AIDS-dementia who was walking down a snowy street with no shoes. Then there's the 20-year-old expectant mother

"I tell them they've slept with everybody their partner has slept with. That seems to shock them."

living in a shelter with her three children. While caring for each patient's medical needs is important, Andy says education and prevention are the cornerstones of the Night Ministry program.

Andy doesn't mince words when he talks with his clients about the dangers of unprotected sex. "I tell them they've slept with everybody their partner has slept with," he says. "That seems to shock them.

"I see kids as young as 13, many from very 'Brady Bunch' environments, who have turned to drugs and prostitution to survive. The scary part is that they get paid more the riskier the sexual encounter

is," he says.

always takes

priority over

whether they'll

contract a sexually

transmitted disease

or AIDS. That's

"Money for a fix



The "Night Ministry" health van—which provides basic medical care and safe-sex counseling and education—is visited by more than 1,300 people annually.

why education is so important."

The down-to-earth physician overcomes the teens' brash 'I'm not afraid' attitude by establishing trust and talking candidly to them using a frank approach to sex education. He shows explicit safe-sex videotapes to them, passes out condoms and answers questions in a nonjudgmental manner. Two posters on the van also convey his safe-sex message.

"My boyfriend gave me
AIDS. I was worried about
getting pregnant,"
reads one stark
black-and-white
poster taped to a
brown paneled
wall in the
examination
room. "AIDS is a
killer. Protect
yourself." Another
poster of a man in a

rain slicker and boots simply proclaims, "Good boys always wear their rubbers."

The message is getting across. Last year, more than 1,300 people from virtually every ethnic group visited the health van. Some nights are more exciting than others. Gang members have sought refuge on the van. Once, when Andy was talking to a group of male hustlers, police raided the group. "I was flattered police thought I was one of them," he jokes.

Andy, though, is serious when he talks about his reasons for establishing the health outreach program. "I was frustrated that so many of my AIDS patients were dying," he says. "I had written over \$10,000 worth of prescriptions in a month, but it's sort of like buying fire insurance after the fire started. We need to reach people at risk before it's too late."

Doing medical outreach in Chicago comes naturally for the 34-year-old physician, who also maintains a family practice in two locations on the

Northwest Side. His easygoing, relaxed manner, along with extensive experience treating AIDS, has made him a sought-after physician with Chicago's HIV-infected community. Half of his private practice patients suffer from AIDS.

Andy says his style is sometimes perceived as unconventional. He insists that all his patients call him by his first name. He also shuns wearing a white coat in the office, preferring a denim shirt and casual blue slacks. In the summer months, he occasionally wears shorts on weekend patient rounds at St. Joseph Hospital and Health Center, where he is an attending physician.

The oldest of four children born and raised in a Greek-American household in Lincoln Square, Andy says he enjoys the diversity of his medical career.

"Many people, including my parents, often ask me, 'Why don't you get a 9 to 5 job taking care of little kids and people with arthritis? Why do you volunteer in rough neighborhoods late at night?' Why do you want to be labeled as an AIDS doctor?"

"I'm scared of complacency," he says. "I want to go to my Maker feeling like I really made a big splash—that I made a difference."

# **Awards Ceremony Honors Superior Performance**

ith proud family members applauding, more than 30 outstanding soon-to-be doctors received accolades during the 16th annual Rush Medical College Awards
Ceremony. Dean Roger C. Bone, M.D., presided over the festivities, held just a few hours before commencement on June 12. The students and their awards are listed below.

#### Alpha Omega Alpha Honor Medical Society

Undergraduate membership is extended to medical students who show promise of becoming leaders in the field of medicine. Members of the Rush Medical College Zeta Chapter are:

Anne Byrne Cardwell Lisa M. Chorzempa

- \* Marley Leona Collins
- \* Gale England Fitz Gretchen Anne Flaherty
- \*Carla Alexandria Fracchia
- \* Mitchell Howard Gold Thomas William Heniff Ann Marie LaBarge
- \* Stacie Sharon Laff
  Margaret Mary Lowery
  Steven Thomas Lyons
- \* Michele Marie McGould John Louis Musa
- \* Randall Williams Porter Louis Alan Roser Lori Michelle Roberts Skallerud
- \* Daniel Eric Welsh, 1967-1992 Jill Mary Zurawski
- \*Elected to membership as junior students

The American Medical Women's Association Scholarship and Achievement Citations, to senior medical students for outstanding scholarship and achievement: Catherine Marie Boyle, Marley Leona Collins, Stacie Sharon Laff, Barbara Dawn Loris, Margaret Mary Lowery, Jill Mary Zurawski

The Arthur Dean Bevan Award, to a senior medical student for clinical and academic excellence in surgery: Gale England Fitz

The Cardiology Prize, to a graduating student with the best performance in a cardiology elective course: *Joel Scott Weiner* 

The Ciba-Geigy Award, to a sophomore medical student for outstanding community service: *James John Tess* 

The Maynard M. Cohen Award, to a medical student who has demonstrated excellent achievement in neuroscience research: Michael Patrick Sullivan

The Department of Family Medicine Award, to a senior medical student for academic excellence in family medicine: Michelle Ann Bardack



David Soglin, M.D. '83, assistant professor of pediatrics, congratulates Stacie Laff, M.D. '93, for outstanding work in pediatrics.

The Nathan M. Freer Prize, to the outstanding senior medical student as voted by the faculty: Marley Leona Collins

The GATE Pharmaceuticals' Outstanding Student Award, to the senior medical student who has excelled in the study of obstetrics and gynecology as demonstrated by excellence in scholarship and concern for patients: Jill Mary Zurawski

The Janet M. Glasgow Memorial Award of the American Medical Women's Association, to the female student who graduates first in the class: Michele Marie McGould

The James B. Herrick Internal Medicine Award, to a senior medical student for outstanding achievement in internal medicine: *Jennifer Petersen*-Goldspiel

The Henry M. Lyman Memorial Prize, to a junior medical student for outstanding work as voted by the faculty: *Laurie Proia*  The Nephrology Award from the Muehrcke Family Foundation, to a senior medical student for outstanding achievement in the field of nephrology: David ChangSoo Choi

The David Jones Peck Award, to an outstanding senior minority student: Edwidge Livie Raoul

The Department of Pediatrics Award, to a senior medical student for outstanding achievement in the field of pediatrics: Stacie Sharon Laff

The Sandoz Award, to a senior medical student for outstanding achievement in the field of psychiatry: Roxanne M. Palella-Kobler

The James A. Schoenberger Prize in Preventive Medicine, for outstanding academic work in disease prevention and health promotion:

Nancy Suhare Ghanayem,
Susan H. Thompson

The Society for Academic Emergency Medicine Award, to a senior medical student for outstanding proficiency in emergency medicine as selected by the faculty: Thomas William Heniff

# PHILANTHROPY REPORT

# **Leadership Is Rx for Success**

e are entering a very exciting time for the Alumni Association. At the center of all the excitement are the core volunteers for the Association. Since the beginning of the new fiscal year, several changes have taken place among the volunteer ranks.

As of July 1, Thomas A. Deutsch, M.D. '79, has agreed to co-chair the Alumni Campaign, along with R. Joseph Olk, M.D. '75.

Richard E. Melcher, M.D. '75, succeeded Tom as the new president. Richard served as chairman of the Benjamin Rush Society for seven years.

Harold A. Kessler, M.D. '74, who previously chaired the Alumni Awards Committee, has been named president-elect of the Alumni Association.

Paul J. Jones, M.D. '83, is the new chairman of the Benjamin Rush Society. Paul had served as chairman of the Student Involvement Committee.

And, Steven Bines, M.D. '78, is chairing the Class Agent Network—a post formerly held by Henry I. Danko, M.D. '76, who is now chairman of the Alumni Awards Committee.

These changes will help intensify the Associaton's programs and fundraising



Benjamin Rush Society president Richard E. Melcher, M.D. '75, thanks Steven D. Bines, M.D. '78, for joining the Society.

efforts. The leadership of the Alumni Association continues to be a viable force especially when it comes to helping reach our philanthropic goals.

The following chart highlights the giving totals for the year. The numbers reflect,

once again, the success of the Alumni Association. We're grateful to our dedicated volunteers and the generous alumni who are committed to giving back to the College.

### Rush Medical College Alumni Philanthropy Progress Report

#### **Summary of Gifts and Pledges by Source**

7/1/91 - 6/30/92 12 Months 7/1/92 - 6/30/93 12 Months

Outright Giving					
	Donors	Dollars	Donors	Dollars	
Pre-1942 Alumni	242	\$184,678	222	\$ 83,238	
Post-1973 Alumni	542	247,885	535	117,138	
Subtotal	784	\$432,563	757	\$200,376	
Deferred Giving					
Trusts/Bequests	4	\$58,594	5	294,865	
Total All Sources	788	\$491,157	762	\$495,241	

## **The Benjamin Rush Society**

We extend a note of welcome—and appreciation—to the following alumni who have made a philanthropic commitment of \$1,500 or more since July 1, 1992.

Steven D. Bines, M.D. '78 Chicago, Illinois

Robert L. Cavens, M.D. '75 Chicago, Illinois

John C. Farrin, M.D. '78, J.D. Golden, Colorado

Allan A. Filek, M.D. '33 Sun City, Arizona

Richard A. Forney, M.D. '39 Boise, Idaho

Bonnie Kneibler, M.D. '82 Berkeley, California

Mark N. Levin, M.D. '83 Buffalo Grove, Illinois

Donald Nash, M.D. '76 Hinsdale, Illinois

Ronald D. Nelson, M.D. '74 South Bend, Indiana

Willard B. Ross, M.D. '41 Piedmont, California

Robert H. Rotering, M.D. '78 Riyadh, Saudi Arabia

Adolph Weinstock, M.D. '38 Rolling Prairie, Indiana

Mr. and Mrs. James P. Welsh Morton, Illinois



Benjamin Rush Society member, C. Arnold Curry, M.D. '73, and his wife, Cara, were all smiles at the commencement banquet.

# **Alumni Assistance Helps Student Realize Dream**

Donovan D. Dixon, M2, is one lucky guy. "Cheddie," as he is known to his friends, is bright, articulate, enthusiastic and dedicated. He is also one of 27 Rush Medical College students who benefited from alumni generosity via the Henry P. Russe, M.D., Student Assistance Fund during the 1992-93 academic year.

Born in Jamaica, West Indies, Cheddie pursued his dream of becoming a physician by first studying biological sciences and medical technology at, respectively, West Indies College, Mandeville, Jamaica, and Andrews University, Berrien Springs, Michigan. As an undergraduate, he was on the

dean's list and an honor student. Outside of the classroom, he was employed as a lab assistant, a phlebotomist and a chemistry technician. His precious free time was devoted to community health screening programs, blood drives and serving as a united student movement officer of the West Indies Science Club. Prior to matriculating at Rush, Cheddie worked as a medical technologist at both Mercy and Hinsdale hospitals. He is presently a reserve in the United States Army.

Cheddie currently serves as treasurer of the Rush chapter of the Student National Medical Association (SNMA). He also

volunteers at St. Basil's Free People's Clinic through the Rush Community Service Initiatives Program (RCSIP). He has helped the Alumni Association by assisting in the organization of the Alumni Exchange and has volunteered as a phonathon caller. Cheddie is interested in pursuing an emergency medicine or internal medicine residency.

In fiscal year 1992-93, 182 alumni made gifts or pledges totaling \$71,675 in support of student financial aid. A total of \$169,794 was distributed to deserving students, like Cheddie. Continued financial support from members of the Alumni Association will help students achieve both their personal and professional goals.

"My experience at Rush has been great so far," says Cheddie. "Financial assistance from alumni is desperately needed, especially for qualified minority candidates. I am thankful for the support that I have received and am hopeful that, in the near future, money will be available for every student."

On behalf of the students who will benefit from your kindness, thank you.

### Foundation Aids Rush Students

Rush Medical College and the Washington Square Health Foundation have again joined forces to provide scholarship support for outstanding students. A grant from the Foundation will be matched by the College to aid a deserving student during the 1993-94 academic year. The recipient must meet academic and financial need requirements, and plan to pursue a residency in the field of primary care.

Since 1987-88, 21 Rush University students have received financial assistance from the Washington Square Health Foundation. Founded in November 1985, using assets from the sale of Henrotin Hospital, the Foundation has become one of Chicago's premier charitable organizations focusing exclusively on health care issues.

For the 1993-94 academic year, the Washington Square Health Foundation has also provided two scholarships to the Rush University College of Nursing. The support is designated for students planning to work in primary care.

The Alumni Association is grateful to the Foundation for its support.



Aaron Hamb, M.D. '84, Ramona Walker, M2, and Cheddie Dixon, M2, (left to right) at the March 31 Alumni Exchange.

# **HONOR ROLL BY GIFT SIZE**

The honor roll which follows is printed with deep appreciation to all the volunteers who assisted with our philanthropic efforts as well as to all alumni who supported Rush Medical College with a gift last fiscal year.

Members of the 55- and 60-year reunion classes were asked to advise the newest Rush alumni—the class of 1993. Their candid responses are published here.

#### **The Benjamin Rush Society**

Gifts of \$1,500 or more

- \*Jacob Sander Aronoff, M.D. '37
- \*Ruth Bernice Balkin, M.D. '37
- \*Anne Salmon Barone, M.D. '74, Ph.D.
- \*Irving E. Benveniste, M.D. '33
- \*Joseph P. Bernardini, M.D. '75
- \*Steven D. Bines, M.D. '78
- \*Tina M. H. Blair, M.D. '74
- \*Willie C. Blair, M.D. '74
- \*Phyllis C. Bleck, M.D. '79
- \*Edward G. Bourns, M.D. '34
- \*R. Gordon Brown, M.D. '39
- \*Steven V. L. Brown, M.D. '79
- \*Helen Rislow Burns, M.D. '26
- \*Helen Rislow Burns, M.D. 20
- \*Ruth S. Campanella, M.D. '74
- \*Robert Lee Cavens, M.D. '75
- \*Ralph B. Cloward, M.D. '35
- \*C. Arnold Curry, M.D. '73
- \*Henry I. Danko, M.D. '76
- \*Frederic A. de Peyster, M.D. '40
- \*Dino S. Delicata, M.D. '75
- \*Thomas A. Deutsch, M.D. '79
- \*Estate of H. Street Dickerman, Jr., M.D. '35
- \*Thomas L. Eaton, M.D. '82
- \*Randy J. Epstein, M.D. '80
- \*John C. Farrin, M.D. '78, J.D.
- \*Kim M. Fehir, M.D. '78, Ph.D.
- \*leffrey D. Feldstein, M.D. '73
- \*Allan A. Filek, M.D. '33
- Allali A. Filek, M.D. 33
- \*J. Will Fleming, Jr., M.D. '38
- \*Richard A. Forney, M.D. '39
- \*Stanton A. Friedberg, M.D. '34
- \*Barbara Fuller, M.D. '76
- \*Glen O. Gabbard, M.D. '75

- \*John J. Garvie, M.D. '74
- \*R. Kennedy Gilchrist, M.D. '31
- \*Steven Gitelis, M.D. '75
- \*Vida H. Gordon, M.D. '34
- \*G. Howard Gottschalk, M.D. '40
- \*Catherine Grotelueschen, M.D. '80
- \*Estate of Helen Holt, M.D. '34
- \*Kenneth T. Hubbard, M.D. '42
- \*Alice Mary Hunter, M.D. '20, Foundation
- \*Ryland Marcus Jacobus, M.D. '40
- \*Paul J. Jones, M.D. '83
- \*Harold A. Kessler, M.D. '74
- \*Gene H. Kistler, M.D. '31
- \*Bonnie Kneibler, M.D. '82
- \*Harold Laufman, M.D. '37, Ph.D.
- \*Hans W. Lawrence, M.D. '27
- Tialis W. Lawichee, Wi.D.
- \*Jay L. Levin, M.D. '80
- \*Mark N. Levin, M.D. '83
- \*Mark Lurie, M.D. '73
- \*Stavros N. Maltezos, M.D. '81
- \*Wayne S. Margolis, M.D. '80
- wayne o. Margons, M.B. oc
- \*John W. Mc Clean, M.D. '78 \*Richard E. Melcher, M.D. '75
- \*James W. Merricks, M.D. '34
- James Willermore, Wills 5
- \*Walter E. Meyer III, M.D. '74
- \*Clarence W. Monroe, M.D. '33
- \*David F. Morgan, M.D. '75
- \*Charles Eugene Muhleman, M.D. '37
- \*Donald D. Nash, M.D. '76
- \*Ronald D. Nelson, M.D. '74
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#### CLASSES OF 1990-1993 \$1,120 total

#### CLASS OF '90

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James C. Ducanto, M.D.
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Sheryl Lynn Murray, M.D.
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Anthony John Rongione, M.D.
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Neponset, Illinois 61345

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3 Oak Brook Club Drive, #305E
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Class Agent
Samuel G. Taylor III, M.D.
c/o Wausaukee Club
Athelstane, Wisconsin 54104

The "Man of the Year" in 1990, cardiologist Nathaniel E. Reich, M.D., of Brooklyn, NY, recently published his fourth textbook. He is completing a book of poetry, and his artwork has been exhibited in four museums. Dr. Reich, a clinical professor of medicine emeritus at State University of New York, has lectured on all six continents. He and his wife celebrated their 50th wedding anniversary in May.

Class Agent

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Most of the following notes are condensed from information submitted for the Class of '33 Memory Book, compiled this spring for the 60-year reunion. Information may have changed.

Until he retired in 1981, **Noah Barysh**, **M.D.**, had a pediatrics and allergy practice in New Milford and Danbury, CT. For the past seven years, he has been writing a medical column for the *Rossmoor News*. He also enjoys photography, music and travel.

Oscar O. Christianson, M.D., served as a pathologist at St. Luke's Hospital in Spokane, WA, for 25 years. One of his special interests in pathology was the diagnosis and treatment of fluid and electrolyte imbalances. He helped organize the Spokane and Inland Empire Blood Bank and was its medical director for 20 years. He and his wife have two children and two grandsons.

After earning his M.P.H. from the University of Michigan, Allan A. Filek, M.D., spent 24 years in Wisconsin. He served as district health officer in Green Bay, and spent 15 years in Madison as director of the tuberculosis division. As regional health officer for the Illinois Department of Public Health, Dr. Filek was responsible for 13 counties in northeast Illinois. Now living in Sun City, AZ, he is an active member of an organ club and a model railroad club.

A retired family practitioner, **Harvey A. Karam, M.D.**, practiced in Akron, OH, for many years. He is on the senior emeritus staff at Akron General and St. Thomas hospitals. His interests include golf and travel.

Clinton S.M. Koerner, M.D., practiced general medicine in Peoria, IL, for 50 years. He served in the U.S. Army Medical Corps for 2 1/2 years, earning three Battle Stars in the invasion of France.

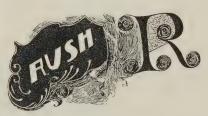
After completing dermatological training at Massachusetts General Hospital, **Harry B. Miller, M.D.**, served in World War I. He then practiced dermatology for 35 years before retiring to Florida in 1984. He and his wife, who have been married 57 years, have two sons, four grandchildren and two great grandchildren.

Class Agent

Reunion '94 June 9-11

**Theodore N. Zekman, M.D.** 1000 North Lake Shore Plaza, #42B Chicago, Illinois 60611

A retired urologist from Highland Park, IL, **James W. Merricks, M.D.,** was awarded a 50-year certificate from the American Urological Association. He enjoys reading, walking and photography.



Stands for but one word with us— The glorious name of Rush; Onward, upward, broader, deeper, her achievements ever push.

From the 1895 *Pulse*, the student yearbook of Rush Medical College.

Class Agent
Ralph B. Cloward, M.D.
3787 Diamond Head Road
Honolulu, Hawaii 96816

Class Agent
Russell P. Sinaiko, M.D.
4001 Monona Drive
Madison, Wisconsin 53716-3554

Retired and living in Largo, FL, **Louis Belinson**, **M.D.**, and his wife, Millie, celebrated their 60th wedding anniversary on December 24, 1992. Sons, Michael, an anesthesiologist, and Jerome, who is chairman of the department of gynecology at the Cleveland Clinic, and their families helped to make the celebration a memorable one.

"Enjoying good health and being a full-time volunteer," writes retired colonel **Isaiah A. Wiles, M.D.,** of Port Charlotte, FL.

Class Agent George J. Hummer, M.D. 580 Moreno Avenue Los Angeles, California 90049

In May, **Alan Lieberman**, **M.D.**, was honored by the American Psychiatric Association for 50 years of service. He is proud of classmate, **Harold Laufman**, **M.D.** '37, **Ph.D.**, who was named the 1993 Distinguished Alumnus.

Since retiring from an active pediatrics and allergy practice in August 1989, **Charles E. Muhleman, M.D.**, has been enjoying travel, golf and ballroom dancing. He returns to his alma mater every two months for check-ups at the Pacemaker Clinic. "Feeling fine," he writes.

Since retiring from his surgical practice in 1986, **Allan E. Sachs**, **M.D.**, has resumed his interest in competitive swimming. He is listed on the Masters Champion Wall of the International Swimming Hall of Fame. In 1992, he was the relay anchor who helped his team win two world records. The Mercer Island, WA, resident also earned six medals at the 1993 Senior Olympics.

1020

Class Agent
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Most of the following notes are condensed from information submitted for the Class of '38 Memory Book, compiled this spring for the 55-year reunion. Information may have changed.

Prior to being discharged as a lieutenant colonel, Frank J. Ankner, M.D., Ph.D., served five years in the Fifth Medical Battalion, Fifth Infantry Division. He then completed a residency in general surgery at Minneapolis General Hospital. He also pursued research in hip surgery and earned a Ph.D. in surgery. Dr. Ankner was a solo practitioner for nearly 50 years in Minneapolis. He and his wife, Laura, have two children. They enjoy gardening, golf and ballroom dancing.

Although he retired in 1984, William S. Butts, M.D., is studying hard because he wants to specialize in sleep disorders. He reports that his health is excellent.

Seven years ago, after 48 years in an active internal medicine practice in Moberly, MO, **J. Will Fleming, Jr., M.D.**, retired. He now devotes more time to golf and traveling.

A general practitioner and trauma specialist, **Nels O. Monserud, M.D.,** completed an internship at St. Luke's Hospital in Duluth, MN, in 1938. He joined the Raiter Clinic a year later and kept "very busy" until he retired. He lives with his wife in a log home in the country. Wood working, fishing, travel and the outdoors bring him much enjoyment.

In 1978, **Frederick A. Schurmeir**, **M.D.**, retired from his general practice in Elgin, IL. His second love is music; he's played clarinet in the Elgin Symphony Orchestra for 21 years. Dr. Schurmeir spends winters in Green Valley, AZ, and summers in Elgin. He has two married daughters and three grandchildren.

After serving as a radiologist in Joliet, IL, **Tetsui Watanabe**, **M.D.**, practiced his profession in Honolulu, HI, for 34 years. During his early years of practice, Dr. Watanabe was a consultant at three hospitals. He and his wife, Alice, who recently celebrated their 50th wedding anniversary, have five children and 10 grandchildren.

## **A Fond Look Back**



J. Will Fleming, Jr., M.D. '38, a retired internist from Moberly, Missouri, shared fond remembrances of his days at Rush during the Dean's Breakfast-Annual Meeting on June 11.

Dr. Fleming said he was pleased to represent the 55-year class and noted that many of his classmates traveled from out-of-state to attend reunion festivities.

"I continue to be amazed when I reflect on the great teachers of ours who provided us with the building blocks of medicine."

J. Will Fleming, Jr., M.D. '38

"All of us are proud of our Rush heritage," he said. "I continue to be amazed when I reflect on the great teachers of ours who provided us with the building blocks of medicine."

Dr. Fleming also recalled a brilliant classmate, Oscar Bodansky, M.D. '38, who had earned a Ph.D. in the 1920s and had authored a textbook on medical chemistry which was referred to as the "bible."

"Well Oscar was sitting in class as the teacher was presenting a chemical equation," said Dr. Fleming. "He raised his hand and said, 'That's not correct.' And the teacher said, 'Oh yes it is, it's right here in *Bodansky and Bodansky*. I copied it.' Oscar politely set the record straight, saying, 'I am Bodansky.' "

Dr. Fleming also related a story about The University of Chicago and how the senior class fought to include the name of Rush on students' diplomas. At that time, and before Rush closed its doors in 1942, Rush was affiliated with U. of C.

"We loved Rush, and we came here because of Rush," said Dr. Fleming. "We wanted Rush's name on the diploma. So, our diplomas all read in big letters, 'University of Chicago,' and underneath in smaller letters, 'Rush Medical College.'"

Dr. Fleming concluded his talk by saying that medicine and Rush would always hold a warm place in his heart.

"This is a splendid institution," he said. "America will always want first-class medical care, and I know Rush will be at the forefront in providing it."

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Reunion '94 June 9-11

Class Agent
P. Blair Ellsworth, M.D.
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Sun City, Arizona 85373

Class Agent
Richard C. Vanderhoof, M.D.
2760 Fox Grove Court
Colorado Springs, Colorado 80906

Class Agent
Martin Matthew Fahey, M.D.
5 Henneberry Lane
Golf, Illinois 60029

Willard B. Ross, M.D., wants to apply for the title of "oldest alum who still has three sons in college." Dr. Ross says he's been blessed with good health, a wonderful family and

an active life in Piedmont, CA. Skiing and traveling are high on his list of leisure-time pursuits.

Class Agent George H. Handy, M.D. 14012 Whispering Lake Drive Sun City, Arizona 85351

An avid skier, **Frederick S. Webster, M.D.**, at age 77, participates in slalom races near his Breckenridge, CO, home. In 1991, he captured first prize in archery at the National Senior Games in Syracuse, NY.

Class Agents Marvin B. Padnick, M.D. 4740 Marston Drive Paradise Valley, Arizona 85253

Floyd F. Shewmake, Jr., M.D., J.D. 12345 87th Avenue Kenosha, Wisconsin 53142

# **Rush Heritage Society Created**

You, too, can become a charter member of the Rush Heritage Society if you notify Rush in writing before December 31, 1993, that you have included Rush in your estate plans. Non charter memberships are, of course, welcome at any time.

Sample language is available to share with your attorney for including a bequest in your will to benefit the Medical Center.

We are also happy to work with you and your financial advisors to consider life income options like a charitable gift annuity, pooled income fund or charitable remainder trust, which may offer you significant tax and financial advantages today.

You'll also have the personal satisfaction of knowing that your gift is an important investment in your alma mater's future—a permanent legacy to quality health care.

A booklet about the Rush Heritage Society, which includes a confidential membership form, is available upon request and without obligation.

Please write or call for additional information:

Ms. Vicki J. Woodward
Director of Development,
Planned Giving
Rush-Presbyterian-St. Luke's
Medical Center
1700 West Van Buren,
Suite 250
Chicago, Illinois 60612-3244
(312) 942-6954

Most of the following notes are condensed from information submitted for the Class of '73 Memory Book, compiled this spring for the 20-year reunion. Information may have changed.

C. Arnold Curry, M.D., has a private hematology/oncology practice in Detroit, MI. In 1984, he founded a drug manufacturing company in Detroit's inner city called Caraco Pharmaceutical Laboratories, Inc., after his wife, Cara. They have two sons, Mark, and Joe.

**Neal S. Dickler, M.D.**, is working in emergency medicine in Freemont, CA. He and his wife, Rebecca, are adjusting to life with their ninemonth-old son, David.

For the past 10 years, **George Dinyer**, **M.D.**, has maintained a private dermatology practice in Bismarck, ND. An avid aerobic exerciser who enjoys running, stair master and treadmill, George and his wife have two children, 16 and 13.

Following graduation, **Jeffrey D. Feldstein, M.D.**, did surgery for two years at Rush and Weiss. He then spent seven years as an emergency room physician. As a member of the Chicago Board of Trade and the Chicago Mercantile Exchange, Jeff trades commodity futures part time and maintains a private practice in physical medicine. The Northbrook, IL, resident and his wife have five children. His favorite hobby is golf.

Lorain, OH, is where **Gail A. Hazen**, **M.D.**, has a private practice in neurological surgery.

John M. Knutson, M.D., has a solo family medicine practice in Woodville, WI. Church activities, Korean karate and time spent with his wife, Teri, and two daughters, Kellie, 12, and Kiah, 4 1/2, keep John busy.

Ramon Moncada, M.D., is an infectious disease specialist in San Diego, CA. He also directs an immunization clinic for international travelers and consults in hospital epidemiology at three local hospitals. Ramon founded and presides over the San Diego chapter of the California Hispanic American Medical Association. He enjoys international travel medicine and scuba diving.

After graduation, Floyd E.

Shewmake, Jr., M.D., J.D., was in a private gastroenterology practice in Kenosha, WI, until July 1992. After a sabbatical year in Honolulu, the

Shewmake family returned to Kenosha in August. Although Floyd does some teaching and consulting in health care law, medicine remains his first love. He and his wife, Peggy, have three children.

**Gien E. Sutherland, M.D.,** is part of a medical specialty group and practice in general internal medicine and infectious disease. He and his wife, Sue, and their two daughters live in Ft. Lauderdale, FL.

Since 1976, **Edward J. Weiner, M.D.**, has been practicing internal medicine in Dallas, TX, with former chief resident, Neal Sklaver, M.D. Ed's specialization recently broadened when he became a licensed marriage and family therapist. He is also certified in addiction medicine and eating disorders. Ed and his wife, Marsha, enjoy hiking, biking, tennis and racquetball.

Reunion '94 June 9-11

Class Agent Ronald D. Nelson, M.D. 1224 East Irvington Street South Bend, Indiana 46614

Class Agent Steven E. Sicher, M.D. 230 West Detweiller Drive Peoria, Illinois 61615

The president of the Institute for Urban Family Health in Manhattan, NY, Neil Calman, M.D., received a \$100,000 award from the Robert Wood Johnson Foundation for his "vision in bringing first-rate medical care to some of the poorest neighborhoods in the South Bronx and Manhattan." The family medicine physician works at Bronx-Lebanon Hospital Center, an affiliate of the Albert Einstein College of Medicine, where he developed a training program that encourages new physicians to practice family medicine in underserved urban areas. Neil's institute provides health care services to homeless individuals and families in seven soup kitchens and shelters.

Class Agent Allan B. Zelinger, M.D. 1374 Meadow Lane Deerfield, Illinois 60015

Class Agents
Jacqueline David, M.D.
912 Pawnee Road
Wilmette, Illinois 60091

Max L. Harris, M.D. 3422 Vantage Lane Glenview, Illinois 60025

**Anthony M. Kotin, M.D.** 2214 North Dayton Chicago, Illinois 60614

**Gary Salzman, M.D.**, has joined the staff of Holy Family Hospital, Des Plaines, IL. An internist, Gary specializes in geriatric medicine.

Class Agents Steven D. Bines, M.D. 4217 North Greenview Chicago, Illinois 60613

Kim M. Fehir, M.D., Ph.D. 3126 Quenby Street Houston, Texas 77005

James E. Rejowski, M.D. 8472 Canterberry Drive Burr Ridge, Illinois 60521

Patient care, teaching and research on women's health issues is keeping **Pamela Charney, M.D.**, busy. The New Rochelle, NY, resident is an associate professor of internal medicine at Albert Einstein College of Medicine.

**Richard D. Lozoff, M.D.**, is chairman of the section of gastroenterology at Baptist Medical Center, Kansas City, MO. Richard is married.

After practicing general internal medicine at Rush for four years, **Donald A. Misch, M.D.**, completed a second residency in psychiatry at Northwestern. He is now a faculty member at the Medical College of



Members of the class of 1978 and friends on the mid-June Lake Michigan cruise included (top row, left to right) Steven D. Bines, M.D., John C. Farrin, M.D., J.D., Deborah S. Loeff, M.D., Pat Kramme, M.D., Myron Wojtowycz, M.D., and Mary K. Palmore, M.D.; (bottom row) David O. Ranz, M.D.

Georgia. He and his wife, Diane, who is completing a psychiatry residency, have a four-year-old son, Jonathan.

**Dennis Swenie**, **M.D.**, organized and is staffing a free HIV clinic in Waukegan, IL. The clinic is the first of its kind in Lake County.

After completing training in medical acupuncture at UCLA and behavioral medicine at Harvard, **Robert Yuskaitis**, **M.D.**, recently opened the Complementary Medicine Center for Pain and Behavioral Medicine in Austin, TX.

Reunion '94 June 9-11

Class Agent James J. Collins, M.D. 852 Turnbridge Circle Naperville, Illinois 60540

**Loren M. Fishman, M.D.**, is medical director at the National Center for Disability Services. Last year, Loren published a method to diagnose Piriformis syndrome, which was written up in the *New York Times*. Loren has three children: Joshua, 18, Alexander, 9, and Rachel, 4.

Three sons, two jobs and a husband on the faculty at the Medical College of Virginia are keeping Alicia B. Kavka, M.D., occupied.

On April 22, **Derek van Amerongen, M.D.**, delivered his third child, Grace, who weighed 9 lbs, 15 oz. He reports that mother, Susan, and siblings, Corrie, 7, and Greg, 4 1/2, are doing great. Derek was recently named regional medical director for the Johns Hopkins Medical Services Corp. in Baltimore. He continues to serve as chief of ob/gyn.

Class Agents
Jay L. Levin, M.D.
Box 5852 RFD
Long Grove, Illinois 60047

Herman D. Sloane, M.D. 400 East Ohio Street, #4802 Chicago, Illinois 60411-3328

After a two-year hiatus with her family, **Mary Rascia Forman, M.D.,** returned to work full time in an internal medicine practice. The Formans live in Prairie View, KS.

Carol Krohm, M.D., M.P.H., recently earned a master of public health degree from the University of Illinois at Chicago. She was also elected to membership in Delta Omega, the national honorary society which recognizes academic accomplishments and research in the field of public health.

"A special hello to my classmates who used to play hockey on Sunday mornings in Skokie," writes **Richard S. Murray, M.D.** Richard practices general internal medicine in the St. Louis area. He and his wife, Leslie, have three daughters: Clare, 9, Monica, 6, and Cecilia, 2.

Cook County Hospital pediatrician **Demetra Soter, M.D.,** was featured in a mid-July *Chicago Sun-Times* report on abused and neglected children in Illinois. The article, entitled "The Front Lines of Abuse," depicted what Demetra and the Child Protective Services Team at Cook County do to fight the daily battle of child abuse.

Class Agent
Jonathan B. Rubenstein, M.D.
260 Harbor Street
Glencoe, Illinois 60022

In late March, Claire M. Doerschuk, M.D., was the Henry Pickering Bowditch Lecturer at the annual meeting of the American Physiological Society. Claire, who is studying the best ways to treat and prevent lung infections in newborns,

Continued on page 42

was selected for outstanding work in physiology. She maintains faculty appointments in pediatrics, pathology and anatomy at the Indiana University School of Medicine, and conducts research at the Herman B. Wells Center for Pediatric Research at Riley Hospital for Children.

Thomas H. Noller, M.D., of Philadelphia, PA, attended the first Cuban symposium on HIV infection held in Cuba last October.

Class Agents Ira M. Nathanson, M.D. 48 Pineridge Drive Westfield, Massachusetts 01085

Beth A. Pletcher, M.D. 2 Bay Club Drive, #16U Bayside, New York 11360

Stephen C. Bunting, M.D., is working at DuPage Occupational Medicine, SC, in Park Ridge, IL. He is an independent contractor for mobile testing services for industry and also consults in worker's compensation indemnity cases. Stephen and his wife, Susan, have an eight-month-old daughter, Rachel Elizabeth.

Wheaton, IL, resident, **Robert J. March**, **M.D.**, is an assistant professor of cardiovascular surgery at Rush.

One year away from earning his J.D. at DePaul College of Law, **Richard J. Pawl, M.D.**, is already immersed in legal medical issues. He is a risk manager for EMSCO Management Services and co-owner and manager of Medical Defense Systems.

Class Agents
Paul J. Jones, M.D.
828 B West Wolfram
Chicago, Illinois 60657

**Scott A. Rubinstein, M.D.** 4250 Marine Drive, #2127 Chicago, Illinois 60613

Karen B. Weinstein, M.D. 1410 B West Wrightwood Chicago, Illinois 60614

An assistant attending in ob/gyn at St. Luke's-Roosevelt Hospital, **Janis L. Enzenbacher, M.D.**, also maintains a private practice on the upper west side of Manhattan. Janis lives in Nyack, NY, in a Victorian house with a perennial garden. She spends her free time cooking, gardening and biking.



Seth L. Gendler, M.D., was named chief of gastroenterology at New Rochelle Hospital Medical Center, NY. He is expanding the range of endoscopic treatments available for patients, and teaching and developing research projects with medical residents. His division includes 12 gastroenterologists who perform more than 1,000 procedures annually.

Mark Levin, M.D., of Vernon Hills, IL, was inducted into the American Academy of Orthopaedic Surgeons.

An anesthesiologist at Presbyterian Hospital in Whittier, CA, **Alvaro Liceaga**, **M.D.**, and his wife, Mary, manage the Regional Pain Treatment Center. Al and Mary have two children.

After completing his internal medicine residency at Loyola, **Jose R. Quero, M.D.**, was medical director of a Public Health Service clinic in Immokalee, FL, for three years. He treated migrant farmworkers and initiated many badly needed health programs. After three years in a private internal medicine practice in Ft. Myers, Jose is now back at the clinic. He and his wife, Rita, have a daughter, Victoria, 10, and a son, Daniel, 7.

Endocrinologist **Michael W**. **Schwartz**, **M.D.**, was promoted to assistant professor of medicine at the University of Washington. In July, his second child was born and the family moved to Bainbridge Island, WA.

**Sheldon Sloan, M.D.,** was awarded a one-year grant from the Glaxo Institute for Digestive Diseases to continue his research in gastrointestinal disease.

Karen B. Weinstein, M.D., was elected to fellowship in the American College of Physicians. Since 1987, the board certified internist has been affiliated with West Suburban Hospital Medical Center where she also serves as director of outpatient education.

Reunion '94

June 9-11

Class Agents
Sharon Thomas Flin

Sharon Thomas Flint, M.D.
930 North Kenilworth

Oak Park, Illinois 60302

Stephen L. Ondra, M.D.

4515 Highland Avenue Bethesda, Maryland 20814

Ronald H. Stefani, Jr., M.D. 2806 South Mayfair Westchester, Illinois 60154

Since July 1992, **Arthur Dean Jabs**, **Jr.**, **M.D.**, has maintained a private practice in plastic and reconstructive surgery in Torrington, CT. Arthur was previously an attending plastic surgeon at Walter Reed Army Hospital.

After completing a pediatrics radiology fellowship at Boston Children's Hospital, **Cornelia K. Kaminsky, M.D.**, joined the staff at LA Children's Hospital USC in July.



The commencement banquet reunited members of the 10-year class of 1983. They included (front row, left to right)

Charles Tomaszewski. M.D., and Dan Sugimoto, M.D.; (back row, left to right) Glenn Sakamoto, M.D., Christine Darr, M.D.,

Sondra Sommers. M.D., and Scott Rubinstein, M.D.

A cardiothoracic surgeon in private practice, **David A. Ladden, M.D.**, lives with his wife, Judy, and two sons in Birmingham, AL.

**Robert R. Riedle, M.D.,** of Onalaska, WI, was inducted into the American Academy of Orthopaedic Surgeons.

Class Agents Nina A. Paleologos, M.D. 3044 Grant Evanston, Illinois 60201

Susan M. Sheinkop, M.D. 1712 Erice Lane Libertyville, Illinois 60048

Wendy Stock, M.D. 415 West Aldine, #14B Chicago, Illinois 60657

Patrick G. Kirk, M.D., and his wife, Mary Vondrak, welcomed their first child, Margaret. Patrick is an assistant professor of orthopaedic surgery at the University of Cincinnati.

Class Agents
Susan Anderson-Nelson, M.D.
154 Kenmore
Elmhurst, Illinois 60126

**Donna Sue Hrozencik, M.D.** 3045 Whisper Wood Drive, #364 Ann Arbor, Michigan 48105-3415

Andrew M. Pavlatos, M.D. 2712 West Gregory, #1 Chicago, Illinois 60625

Nina L. Gotteiner, M.D., is an attending physician in the division of cardiology at Children's Memorial Medical Center. She also maintains a faculty appointment at Northwestern.

A board-certified neurologist, **Joseph Jares III**, **M.D.**, is on the medical staff at Holy Family Hospital, Des Plaines, IL.

June Seliber-Klein, M.D., and her husband, Michael, have opened their own office together in Salinas, CA. "As a Rush romance, we both have a warm spot for RPSLMC and Chicago," writes June. "Anyone visiting the Monterey Peninsula should give us a call."

Navy Lt. Cmdr. **Stuart R. Verseman, M.D.,** is currently aboard the aircraft carrier USS Theodore Roosevelt, whose home port is in Norfolk, VA. After more than 100 days at sea, the ship traveled from the Mediterranean to the Red Sea where Stuart is helping to enforce the United Nations-imposed "no-fly" zone over southern Iraq.

Class Agents
Janice Krakora-Looby, M.D.
1764 Bowling Green Drive
Lake Forest, Illinois 60045

Mary L. Meengs, M.D. 5723 North Talman, #2 Chicago, Illinois 60659

After completing a fellowship at Northwestern, infectious disease specialist **Peter F. Bornstein, M.D.,** his wife, Susan, and their two kids set up camp in St. Paul, MN.

Since finishing a chief residency position in psychiatry at the Medical College of Wisconsin, **Robert P. Chayer, M.D.**, is doing a fellowship in child and adolescent psychiatry at the same institution. Robert and his wife, Marian Mus, M.D., welcomed their first child in March.

After completing her pulmonary critical care fellowship at Rush, **Beth Ginsburg**, **M.D.**, joined a private practice group at Resurrection, Holy Family and Condell hospitals in the Chicago area.

An internist at MacNeal Hospital, **Diane Jundanian**, **M.D.**, would love to see old friends and share gossip. She and her husband, Dennis Schermerhorn, have a daughter, Melissa, 15, and a son, Trevor, 5.

Frederic E. Levy, M.D., is a faculty member in the department of otolaryngology/head and neck surgery at Northwestern University, Chicago, IL.

**Guy J. Petruzzelli, M.D., Ph.D.,** completed a fellowship in head and neck surgical oncology and cranial base surgery, and joined the faculty at Loyola University, Maywood, IL.

# **Making Important Connections**



Tom Liao, M.D. '81, talks about the field of pulmonary medicine with third-year resolval student Jeanette Edwards.

The second Alumni Exchange, "Internal Medicine and Its Subspecialties," was held on March 31. Six alums returned to Rush to introduce themselves and their specialties to current medical students. Following a reception hosted by the Alumni Association, students attended a presentation on internal medicine led by Aaron Hamb, M.D. '84, and Kathryn Mulligan, M.D. '83.

Students then had the opportunity to attend small group sessions covering various subspecialties. Featured discussion leaders and topics included: Sonjai Bhatia, M.D. '85, cardiology; Sheldon Sloan, M.D. '83, gastroenterology; Jeffrey Lisowski, M.D. '87, infectious disease; Stephen

Korbet, M.D. '79, nephrology; and Thomas Liao, M.D. '81, pulmonary medicine.

Co-sponsored by the Rush Medical College Student Council and the Student National Medical Association, the program was an overwhelming success. Student satisfaction was high. "The chance to learn firsthand from someone in the field is great. When's the next one?" commented one happy student. Sessions covering other specialties and topics in medicine are planned for the upcoming year.

If you are interested in participating, or have any ideas for future presentations, please call the Alumni Office at (312) 942-2833.



Stephen Korbet, M.D. '79, associate professor of medicine, educates students at the Alumni Exchange.

Class Agents
Randall G. Berliner, M.D.
3450 Wayne Avenue, #19A
Bronx, New York 10467

**Denise Marie Poulos, M.D.** 1411 West Byron Chicago, Illinois 60613-2816

Maureen Shea Holland, M.D. 1306 Crumpet San Antonio, Texas 78201

Most of the following notes are condensed from information submitted for the Class of '88 Memory Book,

compiled this spring for the five-year reunion. Information may have changed.

Since completing a residency in pediatrics, **Anthony J. Bell, M.D.**, is halfway through a neonatology fellowship at The University of Chicago. Tony plays in two jazz bands.

**Terrance C. Devlin, M.D.**, completed an orthopaedic surgery residency in Louisville, KY, and is now doing a fellowship in adult reconstructive surgery in New Mexico.

After completing a three-year pediatrics residency at The University of Chicago, **Maura** 

Berkelhamer Geye, M.D., became an anesthesia resident at Northwestern. She is now beginning a fellowship in pediatric anesthesia at Children's Memorial Hospital. Tony Bell's band provided the music for her recent wedding to husband, Rick.

Louise Berner-Holmberg, M.D., is working part time in the department of family practice at the University of Illinois at Chicago. She and her husband, Michael, have two daughters. She still sees

Becky Bower Lewis, M.D. '88, Maura Berkelhamer Geye, M.D. '88, and Randy Berliner, M.D. '88.

Forest Park, IL, is home to **Donald S. Childs, M.D.** He is on the attending medical staff of West Suburban Hospital, where he also teaches in the family practice residency program. Don has a solo family practice as well. He was one of 11 recipients nationwide of a teacher development award. Don and his wife, Karen, have two daughters.

Michael Cucka, M.D., recently completed an orthopaedics residency at the University of California, Irvine. He and his wife have two children.

**Dean Delmastro, M.D.,** is in his third and final year of a hematology/oncology fellowship at the University of North Carolina, Chapel Hill. Dean is studying platinum resistance and mechanisms of chemotherapy resistance.

Working in pediatrics at a large HMO in Los Angeles, CA, is perfect for **Julie Verdeyen Douglass, M.D.**She is on the clinical faculty at UCLA and recently published a chapter in a neonatology textbook. She and her husband, Craig, have a new daughter, Lindsay.

As a medical officer on board the USS Fort McHenry, **Todd Ewert**, **M.D.**, was responsible for environmental and preventive medicine programs, and medical care for 700 sailors. Since September 1991, Todd has been serving an emergency medicine residency at the Naval Hospital of San Diego.

Polina T. Feygin, M.D., is a pediatrician with a large HMO in southern California. She also teaches residents at UCLA once a week. Polina has three children and enjoys gardening, music and theatre.

A chief resident in neurosurgery at St. Louis University, **Jaimie M. Henderson**, **M.D.**, is spending a lot of time in the operating room. He has also been very active in developing a system for computer-assisted intraoperative localization based on preoperative images. He and his wife, Gina, have three children.

With a solo family practice that includes obstetrics, **Jonathan Hitzman**, **M.D.**, delivers more than 150 babies a year. Jon and his wife, Jacquie, and their three daughters live in Ukiah, CA.

# **Medical Center Alumni**

A retired neurosurgeon from Salt Lake City, UT, Chester B. Powell, M.D., writes that he enjoys corresponding with old friends like former dorm-mate, P. Blair Ellsworth, M.D. '39, and Max Milberg, M.D. '40. Dr. Powell also enjoys reading about the expansion of Pres-St. Luke's Hospital and the new direction of medicine at Rush.

William F. Pettit, M.D., is chief of the adolescent service at the Cherokee Mental Health Institute in Cherokee, IA. An intern and resident in surgery at Rush from 1969-71, Bill is board certified in both adult and adolescent psychiatry.

Charles R. Thomas, Jr., M.D., is director of the gastrointestinal and head/neck oncology sections of the division of oncology at University of Washington School of Medicine in Seattle, WA. A Rush medical oncology fellow from 1988-1991, Charles recently started a research fellowship in radiobiology and will begin a second residency in radiation oncology in 1994, both at the University of Washington.

An internist with a practice in Bellwood, IL, Vergena P.
Montgomery, M.D., was honored by "We" Woman, a black professional women's organization. The group honors outstanding black women in Chicago's western suburbs for their leadership abilities and community involvement.

An anesthesiologist, **Michael J. Bautista**, **M.D.**, joined the medical staff at Palos Community Hospital in Palos Heights, IL.

David G. Jaimovich, M.D., is a pediatrician at EHS Christ Hospital and Medical Center in Oak Lawn, IL. David and his wife, Karen, live in Highland Park with their two daughters, Lauren and Lisa.

South Suburban Hospital in Hazel Crest, IL, welcomed new medical staff member **Angela Sturdivant**, **M.D.** Angela, who has an office in Chicago Heights, specializes in family practice.

Paul B. Christianson, M.D., was promoted to the rank of colonel with the Air Combat Command in the United States Air Force. Paul, who lives in Yorktown, VA, served a thoracic surgery residency at Rush in 1975.

Northbrook, IL, resident Ira J. Piel, M.D., was elected vice president of the 750-member medical staff at Illinois Masonic Medical Center. Ira, who earned his medical degree from the University of Illinois College of Medicine in 1967, completed an oncology fellowship at Rush.

Diana M. Burda, M.D., recently passed the certifying examination in internal medicine. A member of the medical staff at Palos Community Hospital since June 1991, Diana did her internship and residency at Rush and at EHS Christ Hospital and Medical Center.

**Kevin J. Fagan, M.D.,** is a neurologist at St. Francis Hospital and Health Center in Blue Island, IL.



Newly appointed Student Involvement Committee Chairman, Mitch Bernsen, M.D. '90, (left) and Jeff Lisowski, M.D. '87, relax at the March 31 Alumni Exchange.

For the past two years, Maureen Shea Holland, M.D., was a general pediatrician at Whiteman Air Force Base in Knob Noster, MO. In May 1992, she married James Holland, M.D., also a pediatrician. The couple is now living in Texas.

**Bill Jarnagin, M.D.,** and his wife, Laura, have been living in San Francisco, CA, the past seven years. Bill spent one year beyond the required two in the general surgery research lab at UCSF and is now returning to the clinical side to complete his residency.

On June 21, 1992, **Gary A. Kaufman, M.D.**, married his wife, Merle. Gary has an internal medicine practice in Highland Park, IL, and a teaching appointment at Evanston and Glenbrook hospitals.

Since completing an internal medicine residency at the Mayo Clinic, **Timothy F. Kozelsky, M.D.**, is in his second year of a radiation oncology residency, also at Mayo. Timothy enjoys bicycling, golf and fishing.

Since completing an emergency medicine residency at Cook County Hospital, **Rebecca Bower Lewis**, **M.D.**, is on the attending staff at County. She and her husband, Bruce Lewis, M.D. '84, have been married four years and enjoy traveling. She'd love to hear from old friends.

Since July 1992, family practitioner **Mark Loafman, M.D.**, has been working at West Suburban Hospital. He is also medical director for a small clinic the hospital operates which has been converted into a community health center serving the Austin neighborhood. Mark was previously the first fellow in maternal-child health at Brown University in Rhode Island. He and his wife, Mary Anne, have two sons.

Since completing a fellowship in electromyography at Rush, **Steven Meyers**, **M.D.**, has begun a solo practice in neurology at Rush North Shore. He subspecializes in neuromuscular disorders. Steve and his wife, Tracey, live in Vernon Hills, IL, with their son, Jeremy, 1 1/2.

After completing a fellowship with the Centers for Disease Control, **Aubrey Miller, M.D., M.P.H.**, is working at the National Institute for Occupational Safety and Health in Cincinnati, OH. He performs nationwide health investigations involving toxic, infectious and physical hazards in the workplace. Aubrey married his wife, Tracey, in 1989. They enjoy scuba diving, rafting, camping, tennis and biking.

**Cynthia Nodell, M.D.,** is completing a diagnostic radiology residency at Virginia Mason Medical Center in Seattle, WA. She has a 1 1/2-year-old son, Alexander.

"Life after residency is looking up," writes **Andrew Plotkin**, **M.D.** Andrew has a private internal medicine practice in Denver, CO. He and his wife, Elea, are raising their two children in the Rocky Mountains.

A family practitioner in St. Albans, VT, **Toby Sadkin, M.D.**, is actively seeking a partner. His practice includes pediatrics, adult medicine, obstetrics, minor office procedures and surgical assisting.

Since completing his orthopaedic surgery residency at Loyola, **Paul J. Slosar, Jr., M.D.**, is doing a one-year fellowship in spine surgery at the San Francisco Spine Institute. Paul and his wife, Darlynn, plan on returning to Chicago in August 1994, when Paul will join a group practice at Mercy Medical Center.

After completing a two-year cardiac surgery research fellowship at Brigham and Women's Hospital in Boston, **Wendel J. Smith, M.D.,** has returned to Parkland, TX. He and his wife have two children.

An internist, Jamie Lynn Stalker, M.D., recently joined the medical staff at Holy Family Hospital, Des Plaines, IL. She volunteers with the American Cancer Society on mammography screening programs in the Austin community. The Oak Park, IL, resident has a cockatiel, Buster, and enjoys keeping up with friends, art and music.

Vikram Zadoo, M.D., is finishing up his fourth year of general surgery training at Tripler Army Medical Center in Honolulu, HI. Vik then plans on doing a plastic surgery fellowship. He enjoys scuba diving, running on the beach and golf.

Reunion '94

Class Agents

Teresa Lynn Pusheck, M.D. 3749 Dunn Drive, #4 Los Angeles, California 90034

# Roscetti Lecture Explores Ethics and Fetal Medicine



Fowzia Ghouse, M3, co-chair of the Roscetti Lecture Planning Committee (left), with Staven Ambrose, M.D., Alice E. Adams, Ph.D., Mrs. Lora Roscetti, and Bob Paras, M3, co-chair.

Despite new technologies that allow physicians to diagnose and treat medical problems in the womb, the concept of the fetus as a patient remains controversial. This controversy was the focus of the eighth annual Lori Ann Roscetti Memorial Lecture on Ethical and Humanitarian Issues in Medicine on April 16.

This year's speakers were Alice E. Adams, Ph.D., an author and scholar with the Center for Advanced Feminist Studies at University of Minnesota, and Steven Ambrose, M.D., a maternal-fetal specialist at Rush. The lecture, which is supported by gifts from Rush students, faculty, alumni and friends, honors the memory of Roscetti, a second-year Rush Medical College student who was murdered in 1986.

Dr. Adams, whose research has earned her the prestigious title of Rockefeller Scholar, discussed her paper, "A Man in Space: The Ethics of Fetal Imaging," in which she examines how technologies that let us peer inside the womb influence how we perceive the fetus. "Man in Space" refers to the famous photos in Lennart Nilsson's collection, A Child is Born, which show the unborn fetus

floating in blackness, as if separated from the womb.

According to Dr. Adams, these photos and other representations in modern literature and medicine portray the fetus as a distinct person—and, as a result, a patient with interests and rights separate from those of the mother. This view, she explained, is at odds with the concept that a pregnant woman's rights and interests supercede those of the fetus.

Dr. Ambrose agreed that the rights of the fetus should not override those of the mother. "The fetus is our patient, to my mind, just to the extent that the woman wants her fetus to be our patient," said Dr. Ambrose.

But calling the fetus a patient, he argued, simply implies that it is capable of receiving medical treatments *in utero*, not that it is a separate person.

"I can treat the fetus as a patient without saying that the fetus has an independent status equivalent, and therefore in direct opposition, to the mother's moral status," said Dr. Ambrose.

He added that it should be the mother—not the physician or the courts—who decides whether or not the fetus should receive medical treatment. Gene R. Solmos, Jr., M.D. 720 Gordon Terrace, #18C Chicago, Illinois 60613

Living in Chicago, IL, **Elaine M. Carroll, M.D.**, is an obstetrician and gynecologist at Northwestern Memorial Hospital. She completed her residency at the University of Iowa.

**Mark S. Dworkin, M.D.**, is working on a master's degree in public health and tropical medicine at Tulane University in New Orleans.

Family practitioner, **Helen Gitlevich**, **M.D.**, is on the staff at Holy Family Hospital, Des Plaines, IL.

Class Agents Mitchell B. Bernsen, M.D. 1221 North Dearborn, #203 South Chicago, Illinois 60610 Kathleen R. Billings, M.D.

11625 Montana Avenue, #204 Los Angeles, California 90049

Christopher L. Coogan, M.D. 1120 North Ridgeland Avenue Oak Park, Illinois 60302

In September, **Lisa Peck-Rosen**, **M.D.**, joined an internal medicine practice in Long Grove, IL.

A family practitioner, **Michael Preys**, **M.D.**, joined the staff of the
Brown Clinic in August. Michael
and his wife, Susan, enjoy running,
cycling, volleyball, camping and time
spent with their horses and dogs.

Class Agents
Mary Flizabeth Bro

Mary Elizabeth Brown, M.D. 1005 Washington Boulevard Oak Park, Illinois 60302 Franz J. Stadler, M.D.

Sierra Army Depot P.O. Box C Herlong, California 96113

John C. Wlodarski, M.D. 1441 West Lexington, #3 Chicago, Illinois 60607

A radiology resident at the University of Kentucky in Lexington, **William J. Brannick**, **M.D.**, and his wife, Angie, welcomed their second child in July.

1009 Class Agents

Joanne L. Billings, M.D. 2521 Humboldt Avenue South, #210 Minneapolis, Minnesota 55405

Roy G. Eenigenburg, Jr., M.D. 3107 Hillside Trail Cross Plains, Wisconsin 53528 Joanne E. Thorpe, M.D. 1062 Lafayette, #6 Denver, Colorado 80218

Class Agents

Kenneth Hayes, M.D. 2340 North Commonwealth, #707 Chicago, Illinois 60614

Patricia J. Hantsch, M.D. 3170 North Sheridan Road, #616 Chicago, Illinois 60657

Karen V. Zorek, M.D. 2544 North 124th Street Wauwatosa, Wisconsin 53226

## **Tribute to a Friend**

Dan Welsh, a fourth year medical student, passed away suddenly in September of 1992—a few days before his 25th birthday.

Dan was an outstanding member of the Rush community. In his junior year, he was inducted into the Alpha Omega Alpha medical honor society and would have graduated from Rush in the top one percent of his class.

At the commencement banquet, Blair Rowitz, M.D. '93, reflected on Dan's death.

"The loss of our classmate and friend was a sad, frightening experience for all of us," he said. "And, as tough as those times were, I can't help but look back with some sense of pride at the way our class bound together and helped to soothe and comfort not only ourselves, but Dan's family and friends."

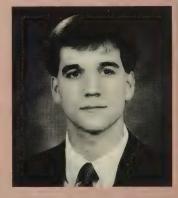
As a tribute to Dan, four of his close friends and classmates, Thomas Gleason, M.D. '93, Thomas Heniff, M.D. '93, Steve Sun, M.D. '93, and Ramon Villanueva, M.D. '93,

established a memorial scholarship fund in his name.

"The loss of our classmate and friend was a sad, frightening experience for all of us."

Blair Rowitz, M.D. '93

More than \$12,000 was raised to benefit the Daniel E. Welsh Memorial Scholarship



Fund at Rush Medical College. Contributitions came from Rush students and their parents, faculty and friends. A March 7 5K run, sponsored by Lincoln Park Physical Therapy, raised over \$1,500.

The Welsh Committee's goal is to see that the fund rises to the endowment level of \$25,000. Proceeds from the fund will benefit junior medical students pursuing careers in surgery.

Contributions for the Daniel E. Welsh Memorial Fund can be sent in care of Sharon D. Gates, Philanthropy and Communication, 1700 West Van Buren Street, Suite 250, Chicago, Illinois 60612.





# **IN MEMORIAM**

Since the last issue of RUSHRecord, the Alumni Office has been informed of the deaths of the following Rush graduates. We extend sympathy to their surviving families and friends.

#### 1920s

Roy R. Grinker, Sr., M.D. '22, an internationally known psychiatrist, died on May 9, 1993, at the age of 92. In the early 1930s, he studied with Dr. Sigmund Freud.

Dr. Grinker chaired the department of psychiatry at Michael Reese Hospital from 1937 to 1976. In 1951, he founded the Institute of Psychosomatic and Psychiatric Research and Training at the hospital.

Clarence C. Reed, M.D. '25, of San Marino, CA, passed away.

Walter F. Hoeppner, M.D. '26, a retired internist who had offices in the Beverly neighborhood of Chicago, died on March 21, 1993, at the age of 92.

Myron I. Boylson, M.D. '27, died on August 10, 1993. He was 91. Dr. Boylson practiced general medicine in Tuscola, IL, for 37 years.

**Harold H. Parsons, M.D. '29,** a general practitioner from Moline, IL, died on December 12, 1992, at the age of 89.

#### 1930s

**Samuel Julian Nichamin, M.D.** '31, of Huntington Woods, MI, died on October 1, 1992. He was 86.

Survivors include his wife, Rosalyn; sons, William and Dr. Henry; daughters-in-law, Ronna and Liliana; and three granddaughters, Mindy, Carla and Ingrid.

**Daniel Milton Kingsley, M.D.** '32, of Alexandria, LA, died on June 18, 1992. He was 86.

Marvin M. Dickey, M.D. '33, of Elgin, IL, died on April 18, 1992, at the age of 84.

**Benjamin Herzl Lerner, M.D.** '33, of Chicago, IL, passed away on June 29, 1990, at the age of 85.

**Angus Jacques DePinto, M.D.** '34, of Phoenix, AZ, died on August 23, 1992. He was 84.

Dr. DePinto, a specialist in obstetrics and gynecologist, delivered more than 15,000 babies in his lifetime.

James W. Tobin, M.D. '34, died on June 12, 1993. Dr. Tobin was born in Elgin, IL, on September 26, 1907, and practiced medicine and surgery at Sherman and St. Joseph's Hospitals for more than 50 years. He was the brother of John R. Tobin, Jr., M.D. '42.

Henry Street Dickerman, Jr., M.D. '35, of Springfield, IL, died in August 1992.

Walter F. Schwartz, M.D. '35, of Chico, CA, died on November 25, 1992.

**Thomas L. Grisamore, M.D.** '**36**, died on August 1, 1993.

**Lawrence Raymond Leeson, M.D. '36,** of Parkersburg, WV, passed away in January 1993.

Paul C. Doehring, M.D. '37, of Glendale, CA, died in January 1993.

**James Marvin Kent, M.D.** '37, of Sulphur Springs, TX, is deceased.

**Donald A. McCannel, M.D. '37,** of Egan, MN, passed away in 1991.

**George Allen Sather, M.D. '37,** of Fosston, MN, died on March 7, 1990, at the age of 79.

**Hick H. McLanahan, M.D. '38,** of Columbus, MS, passed away.

Heyes Peterson, M.D. '38, the first internist to practice in Vancouver, WA, died on June 11, 1993. He was chief of medicine in the mid-1970s at the Vancouver Veterans Administration Hospital.

#### 1940s

**Leonard A. Barrow, M.D. '40** of Billings, MT, passed away in October 1992.

Richard J. Karberg, M.D. '40, died on May 8, 1993. He was 77.

Dr. Karberg, who completed his residency in obstetrics and gynecology at Rush, delivered his last baby at age 75. In 1966, he founded the Woman's Clinic in Lafayette, IN. Dr. Karberg attended the 50th reunion of his medical school class in 1990.

**John S. Marshall, M.D. '40,** of Salt Lake City, UT, died on April 6, 1992, at the age of 77.

**Howard Glenn Woody, M.D. '41,** of Springfield, IL, died in November 1992.

#### 1970s

**John Wesley Whitehead, Jr., M.D.** '**76,** of Pittsburg, CA, died on January 24, 1991. He was 42.

# CELEBRATE IN CHICAGO

Experience the excitement of Rush Medical College and the city of Chicago, beginning with a social hour and concluding with a sunset dinner cruise along the dazzling Chicago shoreline.

There is truly something for everyone, including children.

Plan now to join the anniversary classes of 1934, 1939, 1974, 1979, 1984 and 1989 by packing up the family and coming back to Rush and "sweet home Chicago!"

# **ALUMNI CALENDAR**

# **Department of Psychiatry Grand Rounds**

Sponsor: Department of
Psychiatry
Every Wednesday (except 1st
Wednesday of the month)
10:30 - 11:30 a.m.
September thru June

A.B. Dick Auditorium For more details, contact Nancy Bradley, (312) 942-3521

#### Sleep Center Grand Rounds

Sponsor: Department of Psychology and Social Sciences

Every Friday 11:00 a.m. to Noon Sleep Center Conference Room, 218 Rawson

For more details, contact Rosalind Cartwright, Ph.D., (312) 942-5440

#### Preventive Medicine Grand Rounds

Sponsor: Department of
Preventive Medicine
Every Tuesday at 11:45 a.m.
September thru June
Claude H. Searle, M.D.
Conference Center, Room 542
For more details, contact
Sherry Nelson-Mitchell,
(312) 942-2337

#### **November 1, 1993**

American College of Clinical Pharmacology Symposium "Progression of Renal Disease: Does Choice of Antihypertensive Drugs Matter?"

Sponsor: Department of
Preventive Medicine
Various Speakers
8:30 a.m. to Noon
The Hyatt Regency
Boston, Massachusetts
For further details contact
Susan Wrich, (312) 768-6117

#### November 16, 1993

#### Rush Ophthalmology Alumni Reception

Sponsor: Department of
Ophthalmology
1725 West Harrison Street,
Room 500
6:00 - 8:00 p.m.
For details, contact
William E. Deutsch, M.D.,
(312) 942-5370

#### **December 8-10, 1993**

The Fifteenth Annual
"Neurology for the
Non-Neurologist" Conference

Sponsor: Department of Neurological Sciences Various Speakers Embassy Suites Chicago, Illinois For further details, contact Vickie O'Sullivan, (312) 942-7119

#### April 30, 1994

Benefit Casino Cruise in support of the Leonidas H. Berry, M.D., Fund for Excellence

Odyssey Cruise Ship For more details, contact Sharon Gates in the Alumni Office, (312) 942-7199

#### June 8, 1994

**David Jones Peck Awards** 

#### June 9-11, 1994

#### Rush Medical College Alumni Weekend '94

Special reunion activities for classes of 1934, 1939, 1974, 1979, 1984, 1989

#### June 9, 1994

**Executive Council Meeting** 

Social Hour for Returning Alumni

Benjamin Rush Society Annual Dinner Meeting

#### June 10, 1994

Alumni Day (on campus)

Commencement Banquet
Hotel InterContinental
Chicago, Illinois

#### June 11, 1994

#### Pre-Commencement Trustee Luncheon

Hotel InterContinental Chicago, Illinois

# Commencement Exercises for Rush University

Medinah Temple Chicago, Illinois

#### **Anita Dee II Dinner Cruise**

Navy Pier Chicago, Illinois

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